

MINUTES  
San Bernardino County  
**BEHAVIORAL HEALTH COMMISSION MEETING**  
October 6, 2016 - 12:00-2:00 pm

**Commissioners Present:** Ed O'Brien, Veatrice Jews, Susan McGee-Stehsel, Michael Grabhorn, Paul Williams, Carol Kinzel, May Farr, Christopher Massa, Jennifer Spence-Carpenter, Troy Mondragon

**Excused Absence:** Jane Godager, Akin Merino, Catherine Inscore, Monica Wilson

**Absent:**

**Guests:** Veronica Kelley, DeAndrea Porch, Doris Turner, Carol Kinzel, Aisha Weaver, Christina Entz, Linda Hart, Justine Rangel, Shannon Swims, Cynthia White, Hanna Keith, Lora Cooke-Channer, Georgina Yoshioka, Emily Bernal, David Quiroz, Josh Morgan, Gayle Morrow, Leeann Ficarra, Maribel Gutierrez, Laurence Gonzaga, Beverly Scott, Michael Oliver, Laretta Ross, Stephanie Guix, Miriam Clark, Angela Chavez, Teresa Etheridge, Victoria Hall, Michelle Dusick, Sonia Rubio, Ashley Banks, Tamara Ingram, Sandy Guimoye, Brian Chambers, Gregory Nyx, Brenda Garcia, Richard Lindsey, Jessica Romo-Gutierrez, Gabriella Montes, Kristiann Wolfe, Karen Cervantes, Jennifer Pacheco, Joshua Taylor, Jamesia Brown, R. Hart, Douglas Fazekas, Kristen Mungcal, Andre Bossieux, Michelle Pollard, Edwin Henderson, Debi Pasco. Minutes recorded by Raquel Ramos, Interim Clerk of the Behavioral Health Commission.

**CALL TO ORDER AND INTRODUCTIONS**

Vice Chair Ed O'Brien called the meeting to order at 12:07p.m. Karen Cervantes led the Pledge of Allegiance and self-introductions followed.

**Tab 5:** Review Minutes of 9/1/16

**APPROVED**

Motion/Second: Christopher Massa / May Farr

AYES: Ed O'Brien, Veatrice Jews, Michael Grabhorn, Troy Mondragon

ASBSTAIN: Carol Kinzel, Paul Williams, Susan McGee-Stehsel, Jennifer Spence-Carpenter

ABSENT: Jane Godager, Akin Merino, Catherine Inscore, Monica Wilson

**PUBLIC COMMENT**

Linda Hart, President of the African American Mental Health Coalition (AAMHC) thanked the commission for allowing her this speaking opportunity. She shared that the AAMHC contract is still being held in Cultural Competency, it has not been fully executed over the past seven (7) months. Linda passed around documentation on AAMHC outreach efforts and stated AAMHC has made the commitment to continue to provide services. AAMHC faces the problem of having to suspend workers due to difficulties in paying them and losing them to other opportunities. Linda commended Michelle Dusick on her efforts in resolving the contract issue and expressed her hopes that in the future this process can be expedited to ensure services are provided to the community.

Linda advised the group that she sat on the San Bernardino Police Review Board to contribute to the policy on Crisis Intervention Training (CIT).

Vice Chair Ed O'Brien commented on his observation of the use of crisis services within the African American community. He has been to the jail and Patton State Hospital and observed the high volume of mentally ill African Americans in the jail. He asked Linda to write a brief memorandum on her frustrations and challenges from the community's perspective. The plan would be to include this memorandum in the Behavioral Health Commissions (BHC) formal report at the end of the year.

Linda agreed to write the memorandum and referenced the article coming out today in the Precinct Reporter in which she addresses this issue. The article also mentions the collaboration between the Department of Behavioral Health (DBH) and the Policy Department.

## **CHAIR'S REPORT**

Vice Chair Ed O'Brien complimented DBH staff, he believes there are many benefits to the community the more DBH and the Public Defender's Office collaborate with one another. He attended the Recovery Happens event in September and thanked DBH for hosting the event.

## **COMMISSIONERS' REPORT**

### **First District:**

Commissioner Michael Grabhorn thanked Debi Pasco for all of the work she has done for the BHC. This past month Michael met with the Salvation Army in Victorville and plans to meet with them again later in the month to get more information on their programs related to such topics as human trafficking and domestic violence. He is continuing his work with the Interfaith Council. Sunset Hills Children's Foundation in Apple Valley offers a free grief support program for young children that have lost someone in their family, this free service is also available to parents and other family members. Victorville City Hall is hosting a candle light vigil on 10/7/16 from 5-6pm for Domestic Violence.

Commissioner Paul Williams acknowledged this was his first meeting as a commissioner. He advised he and his wife are working hard to re-establish NAMI in the High Desert area.

