

# FARM SHARE REGISTRATION

A Farmshare is your ticket to a weekly supply of fresh, honest, local food sourced from right here in Southern California.

- Court Street Square (Corner of Court and E Street)
  - Thursdays 11:30AM-1:30PM



**Name:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Full Share \$364 or Medium Share \$234**

To sign up: return registration packet items and a check made payable to Old Grove Orange to the Parks Department: 201 North E Street, Suite 301, SB, CA 92401

[healthysanbernardinocoalition@gmail.com](mailto:healthysanbernardinocoalition@gmail.com)

[www.facebook.com/  
downtownsb  
farmsharemarket](http://www.facebook.com/downtownsbfarmsharemarket)

Brought to you by:



KAISER PERMANENTE



**Downtown  
San Bernardino  
Farmshare Market  
Winter Schedule 2015**

**Thursdays at Court Street Square**

**11:30AM-1:30PM**

**(Week 1) February 5**

**(Week 2) February 12**

**(Week 3) February 19\***

**(Week 4) February 26**

**(Week 5) March 5**

**(Week 6) March 12**

**(Week 7) March 19\***

**(Week 8) March 26**

**(Week 9) April 2**

**(Week 10) April 9**

**(Week 11) April 16\***

**(Week 12) April 23**

**(Week 13) April 30**

**\*Third Thursday Food Fest  
Spring season begins May 7th**

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Why Us

How it Works

IOC-Eaters

Save Groves

Sign Up

## What We Have

Home > How it Works > What We Have

We can guess what you want to know: so what kinds of fruits and veggies are in an Old Grove Farm Share?! The wonderful thing about being located in Southern California is that we can grow delectable produce all year-round. Here's a list of the kinds of **yummy treats** you can expect to find at one point or another in your Old Grove Farm Share:

### + Fall Season

### - Winter Season

Baby Potatoes, Winter Squash, Baby Carrots, Purple/Orange/Yellow Carrots, Fava Beans, Sugar-Snap/Snow/Shelling Peas, Beets, Radish, Turnips, Mini Cabbage, Onions, Caluiflower, Broccoli, Swiss Chard, Kale, Lettuce, Spinach, Celery, Asparagus, Avocados, Grapefruit, Lemons, Oranges, Blood ORanges, Mandarins, Tangelos, Apples, Pears, Apple-Pears, Kiwi, Persimmons, Pomegranates, Mint, Herbs

### + Spring Season

### + Summer Season



## What's More...

While we think you'll be immensely satisfied with the delicious fruits and vegetables, there's more. Knowing your food means knowing where your food is grown; that's why we have events here at the **Old Grove Hub!** Like we've mentioned elsewhere, Old Grove Farm Share is a group of 28 farmers; our flagship farm, though, is located in Redlands at the base of the Crafton Hills, and we'd love for you to come check us out. We'll be posting news on our blog and on Facebook, so stay tuned.



