

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
July 7, 2016 - 12:00-2:00 pm

Commissioners Present: Catherine Inscore, David Caine, Troy Mondragon, Jennifer Spence-Carpenter, Christopher Massa, Veatrice Jews

Excused Absence: Susan McGee-Stehsel, Michael Grabhorn, May Farr, Jane Ann Godager, Monica Wilson - Ed O'Brien participated via conference line; however, could not be counted as part of a quorum as he was located out of county.

Absent: Akin Merino

Guests: CaSonya Thomas, Veronica Kelley, Imo Momoh, Kim Carson, Cesar Bernal, Supriya Barrows, Faith Ikeda, Wayne Henkelmann, Monika Gracian, Vickie Baumbach, Carl Guillame, Jamesia Brown, Laurence Gonzaga, L.V., Betty Schneider, Doris Turner, Louisa Hayton, Toby Slater, L. Peters, M. Edwards, Charles Pearson, Rosa Barraza, P.A. Pham, Mark Kennedy, Sarah Eberhardt-Rios, André Bossieux, Michelle Dusick, Tiffany Keeler, Christina Glassco, Michael Oliver, Patricia Bird, Barry Hughey, Allison Cunningham, Harry Cass, Lorraine Armenta, Sherwin Farr, Nancy Olsen, Jason Hill, Ashley Banks, DeAndrea Porch. Minutes recorded by Debi Pasco, Clerk of the Behavioral Health Commission (BHC)

CALL TO ORDER AND INTRODUCTIONS

Treasurer Veatrice Jews called the meeting to order at 12:05p.m. Commissioner Chirs Massa led the Pledge of Allegiance and self-introductions followed.

Tab 5: Review Minutes of 6/2/16

No quorum available. Item deferred to meeting on 9/1/16.

PUBLIC COMMENT

Carl Guillaume met Commissioner Mondragon at the Transitional Age Youth (TAY) Mixer and was invited to attend today's meeting. He has a passion to help people and believes that fitness improves mental health.

EDUCATIONAL PRESENTATION: Residential Treatment for those with Substance Use Disorders

Veronica Kelley, Assistant Director, reminded guests seeking continuing education credits for this presentation, to please sign in. The Drug Medi-Cal benefit has always been sparse and provided in a different manner than specialty mental health. That will change with the Drug Medi-Cal Waiver Organized Delivery System (DMC-ODS), which will replicate the mental health benefit with an added focus on the continuum of care for residential treatment.

Addiction is now called Substance Use Disorder (SUD). SUD programs in San Bernardino County include, prevention, treatment and recovery supports following American Society of Addition Medicine (ASAM) guidelines.

- Residential Treatment: average length of stay 45 days - includes assessment, individual group, patient education, safeguarding meds, crisis intervention, treatment planning, transport, and discharge services.
- Withdrawal management-patient resides in residential and is monitored during detox.
- Perinatal Residential treatment – children reside with their mother and receive services as well; transportation is provided.
- Substance Abuse Referral Center (SARC) – centralized assessment and call center; currently located in Rialto; future SARCs will be established in San Bernardino and Victorville.
- Rialto Behavioral and Addiction Treatment Services – co-occurring treatment
- Co-Occurring Disorders: Approximately 60% of mental health clients in San Bernardino County DBH treatment have a co-occurring SUD issue. Integrated treatment produces better outcomes. Without integrated treatment, one or both

disorders may not be addressed properly. Service integration means providing screening for mental health and SUD; integrated assessment, treatment planning, coordinated treatment and continuing care.

ASAM levels to determine appropriate level of care for residential treatment are based on an in-depth assessment:

- 3.1 – clinically managed low-intensity (6 locations in this county)
- 3.3 – clinically managed population specific high intensity, adult criteria only (1 location in this county)
- 3.5 – clinically managed high intensity for adult; clinically managed medium intensity for youth (3 locations in this county)
- 3.7 – medically monitored intensive services for adults and medically monitored high intensity services for youth (will need to implement this level in our county once we opt-in to DMC-ODS)
- 4.0 – medically managed intensive inpatient treatment, acute care (will need to implement this level in our county once we opt-in to DMC-ODS)

Veronica Kelley introduced Dr. Jose C. Salazar, Director of Program Development and Contract Compliance, Tarzana Treatment Center, which contracts with San Bernardino County DBH to provide residential treatment for substance use, mental health and co-occurring disorders.