### **Second District:**

Commissioner Carol Kinzel acknowledged that this is also her first meeting. The Annual Pine Cone Festival is taking place 9:30am-4pm 10/8/16 at Rim Nordic Snow Valley. 10/12/16, 6pm there is a lake Arrowhead Town Hall Meeting regarding Under Age Drinking. 10/28/16, 4-6pm the Twin Peaks Recreation Complex is hosting Halloween in the Park. All three (3) of these events are free and open to the public.

Secretary May Farr attended the Children's' Network Conference and the DAC meeting for the Second District.

### **Third District:**

Commissioner Christopher Massa attended the DAC meeting for the Third District earlier this month. He also attended the Pathways to Recovery Meeting, topics at this meeting were related to housing and patients' rights.

Commissioner Troy Mondragon acknowledged the removal of an offensive attraction at Knott's Berry Farm. He attended the Loma Linda Behavioral Medical Center 9<sup>th</sup> Annual Seeds of Hope Fundraiser.

### **Fourth District:**

Commissioner Jennifer Spence-Carpenter participated in Veteran's Services Webinars. She attended the Children's Network Conference, participating in sessions on Suicide Prevention, Safety for Kids on Social Networks, and Drugs and Youth.

### **Fifth District:**

Treasurer Veatrice Jews has been working with the DBH Cultural Competence African Awareness Subcommittee along with the Inland Empire Concerned African American Churches (IECAAC) to expand the IECAACs knowledge in this field. Dr. Gloria Morrow will be having a town hall meeting on October 20, 2016, 6-9pm at the Catholic Diocese. The intention of the town hall meeting is to give the community information on available faith based services and take information from the community on their needs.

Commissioner Susan McGee-Stehsel provided an update on behalf of Commissioner Jane Ann Godager. Jane chaired the Fifth District Advisory Committee (DAC) meeting last Monday. Attendance was low due to the Presidential Debates airing at the same time as the meeting. We will want to make sure we communicate all future meetings to increase attendance levels.

Commissioner Susan McGee-Stehsel was asked to acknowledge Commissioner Christopher Masa for his educational persistence. Susan provided Christopher with a plaque. Christopher is extremely powerful in reminding us of the importance of education and wellness, and the ongoing process of recovery. Susan attended the National Alliance on Mental Illness (NAMI) conference in August. She referenced Linda Hart and advised that she spoke to someone from the state that was interested in supporting smaller groups in being able to present their services to engage the community. Susan will provide this information to Linda at a later time. There is discussion at the state level regarding allowing all different sizes of groups being able to compete for Requests for Proposals (RFPs).

Susan has observed concerns with treatment of those with severe mental illness in the medical surgical setting. We have to make sure that forget that those going into the medical surgical settings may have mental health issues as well. Susan will follow up with Georgina Yoshioka to address these concerns.

Susan visited the Museum of Death in Psychiatry. This museum is run by Scientologists. The museum focuses on the connection of mental health treatment and eugenics. Susan was very concerned with the information they are promoting, but satisfied that they gave her an opportunity to share her opinion that medications can be helpful. Susan also noted that medications don't fix the need that all people have for support, jobs and places to live.

### **SUBJECT MATTER PRESENTATION: Specifics of Health Homes – What do they mean for DBH?**

Sarah Eberhardt-Rios, Deputy Director for Program Support Services presented on Health Homes and care coordination. This presentation will answer the following questions:

- How are county mental health plans impacted by the Affordable Care Act (ACA)?
- What are the major programs coming that counties will engage in as part of reform?
- How are reform changes impacting DBH's partners?
- What should the BHC members remember as we talk with constituents and consumers?

The ACA is shifting the healthcare system to population health. California Mental Health Plans are discussing:

- Increased visibility on outcomes and results; public reporting of outcomes.
- Possible future capitation rates, or a flat rate per person.
- New enhanced rules as a managed care plan (administration).
- Integrating behavioral and primary care: what is our scope relating to services we provide, possibly primary care services?
- New types of services that engage clients into the health care system with health plans and practitioners as much closer partners.
- Improving: Complex care coordination (Different from case management) and Transitions of care

What do we need to do?

- Acknowledge current assets, strengths, and experience of county mental health plans to influence and shape new programs:
  - Flexible services that provide flexible, nimble treatment planning models with other providers, to meet needs of beneficiary
  - Relationship-driven, engagement-based
  - Frequent contacts to engage
  - Mobile/field-based
  - Build relationships with the patient and their family members or support systems
  - Improve inpatient to outpatient care transitions
  - Connected care professionals from different systems

Major programs coming as part of reform:

- DBH along with Arrowhead Regional Medical Center (ARMC), Public Health, Housing/ Homeless, Community Clinic Association, Inland Empire Health Plan (IEHP) are planning for a Whole Person Care Project.
- Managed Care Plans (IEHP and Molina) are required to identify and coordinate care for Health Homes. Housing needs can be coordinated but are not a primary focus.
- IEHP, DBH and ARMC are working together on a care coordination initiative in anticipation of Health Homes.
- Drug Medi-Cal Organized Delivery System Waiver (DMC-ODS). DBH System of care will enhance services: Case Management, Recovery Support, and Residential Levels of Care.

