

CHILD AND ADOLESCENT NEEDS AND STRENGTHS (CANS) – SAN BERNARDINO

CHECK ONE: Initial CANS Update CANS Planned Discharge Unplanned Discharge

Date Assessed: _____

Child/Youth's Name: _____

Age: _____ Under 6 Y/O¹ Over 15 Y/O²

Date of Birth: _____

Medical Record No: _____

Residential: Yes No

Assessor's Name: _____

Signature: _____

LIFE DOMAIN FUNCTIONING

0 = no evidence of problems	1 = history, mild, monitor					
2 = actionable - moderate	3 = immediate/intensive services					
		N/A	0	1	2	3
Family Functioning ³			<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Living Situation			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social Functioning			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Recreational			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Developmental/Intellectual ⁴			<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Job Functioning ¹⁴		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Legal ¹⁰			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Decision Making			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Medical/Physical			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sexual Development ⁵			<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Gender Identity			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sleep			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School Behavior ⁶		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
School Achievement ⁶		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School Attendance ⁶		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

STRENGTHS DOMAIN

0 = centerpiece	1 = useful					
2 = identified/develop	3 = not yet identified					
		N/A	0	1	2	3
Family Strengths			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Interpersonal			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Optimism			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Educational Setting		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Vocational		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talents and Interests			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Spiritual/Religious			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cultural Identity			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community Life			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Natural Supports			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Relationship Permanence ⁷			<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Well-Being			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Resiliency			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Resourcefulness			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Treatment Involvement			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Progress to Goals			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discharge Preparation			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

CULTURAL FACTORS

0 = no evidence of problems	1 = history, mild, monitor					
2 = actionable - moderate	3 = immediate/intensive services					
		N/A	0	1	2	3
Language			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Traditions and Rituals			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cultural Stress			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sexual Orientation			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discrimination Bias			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cultural Differences within the Family			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cultural Diversity			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cultural Appropriateness of Service Family			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

CAREGIVER STRENGTHS & NEEDS

0 = strength/no evidence of problem	1 = useful/monitor					
2 = requires action	3 = immediate/intensive services					
NOT APPLICABLE - No Caregiver Identified		<input type="radio"/>				
			0	1	2	3
Supervision			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Involvement with Care ³			<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Knowledge			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organization			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social Resources			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Residential Stability			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Medical/Physical			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mental Health			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Substance Use			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Developmental			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Safety			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family Relationship to the System			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Legal Involvement			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Emotional Responsiveness			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Adjustment to Traumatic Experiences			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

MODULES 1 » 0 thru 5 2 » TAY 3 » Family Difficulties. 4 » Developmental Needs (DD) 5 » Sexuality 6 » School 7 » Permanency 8 » Traumatic Stress 9 » Substance Use Disorder (SUD) 10 » Violence/Juvenile Justice 11 » Sexually Aggressive Behavior (SAB) 12 » Runaway 13 » Fire Setting (FS) 14 » Vocational (VOC) 15 » Commercial Sexual Exploitation of Children (CSEC) 16 » Hospitalization 17 » Residential

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BEHAVIORAL /EMOTIONAL NEEDS					
0 = no evidence of problems	1 = history, mild, monitor				
2 = actionable - moderate	3 = immediate/intensive services				
	0	1	2	3	
Psychosis (Thought Disorder)	0	0	0	0	
Impulsivity/Hyperactivity	0	0	0	0	
Depression	0	0	0	0	
Anxiety	0	0	0	0	
Mania	0	0	0	0	
Oppositional Conduct	0	0	0	0	
Adjustment to Trauma ⁸	0	0	0	0	
Attachment Difficulties	0	0	0	0	
Anger Control	0	0	0	0	
Eating Disturbances	0	0	0	0	
Emotional/Physical Dysregulation	0	0	0	0	
Behavioral Regressions	0	0	0	0	
Somatization	0	0	0	0	
Substance Use ⁹	0	0	0	0	

RISK BEHAVIORS					
0 = no evidence of problems	1 = history, mild, monitor				
2 = actionable - moderate	3 = immediate/intensive services				
	0	1	2	3	
Suicide Risk	0	0	0	0	
Non-Suicidal Self-Injurious Behavior	0	0	0	0	
Other Self-Harm (Recklessness)	0	0	0	0	
Danger to Others ¹⁰	0	0	0	0	
Sexual Aggression ¹¹	0	0	0	0	
Runaway ¹²	0	0	0	0	
Delinquent Behavior ¹⁰	0	0	0	0	
Fire Setting ¹³	0	0	0	0	
Intentional Misbehavior	0	0	0	0	
Exploitation ¹⁵	0	0	0	0	
Grave Disability	0	0	0	0	
0 = 0 1 = 1 2 = 2 3+ = 3					
Number of Prior Psychiatric Hospitalizations ¹⁶					
Instances: Past 6 months	0	0	0	0	
Psychiatric Crisis Episodes w/o Hospitalization					
Instances: Past 90 days	0	0	0	0	

