

Transitional Assistance

Locations

29 Palms	73629 Sun Valley Dr. Twentynine Palms, CA 92277
Adelanto	10875 Rancho Rd. Adelanto, CA 92301
Apple Valley	13886 Central Rd. Apple Valley, CA 92307
Barstow	1900 E. Main St. Barstow, CA 92311
Colton	1900 W. Valley Blvd. Colton, CA 92324
Del Rosa	1895 Del Rosa Ave. San Bernardino, CA 92404
Fontana	7977 Sierra Ave. Fontana, CA 92335
Hesperia	9655 9th Ave. Hesperia, CA 92345
Hesperia Medi-Cal Office	15980 Main St. Hesperia, CA 92345
Needles	1090 E. Broadway St. Needles, CA 92363
Ontario	1647 E. Holt Blvd. Ontario, CA 91761
Ontario Medi-Cal Office	1627 E. Holt Blvd. Ontario, CA 91761
Rancho Cucamonga	10825 Arrow Rte. Rancho Cucamonga, CA 91730
Rialto	1175 W. Foothill Blvd. Rialto, CA 92376
Redlands	1811 W. Lugonia Ave. Redlands, CA 92374
San Bernardino	265 E. Fourth St. San Bernardino, CA 92415
San Bernardino	2050 N. Massachusetts San Bernardino, CA 92415
Victorville	15010 Palmdale Rd. Victorville, CA 92392
Yucaipa	32353 Yucaipa Blvd. Yucaipa, CA 92399
Yucca Valley	56357 Pima Trl. Yucca Valley, CA 92284

To inquire about your benefits,
please call our Customer Service Center:
1-877-410-8829

To apply for benefits, please visit:
www.C4Yourself.com

The mission of the
***Transitional Assistance
Department is to enhance
the quality of life in the
communities we serve by
providing economic support to
individuals and families.
We are committed to working
collaboratively to provide our
services accurately and efficiently,
with a high emphasis on integrity,
respect and customer service.***



Transitional Assistance



CalFresh



1-877-410-8829

TAD 411 CF (06/19)

Transitional Assistance

What is CalFresh?

CalFresh is a benefit program to help low-income people buy the food they need for good health.

CalFresh benefits are not cash. CalFresh benefits are provided on an electronic card that is used like an ATM or bank card to buy food at most grocery stores.



Can I get CalFresh?

To get CalFresh benefits, your income has to be under a certain limit.

Income: There are two income limits: gross and net. Your total income before taxes or any other subtractions is called gross income. However, certain subtractions to your gross income, called deductions, are allowed. Deductions can include: housing costs, child support payments, child or dependent care payments and monthly medical expenses over \$35 for elderly or disabled people. The amount left over after these deductions is called net income.

Benefit Amount: The amount of CalFresh benefits a person or family can receive is based on the U.S. Department of Agriculture's (USDA) Thrifty Food Plan. The plan estimates how much it costs to provide a household with nutritious low-cost meals. The estimates are revised every year to keep pace with changes in food prices.

The current gross and net income limits and maximum benefit amounts can be found at <http://hs.sbcounty.gov/tad/Pages/Receiving-CalFresh.aspx>.

Who qualifies for CalFresh?

Specific eligibility requirements for CalFresh consider citizenship, income and other factors. Generally, benefits are available to low-income individuals and families who are:

- U.S. citizens, or
- Legal immigrants who:
 - Have lived in the country for five (5) years, or
 - Are receiving disability-related assistance or benefits, regardless of entry date, or
 - Are children under 18 years of age, regardless of entry date.

Recipients of Supplemental Security Income (SSI) are eligible to CalFresh effective June 2019.

What are the requirements for CalFresh?

To receive CalFresh benefits, eligibility requirements must be met in the following areas:

- Citizenship/Immigration status,
- Income,
- Residence,
- Work registration, and
- Applying for a Social Security Number.

Other requirements may apply based on individual/family circumstances.

How do I apply for CalFresh?

Families and individuals requesting CalFresh must complete an application form. You can apply for CalFresh benefits by:

- Completing an on-line application at www.C4Yourself.com.
- Requesting an application be mailed to you through the Customer Service Center at 1-877-410-8829.
- Calling **2-1-1** to apply over the telephone.
- Printing and completing the application from the following website: <http://www.cdss.ca.gov/cdssweb/entres/forms/English/CF285.pdf> and mailing it to the closest Transitional Assistance Department (TAD) office.
- Completing an application at a local TAD office located throughout the county (see other side for list).

Families and individuals can request their application be processed as Expedited Service (ES) when applying for CalFresh. Applications that meet ES qualifications are to be processed within three (3) working days.

