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SAN BERNARDINO COUNTY

NEWS RELEASE
Public Health

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County continues to monitor COVID-19; reports no local cases

The San Bernardino County Department of Public Health (DPH) continues to work with the Centers for Disease Control and Prevention (CDC) and the California Department of Public Health (CDPH) to respond to reports of coronavirus (COVID-19) as it is quickly evolving. No cases have been reported in San Bernardino County.

As of March 9, 2020, there are a total of 114 positive cases and one death in California; 24 cases are from repatriation flights. The other 90 confirmed cases include 37 that are travel related, 23 due to person-to-person, 14 community acquired and 16 from unknown sources. Although Governor Newsom declared a State of Emergency to help the state prepare for broader spread of COVID-19, **the health risk from COVID-19 to the general public in San Bernardino County remains low at this time.**

As with any virus, especially during the cold and flu season, there are a number of steps you can take to protect your health and those around you:

- Avoid close contact with people who are sick.
- Wash hands with soap and warm water for 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Avoid touching eyes, nose or mouth, especially with unwashed hands.
- Clean and disinfect frequently touched objects and surfaces using regular household cleaning spray or wipes.
- If someone does become sick with respiratory symptoms like fever and cough, they should stay away from work, school or other people to avoid spreading illness and seek assistance from their healthcare provider if symptoms become severe.
- N95 masks are **not** recommended outside a healthcare setting. Surgical masks can be worn by sick individuals to reduce the likelihood of spreading germs to others.

For more information on COVID-19, please call (800) 722-4794 or visit the DPH COVID-19 webpage at wp.sbcounty.gov/dph/coronavirus. Information is updated as soon as it is made available. The following information has been updated on the webpage:

- Guidance for Healthcare Providers, Laboratories, Employers/Businesses, Communities and Schools
- Guidance for First Responders and Law Enforcement has been added

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