MODULES 1 » 0 thru 5 2 » TAY 3 » Family Difficulties, 4 » Developmental Needs (DD) 5 » Sexuality 6 » School 7 » Permanency 8 » Traumatic Stress 9 » Substance Use Disorder (SUD) 10 » Violence/Juvenile Justice 11 » Sexually Aggressive Behavior (SAB) 12 » Runaway 13 » Fire Setting (FS) 14 » Vocational (VOC) 15 » Commercial Sexual Exploitation of Children (CSEC) 16 » Hospitalization 17 » Residential

TRAUMA					
0 = No, no evidence of trauma	1 = Yes, mild severity				
2 = Yes, moderate severity	3 = Yes, severe or chronic				
	No	---	Yes	---	
	0	1	2	3	
Sexual Abuse	0	0	0	0	
Physical Abuse	0	0	0	0	
Emotional Abuse	0	0	0	0	
Neglect	0	0	0	0	
Medical Trauma	0	0	0	0	
Witness to Family Violence	0	0	0	0	
Witness to Community/School Violence	0	0	0	0	
Natural or Manmade Disaster	0	0	0	0	
War/Terrorism Affected	0	0	0	0	
Victim/Witness to Criminal Activity	0	0	0	0	
Disruption in Caregiving/Attachment Losses ⁷	0	0	0	0	
Parental Criminal Behavior	0	0	0	0	
Bullied by Others	0	0	0	0	

MODULES					
1. Early Childhood (EC) Module - 0-5					
	Unknown	0	1	2	3
Motor		0	0	0	0
Sensory		0	0	0	0
Communication		0	0	0	0
Aggression		0	0	0	0
Regulatory Problems		0	0	0	0
Failure to Thrive		0	0	0	0
PICA		0	0	0	0
Birth Weight	0	0	0	0	0
Prenatal Care	0	0	0	0	0
Labor and Delivery	0	0	0	0	0
Exposure (Substance Exposure)	0	0	0	0	0
Maternal/Primary Caregiver Availability	0	0	0	0	0
Parent or Sibling Problems	0	0	0	0	0
Curiosity	0	0	0	0	0
Playfulness	0	0	0	0	0
Adaptability	0	0	0	0	0
Persistence	0	0	0	0	0
Self-Care/Daily Living Skill	0	0	0	0	0
Atypical Behaviors	0	0	0	0	0
Early Education	0	0	0	0	0
Social and Emotional Functioning	0	0	0	0	0
Exploited (0-5)	0	0	0	0	0

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Date Assessed: _____

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2. Transitional Age Youth (TAY) Module					0	1	2	3						0	1	2	3
Independent Living Skills	0	0	0	0					Intimate Relationships	0	0	0	0				
Residential Stability	0	0	0	0					Medication Compliance	0	0	0	0				
Transportation	0	0	0	0					Educational Attainment	0	0	0	0				
Parenting Roles	0	0	0	0					Vocational/Career	0	0	0	0				
Interpersonal/Social Connectedness	0	0	0	0					Meaningfulness	0	0	0	0				
Personality Disorder	0	0	0	0					Victimization	0	0	0	0				
3. Family Difficulties (FAM) Module					0	1	2	3						0	1	2	3
Relationship with Bio-Mother Only	0	0	0	0					Parental/Caregiver Collaboration	0	0	0	0				
Relationship with Bio-Father Only	0	0	0	0					Family Communication	0	0	0	0				
Relationship with Primary Caregiver	0	0	0	0					Family Role Appropriateness/Boundaries	0	0	0	0				
Relationship Among Siblings	0	0	0	0					Family Conflict	0	0	0	0				
4. Developmental Needs (DD) Module					0	1	2	3						0	1	2	3
Cognitive	0	0	0	0					Self Care/Daily Living Skills	0	0	0	0				
Communication	0	0	0	0					Atypical Behaviors	0	0	0	0				
Developmental	0	0	0	0													
5. Sexuality Module					0	1	2	3						0	1	2	3
Promiscuity	0	0	0	0					Knowledge of Sex	0	0	0	0				
Masturbation	0	0	0	0					Choice of Relationship	0	0	0	0				
Reactive Sexual Behavior	0	0	0	0													
6. School Module					0	1	2	3						0	1	2	3
Attention-Concentration in School	0	0	0	0					Depression in School	0	0	0	0				
Sensory Integration Difficulties in School	0	0	0	0					Peer Relations in School	0	0	0	0				
Affect Dysregulation in School	0	0	0	0					Oppositional in School	0	0	0	0				
Anxiety in School	0	0	0	0					Conduct in School	0	0	0	0				
7. Permanency Module					0	1	2	3	N/A					0	1	2	3
Siblings	0	0	0	0					Grief & Loss	0	0	0	0				
Biological/Adoptive Mother	0	0	0	0					Family Identity & Belonging	0	0	0	0				
Biological/Adoptive Father	0	0	0	0					Family Finding	0	0	0	0				
Other Significant Adults	0	0	0	0					Years in Care	0	0	0	0				
Current Living Situation	0	0	0	0					Placement History	0	0	0	0				
8. Traumatic Stress Symptoms Module					0	1	2	3						0	1	2	3
Intrusions/Re-Experiencing	0	0	0	0					Numbing	0	0	0	0				
Hyperarousal	0	0	0	0					Dissociation	0	0	0	0				
Traumatic Grief & Separation	0	0	0	0					Avoidance	0	0	0	0				
9. Substance Use Disorder (SUD) Module					0	1	2	3						0	1	2	3
Severity of Use	0	0	0	0					Parental Influences	0	0	0	0				
Duration of Use	0	0	0	0					Environmental Influences	0	0	0	0				
Stage of Recovery	0	0	0	0					Recovery Community Supports	0	0	0	0				
Peer Influences	0	0	0	0													
10. Violence/Juvenile Justice (JJ) Module					0	1	2	3						0	1	2	3
Violence																	
History of Violence	0	0	0	0					Secondary Gains From Anger	0	0	0	0				
Bullying	0	0	0	0					Violent Thinking	0	0	0	0				
Frustration Management	0	0	0	0					Aware of Violence Potential	0	0	0	0				
Hostility	0	0	0	0					Response to Consequences	0	0	0	0				
Paranoid Thinking	0	0	0	0					Commitment to Self-Control	0	0	0	0				
Juvenile Justice																	
History of Delinquency	0	0	0	0					Parental Criminal Behavior	0	0	0	0				
Seriousness	0	0	0	0					Environmental Influences	0	0	0	0				
Planning	0	0	0	0					Arrests	0	0	0	0				
Community Safety	0	0	0	0					Incarceration	0	0	0	0				
Peer Influences	0	0	0	0					Legal Compliance	0	0	0	0				