## Terms & Conditions of the Downtown San Bernardino Farmshare Market

1. **Farmshare:** pre-paid weekly delivery of fruits and vegetables for 13 weeks/3months; 4 seasons/year
2. **Pricing:** full share: \$364, suggested for a family of 4 (\$1/person/day); medium share: \$234, suggested for a family of 2
3. **Payment:** at this time, only checks made out to Old Grove Orange are being accepted; they are being collected by the City at the Parks, Recreation & Community Services Department: 201 North E Street, Suite 301, San Bernardino, CA 92401, Monday through Thursday, 8:30AM-4:30PM
4. **Where I can access a registration form online and how to submit:** visit [www.facebook.com/downtownsbfarmsharemarket](http://www.facebook.com/downtownsbfarmsharemarket) or the City's website, and bring completed registration packet, with a check made payable to Old Grove Orange, to the Parks, Recreation & Community Services Department: 201 North E Street, Suite 301, San Bernardino, CA 92401, Monday through Thursday, 8:30AM-4:30PM
5. **How I know I have been admitted:** you will receive a confirmation email and/or call
6. **Schedule:** every Thursday from 11:30AM-1:30PM, at Court Street Square (corner of E and Court Street) with some holiday exceptions - these will be noticed; **rain or shine** (if it rains, pick-up location will change to the first floor of City Hall: 300 North D Street, San Bernardino, CA 92401)
7. **What produce I can expect:** around 5 different fruits, 5 different veggies and 1 herb (full shares only); the farmer's goal is to provide complimentary items to make a salad, a stir fry, on the go snacks and something "adventurous" (see link for season specific lists: <http://oldgrovefarmshare.com/how-it-works/what-we-have/>)
8. **How much I can expect:** while there is no weight measure, full shares, on average, accommodate a family of 4, and medium shares, on average, accommodate a family of 2
9. **What to do if I get items I do not know what they are:** there will be recipe exchanges and printouts; information on items will also be posted to the group FB page
10. **What to do if I get items I do not like:** feel free to switch with other participants, or leave unwanted items in bins; items left will be donated
11. **I did not get any of x or y:** please notify someone at the market, if this occurs; note, to ensure freshness, items are sometimes picked or changed last minute; quantities may also be estimated, resulting in a shortage of items; the market is doing its best to ensure you get your fair share every week, you will notice a "check-out process" to also help; automatically, medium shares will receive less in quantity and variety – consider teaming up with someone else
12. **I am a family of 1:** consider teaming up with someone; only full and medium shares are offered
13. **What I can do when I cannot make it on a pick up day:** you are welcome to send someone else on your behalf; have them write their name on the sign in sheet, next to yours
14. **Parking:** there is timed parking along D Street and in the lot off of Court & D Street, Court & E Street, and in the parking structure with entrances on 2<sup>nd</sup>& D, 2<sup>nd</sup>& E and 2<sup>nd</sup>
15. **Bring Your Own Bags:** in an effort to conserve resources, please bring your own canvas and/or plastic bags
16. **What happens to uncollected produce:** all unclaimed produce will be donated to community agencies
17. **The volunteer and "food security" requirement:** for each medium share, participants volunteer 2 hours/season; for each full share, participants volunteer 4 hours/season; there are two shifts: set-up 10:30AM-12:30PM and clean-up 12:30-2:30PM; there is an opt out option: for each medium share, it is \$6/season; for each full share, it is \$12/season; funds collected will go to augment shares for families who have requested subsidies (based on federal poverty guides); if you do not complete your hours or opt out by the 2nd to last market day, your week's share will be donated
18. **Feeding the homeless/panhandlers:** as mentioned previously, the Healthy San Bernardino Coalition is working diligently to combat food insecurity; as such, the Market is not the correct forum to provide food for homeless individuals/panhandlers passing by

19. **How I can get more involved:** the Healthy San Bernardino Coalition is comprised of various agencies working to improve access to healthy foods and increased physical activity, and it meets the 3<sup>rd</sup> Thursday of every month @ 8:30AM in the conference room on the 6<sup>th</sup> floor
20. **How to request a refund:** refunds will be granted if the minimum amount of full shares (20) are not secured and paid for by the beginning of a season; for all other inquiries, they will be made on an individual basis at the determination by Old Grove Orange, and in some cases, the City
21. **Benefits of local produce:** no waxes or acids because they are not traveling far; less to no chemicals
22. **Organic vs. natural:** please visit Old Grove's site for details:  
<http://oldgrovefarmshare.com/why/organic-buzz/>
23. **Origins of the Farmshare:** a) the environment in the IE is rich for farming, but corporate farming is making it difficult for farmers to compete b) the Asian Citrus Psyllid is a small insect carrying a bacteria that will be killing off all citrus trees within the next 10 years (CA is the last area to be affected); Old Grove Orange reached out to the Healthy San Bernardino Coalition to begin its first pilot season in 2013
24. **Future enhancementstothe Farmshare Market:** Farmshares will be the star, but the hope is to attract food trucks, food vendors (i.e. fresh baked bread and honey), resource booths, a walking club, recipe exchanges, cooking demonstrations and more to build community and a real marketplace for downtown employees and residents
25. **Old Grove Orange:** a consortium of approximately 30 'local farmers working to connect local eaters to local farmers;' for more information, please visit their website <http://oldgrovefarmshare.com/>
26. **Contact information:** email [healthysanbernardinocoalition@gmail.com](mailto:healthysanbernardinocoalition@gmail.com), visit [www.facebook.com/downtownsbfarmsharemarket](http://www.facebook.com/downtownsbfarmsharemarket) or call (909)384-5233