- Acute psychiatric hospital-60 bed unit staffed 24/7 by psychiatrists and other medical staff
- SUD residential services-available to both adults and youth, short and long term care

Research shows more people are in need of residential services than what are available.

Question: Will DMC-ODS address the issue of capacity? *Response: Capacity is due to a workforce issue, which is a state issue. Schools are beginning to include SUD training in their curriculum. The federal government has drafted a report to address pay parity.*

Concern: Hesperia shut down a board and care family resource center. Are we going to be faced with “not in my backyard” issues? *Response: No, this county needs more beds.*

Question: What are the major roadblocks? *Response: Stigma*

NEW BUSINESS

No quorum available.

It was reported that the Behavioral Health Commission will be dark in August 2016.

COMMISSIONERS' REPORT

Second District:

Commissioner David Caine attended the CA Mental Health Planning Council (CMHPC) and CA Association of Behavioral Health Boards/Commission (CALBHB/C) meetings in Ontario. He appreciates their advocacy at the state level. He also attended a presentation about the myths and management of marijuana. In the past decade dependence on marijuana has increased and so has its potency. 111 million Americans over the age of 12 have tried marijuana once.

Third District:

Commissioner Christopher Massa also attended the CMHPC and CALBHB/C meetings.

Commissioner Troy Mondragon will present at the TAY Healthy Mind and Healthy Body Wellness Event on July 13. He also attended a TAY Advisory Board Meeting. TAY staff work as a team to promote wellness and empowerment in youth by focusing on what the TAY want. He continues to be part of Crisis Intervention Training with law enforcement.

Fourth District:

Commissioner Jennifer Spence-Carpenter also attended the CMHPC meeting in Ontario. In addition, she's been participating on webinars focused on addiction and recovery for youth.

Fifth District:

Commissioner Veatrice Jews was present at the CMHPC meeting, in which Director CaSonya Thomas spoke of San Bernardino County’s response to victims of the December 2nd Terrorist Attack and efforts to heal our community. Assistant Director Veronica Kelley also presented on the Substance Use Disorder System of Care in San Bernardino County. Both presentations were fantastic.

DIRECTOR’S REPORT

Deputy Director Sarah Eberhardt-Rios recognized Mariann Ruffolo, DBH Administrative Manager, Workforce Education and Training, who has been promoted to Deputy Director for the Department of Workforce Development. A few examples of Mariann’s contributions include the residency program at Arrowhead Regional Medical Center (ARMC) Behavioral Health Unit, DBH intern program, the DBH Leadership Development Program and many more.

San Bernardino County’s Whole Person Care (WPC) coordination project is a partnership between ARMC, Public Health and DBH to provide engagement and treatment to individuals who are high utilizers of emergency departments. San Bernardino County’s application for WPC was approved by the Board of Supervisors on 6/28/16 and submitted to the Department of Health Care Services on 7/1/16.

OUTSIDE AGENCY REPORTS

Karen Cervantes, DBH Program Specialist II – On 6/30/16, DBH held a Community Forum and Resource Fair on Suicide Prevention in Barstow. Participants included community members, Barstow Unified School District personnel, and the local radio station. DBH received several comments after the event letting us know that they were thankful for bringing suicide awareness to the community.

7/13/16: TAY Healthy Mind and Healthy Body Wellness event

7/21/16: Cultural Competency Advisory Committee – Presentation by the Consul of Guatemala, Billy Adolfo Jose Munoz Miranda

9/17/16: Recovery Happens – Cucamonga-Guasti Regional Park

10/29/16: NAMI Walk – Diamond Valley Lake, Hemet

ADJOURNMENT

Meeting adjourned at 1:45 p.m.

Veatrice Jews, Treasurer
Behavioral Health Commission

Debi Pasco
Clerk of the Behavioral Health Commission