CHILD AND ADOLESCENT NEEDS AND STRENGTHS (CANS) – SAN BERNARDINO

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11. Sexually Aggressive Behavior Module					0	1	2	3	0	1	2	3	
Relationship	0	0	0	0					Response to Accusation	0	0	0	0
Physical Force/Threat	0	0	0	0					Temporal Consistency	0	0	0	0
Planning	0	0	0	0					History of Sexual Aggressive Behavior	0	0	0	0
Age Differential	0	0	0	0					Severity of Sexual Abuse	0	0	0	0
Type of Sex Act	0	0	0	0					Prior Treatment	0	0	0	0
12. Runaway Module					0	1	2	3	0	1	2	3	
Frequency of Running	0	0	0	0					Likelihood of Return on Own	0	0	0	0
Consistency of Destination	0	0	0	0					Involvement with Others	0	0	0	0
Safety of Destination	0	0	0	0					Realistic Expectations	0	0	0	0
Involvement in Illegal Activities	0	0	0	0					Planning	0	0	0	0
13. Fire Setting (FS) Module					0	1	2	3	0	1	2	3	
History	0	0	0	0					Community Safety	0	0	0	0
Seriousness	0	0	0	0					Response to Accusation	0	0	0	0
Planning	0	0	0	0					Remorse	0	0	0	0
Use of Accelerants	0	0	0	0					Likelihood of Future Fire Setting	0	0	0	0
Intention to Harm	0	0	0	0									
14. Vocational Module					0	1	2	3	0	1	2	3	
Job History	0	0	0	0					Job Relations	0	0	0	0
Job Attendance	0	0	0	0					Job Skills	0	0	0	0
Job Performance	0	0	0	0									
15. Commercial Sexual Exploitation of Children (CSEC) Module					0	1	2	3	N/A	0	1	2	3
Duration of Exploitation	0	0	0	0					Incarceration	0	0	0	0
Perception of Dangerousness	0	0	0	0					Sexually Transmitted Infections	0	0	0	0
Knowledge of Exploitation	0	0	0	0					Pregnancies	0	0	0	0
Trauma Bonding/Stockholm Syndrome	0	0	0	0					Abortions	0	0	0	0
Exploitation of Others	0	0	0	0					Attitude Toward Education	0	0	0	0
Unprotected Intercourse	0	0	0	0					Prior School Success	0	0	0	0
Intimate Relationships	0	0	0	0									
16. Hospitalization Module					0	1	2	3	0	1	2	3	
Longest Length of Stay	0	0	0	0					Time Since Most Recent Discharge	0	0	0	0
Duration of Most Recent Hospitalization	0	0	0	0									
17. Residential Module					0	1	2	3	0	1	2	3	
Off-Site Behavior	0	0	0	0					Caregiver Participation	0	0	0	0
Home Visits	0	0	0	0					Caregiver Interaction	0	0	0	0