I, \_\_\_\_\_, have read and agree to the terms and conditions set forth for the Downtown San Bernardino Farmshare program.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

# City of San Bernardino VOLUNTEER RELEASE & WAIVER OF LIABILITY



*Required by the City of San Bernardino for all volunteers.*

***Please read carefully! This is a legal document that affects your legal rights.***

I want to participate in volunteer activities for the City of San Bernardino, henceforth referred to as City. As a City volunteer, I freely, voluntarily, and without duress execute this Release and Waiver under the following terms:

**1. Assumption of Risk.** I understand that my work for the City may include activities that are hazardous and/or physically strenuous and that I may be exposed to personal injury or damage to my property as a result of my activities, the activities of other persons, or the conditions under which my services are performed while participating in City volunteer activities. Though the City will provide me with support, supervision, training, and supplies to accomplish assigned tasks, I agree to the following:

- I will follow all instructions provided by the City, its employees, or volunteer coordinators.
- I will only use equipment that I know how to operate and use safely.
- I will not undertake any activity for which I do not feel sufficiently prepared or able and until I have received instructions.
- I will take all reasonable precautions to avoid injury to myself and to others and damage to property.
- Finally, I agree to assume the risk of injury or harm and release the City, its officers, directors, employees, and other City volunteers from all liability for injury, illness, death, or property damage arising from my work as a volunteer.

**2. Waiver and Release.** I hereby release and forever discharge and agree to indemnify, protect, defend and hold the City, its elected officials, boards, commissions, officers, agents and employees free and harmless from any and all claims, liabilities, losses, liens, damages, costs and expenses resulting from injury or death of any person or persons' property damage or that may arise out of my work as a volunteer. I understand that this release discharges the above entities from any liability that may result from my work whether or not caused by the negligence of the City.

**3. Medical Treatment.** I release and discharge the City from any claim that arises or may arise due to any first aid, medical treatment, or service rendered to me.

**4. Insurance.** The City does not have responsibility for providing any health, medical or disability insurance coverage for me.  
IT IS MY RESPONSIBILITY AS A VOLUNTEER TO ENSURE I HAVE MEDICAL/HEALTH INSURANCE.

I understand that if I drive my personal vehicle for City business while volunteering, I must have a valid driver's license and proof of auto insurance.

**5. Photographic Release.** I grant to the City the right to use photographic images and video or audio recordings of me that are made by the City or others during my volunteer work for the City.

**6. Duration of Release.** My agreement to the terms in this Release & Waiver applies as long as I volunteer for the City.

**7. Other.** I agree that this Release and Waiver is intended to be as broad and inclusive as permitted by the laws of California and that this Release and Waiver is governed by and will be interpreted according to the laws of California. I understand that should any part of this Release and Waiver be ruled invalid by a court, the other parts will remain valid and continue to be in effect.

*I certify that I am at least eighteen (18) years of age or have had this document signed by my parent or guardian.*

\_\_\_\_\_  
PRINT Adult's Name

\_\_\_\_\_  
If consenting for a minor, print name(s) on lines above and below

\_\_\_\_\_  
Street Address

\_\_\_\_\_

\_\_\_\_\_  
City, State, Zip

\_\_\_\_\_  
Telephone

\_\_\_\_\_  
E-mail Address

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Emergency Contact

\_\_\_\_\_  
Telephone

# Ciudad de San Bernardino

## Liberación de Voluntario y Renuncia de Obligación



Requerido por La Ciudad de San Bernardino para todos los voluntarios

**Por favor lea cuidadosamente! Se trata de un documento legal que afecta a sus derechos legales.**

Yo quiero participar en actividades de voluntariado para la ciudad de San Bernardino, en adelante referido como, la ciudad. Como voluntario de la ciudad, soy libremente, voluntariamente y sin coacción ejecutar esta versión y anuncio bajo los siguientes términos:

