Count of San Bernardino
Department of Behavioral Health

Alcohol and Drug Services (ADS) Perinatal Treatment Policy

Effective Date                  05/29/12
Approval Date                   11/01/12
CaSonya Thomas, Director

Policy
It is the policy of the Department of Behavioral Health (DBH), Alcohol and Drug Services Administration (ADS), to provide perinatal treatment services to women in the County of San Bernardino (County).

Purpose
To provide guidance to DBH-ADS clinics and contract providers in the provision of perinatal treatment services in accordance with State and Federal statutes and regulations as well as in compliance with the County contractual agreement.

Criteria for Perinatal Treatment
Perinatal treatment services will be provided in accordance with the following guidelines:
- Services to be provided by DBH-ADS contracted providers certified by the California Department of Alcohol and Drug Programs (ADP)
- Pregnant and postpartum women will receive priority admission for substance abuse treatment
- Parenting women and their children will receive services, including those attempting to regain custody of their children
- Women and their children will be admitted for treatment; family will be treated as a unit
- Perinatal clients will receive all of the following treatment services:
  - Gender specific substance abuse treatment
  - Parenting education
  - Education/counseling on healthy relationships
  - Domestic violence and/or sexual assault education
- Perinatal clients will receive the following ancillary services:
  - Primary medical care, including:
    - Referrals for prenatal care, including to Ob/Gyn physicians
    - Post-partum medical care
    - Primary care physician
    - Assistance with registration as a patient for health care
  - Childcare for children ages 0-5, which may be provided off-site by a licensed childcare provider or onsite through cooperative childcare arrangements
  - Primary pediatric care, including immunizations

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Criteria for Perinatal Treatment (continued)

- Verification of prenatal and other health care appointments and visits
- Sufficient case management and transportation to ensure access to childcare, primary medical care, primary pediatric care and other therapeutic services
- Therapeutic interventions for children in custody of women in treatment which address their developmental needs, and issues of sexual and/or physical abuse and neglect
- Review of medical records (chart) by contracted providers for quality assurance and statute/regulatory compliance
- Four (4) reviews each fiscal year by DBH-ADS staff to include, but not be limited to:
  - Full Review
  - Quality Assurance Review
  - Direct Service Observation

References

Code of Federal Regulations (CFR), 42 CFR, Part 2, Confidentiality Regulations and section 96.124(e) 1-5
California Code of Regulations, Title 22
Perinatal Services Network Guidelines
County ADS contract