WHY IS ORAL HEALTH IMPORTANT?

Our teeth play an important role in our everyday lives. They help us chew, digest food, speak clearly and give shape to our face. When we do not take care of our teeth, we increase our risk of disease such as gum disease. The presence of gum disease has also been linked to other chronic diseases like heart disease and diabetes.

TIPS FOR A HEALTHY MOUTH

- Brush 2x a day for 2 minutes
- Floss at least once a day
- Eat healthy and nutritious foods
- Visit the dentist regularly

DID YOU KNOW?

Students’ absences due to dental problems cost California school districts about $29.7 million annually.¹

California children miss 874,000 school days each year due to dental problems.²

Three in ten Californian adults avoid smiling and one in four feel embarrassment due to the condition of their mouth and teeth.³

Three in ten kindergarteners assessed suffer from untreated tooth decay.⁴

Less than one in ten (9.7%) dentists practicing in San Bernardino County treats patients insured through Medi-Cal.⁵

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Resources

Find a Medi-Cal Dentist
www.smilecalifornia.org

Find a Low-Cost Dentist
www.tcds.org

Resources for Kids
www.mouthhealthy.org

Resources for Parents
www.themightymouth.org

Oral Health for Older Adults
www.nidcr.nih.gov

Resources for Pregnant Women
www.mchoralhealth.org

Find Medical, Dental and other Services
www.211sb.org

Autism Speaks Dental Toolkit
www.autismspeaks.org


(909) 387 - 6584 | www.sbccounty.gov/dph
OralHealth@dph.sbcounty.gov
Local Oral Health

Program Guide

PROGRAM OVERVIEW
Local Oral Health was established in San Bernardino County to improve the oral health of county residents. The program is funded by the California Department of Public Health, Office of Oral Health, through funds generated from passage of the California Healthcare Research Tobacco Act of 2016.

VISION
A county in which all San Bernardino County residents enjoy good oral health, further contributing to a healthy, happy community.

MISSION
To facilitate and coordinate a countywide oral health program to improve oral health of all San Bernardino County residents.

WHO WE ASSIST
We assist all ages including foster children, pregnant women, individuals with intellectual and developmental disabilities, homeless individuals and families, individuals living with HIV/AIDS, individuals with chronic diseases, current smokers and tobacco users, rural communities, immigrants and refugees and many more.

To find out more about Local Oral Health, please visit www.sbcounty.gov/dph

FOCUS AREAS

ACCESS TO CARE
Increase the availability, accessibility and utilization of oral health services across the county.

DENTAL WORKFORCE
Expand and strengthen the workforce to meet the varied oral health care needs of the county.

ORAL HEALTH EDUCATION AND PUBLIC AWARENESS
Empower individuals and communities across the county with information to take action to improve and maintain their oral health.

INTEGRATION OF SERVICES
Empower service providers to improve the overall health and well-being of individuals through integrated approaches to care.

COORDINATION OF COUNTYWIDE EFFORTS
Promote partnerships and collective efforts to optimize resources and achieve sustained improvements for oral health.

SURVEILLANCE, MEASUREMENT AND EVALUATION
Implement a comprehensive data collection, analysis and reporting system to support countywide oral health efforts.

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