**1. Asunción de riesgos.** Entiendo que mi trabajo de la ciudad puede incluir actividades que son peligrosas o físicamente extenuantes y que puedo estar expuesto a lesiones personales o daños a mi propiedad como resultado de mis actividades, las actividades de otras personas, o las condiciones bajo las cuales mis servicios se llevan a cabo mientras participaba en actividades de voluntariado de ciudad. Aunque la ciudad me proporcionará apoyo, supervisión, capacitación y suministros para realizar las tareas asignadas, estoy de acuerdo con la siguiente:

- Seguiré todas las instrucciones proporcionadas por la ciudad, sus empleados o coordinadores voluntarios
- Utilizare solamente equipo que yo puedo operar y utilizar de forma segura.
- No participare en actividades en las cuales no me siento suficientemente preparados o capaz o hasta que reciba instrucciones.
- Tomare todas las precauciones razonables para evitar daño a mí mismo y a otras personas y daños a la propiedad.
- Finalmente, estoy de acuerdo en asumir el riesgo de lesiones o daños a mi persona y liberar a la ciudad, sus funcionarios, directores, empleados y otros voluntarios de la ciudad de toda responsabilidad de lesión, enfermedad, muerte o propiedad daños derivados de mi trabajo como voluntario.

**2 Renuncia y liberación.** Quedo liberar y siempre cumplir y aceptar indemnizar, proteger, defender a la ciudad, y su funcionarios electos, consejos, comisiones, oficiales, agentes y empleados libres e inofensivos de cualquier reclamo, responsabilidades, las pérdidas, privilegios, daños, costos y gastos resultantes de lesiones o la muerte de cualquier persona o daños a la propiedad de las personas o pueden surgir de mi trabajo como voluntario. Entiendo que esta versión de los vertidos de las mencionadas entidades de cualquier responsabilidad que puede resultar de mi trabajo o no por la negligencia de la ciudad.

**3. Tratamiento Médico.** Libero y descargo a la ciudad de cualquier reclamación que surja o puede surgir debido a los primeros auxilios médicos o tratamiento o servicios prestados a mí.

**4. El Seguro.** La ciudad no tiene la responsabilidad de proporcionar cualquier cobertura de seguro de salud, el médico o la discapacidad para mí.

**ES MI RESPONSABILIDAD COMO VOLUNTARIO EL TENER SEGURO MÉDICO O DE SALUD.**

- Entiendo que si yo conduzco mi vehículo personal para los negocios de la ciudad mientras sea voluntariado, debo tener una licencia de conducir válida y prueba de seguro de auto.

**5. Liberación fotográfica.** Otorgo a la Ciudad el derecho de utilizar imágenes fotográficas y video o las grabaciones en audio de mí que sean hechas por la Ciudad o por otros durante mi trabajo de voluntarios para la Ciudad.

**6. La duración de la Liberación.** Mi acuerdo a los términos en esta Liberación & Renuncia aplica siempre que me ofrezca para la Ciudad.

**7. Otro.** Conuerdo que esta Liberación y la Renuncia son pensadas estar como ancho e inclusivo como permitido por las leyes de California y que esta Liberación y la Renuncia son gobernadas por y serán interpretado según las leyes de California. Comprendo que si debe cualquier parte de esta Liberación y la Renuncia es gobernada a inválido por un tribunal, las otras partes se quedarán válidas y continuarán ser vigente.

**Certifico que tengo por lo menos dieciocho (18) años de la edad o he tenido este documento firmado por mi padre o mi guardián legal.**

Nombre de Adulto (Letra de molde)

Si firma para un menor de edad escriba su nombre

Domicilio

Ciudad, Estado y Código postal

Numero de Teléfono

Contacto de Emergencia

Numero de teléfono

Firma

Fecha