Complex Care Coordination:

- Potential for housing instability increases as social support systems decrease.
- Decreased ability to manage complexity of health care system intersections & transitions and requires complex care coordination, and increased provider engagement.

Required services to be implemented in the DMC-ODS:

- Early Intervention
- Outpatient SUD treatment
- Intensive Outpatient SUD treatment
- Residential SUD treatment - At least 1 ASAM level
- Narcotic Treatment Program (NTP) - Includes other Medication Assisted Treatment such as bupremorphine, naloxone, naltrexone, disulfiram
- Withdrawal Management - At least 1 ASAM level
- Recovery Services
- Case Management
- Physician Consultation

Goal with Managed Care Partners:

- Define roles in care coordination.
- Manage the needs of the patient
- Manage the lines of responsibility and risk
- How do we stay true to our core mission of carve-out, specialty mental health services? We don't have to become primary care provider; however, our interactions in working with primary care will change dramatically.

Key things to remember, DBH is:

- On the frontlines of health reform with our partners
- Increasing our capacity to provide complex care coordination to improve beneficiaries' physical and behavioral health.
- Working with county partners to improve our county health system.
- Working with managed care partners to determine how we will partner in coordinating care in the future.
- Fully active in dialogue with DHCS (State) to influence how new programs impact our beneficiaries.
- Proactive & ahead of the deadlines in pulling data to review our consumer's physical and mental health needs.

Commissioner Susan McGee-Stehsel commented Public Health took the lead in the past on population health and inquired on them taking the lead on educating the public on health care reform concepts. Sarah advised that they are but with support from DBH. IEHP and Molina are more visible to folks and they have been very active in pulling Public Health into the dialogue. Public Health also attends DBH and county sponsored community events.

Guest Brian Chambers commented on the importance of clubhouses and how they can provide support and prevent reoccurring hospitalizations.

### **NEW BUSINESS**

- Identify Commissioner to Prepare Subject Matter Presentation Findings

Vice Chair O'Brien volunteered to prepare the findings from today's Subject Matter Presentation to be reviewed during the next BHC Executive Session.

#### **APPROVED**

Motion/Second: Ed O'Brien / Veatrice Jews,

AYES: Susan McGee-Stehsel, Michael Grabhorn, Paul Williams, Carol Kinzel, May Farr, Christopher Massa, Jennifer Spence-Carpenter, Troy Mondragon

ABSENT: Jane Godager, Akin Merino, Catherine Inscore, Monica Wilson

- Establish Annual Awards Ceremony Selection Committee

Vice Chair Ed O'Brien, Commissioners Veatrice Jews, Christopher Massa and Michael Grabhorn volunteered to be on the Annual Awards Ceremony Election Committee.

**APPROVED**

Motion/Second: Susan McGee-Stehsel / May Farr

AYES: Ed O'Brien, Veatrice Jews, Michael Grabhorn, Paul Williams, Carol Kinzel, Christopher Massa, Jennifer Spence-Carpenter, Troy Mondragon

ABSENT: Jane Godager, Akin Merino, Catherine Inscore, Monica Wilson

- Establish 2017 Election of Officers Committee

Commissioners Troy Mondragon, Jennifer Spence-Carpenter and Susan McGee-Stehsel volunteered be on the 2017 Election of Officers Committee. Troy Mondragon volunteered to be Chair of the Committee.

**APPROVED**

Motion/Second: Ed O'Brien / Veatrice Jews,

AYES: Susan McGee-Stehsel, Michael Grabhorn, Paul Williams, Carol Kinzel, May Farr, Christopher Massa, Jennifer Spence-Carpenter, Troy Mondragon

ABSENT: Jane Godager, Akin Merino, Catherine Inscore, Monica Wilson

**DIRECTOR'S REPORT**

Assistant Director Veronica Kelley shared a video from the 2016 Recovery Happens event DBH hosted on 9/17/16. She thanked all of those that attended and noted Vice Chair Ed O'Brien was recognized at the event as the Prevention Advocate of the Year. She thanked him for his contribution and his involvement in helping clients be successful in treatment and recovery.

The governor signed and vetoed many things that DBH has been focusing on, a full analysis of these items is in the works, highlights will be provided at the next meeting. One of the items of note is AB1299, focusing on out of county foster care. The Little Hoover Commissions Report was released, it is titled *Promises Still to Keep a Decade of the Mental Health Services Act*. This report can be found on the Little Hoover's website. The Little Hoover Commission is an independent state oversight agency that investigates state and operations, they chose to study the Mental Health Services Act. The report encourages the focus on state outcomes measures. DBH focuses on data and has representation at the Measurements Outcomes and Quality Assessment (MOQA) initiative with the state. Page 12 in this report highlights DBH Transitional Age Youth (TAY) programs and page 21 highlights the STAY program. This is a reminder of how we need to tell our story.

**OUTSIDE AGENCY REPORTS**

Victoria Hall with Community Outreach and Education reminded the group of the following events:

- 10<sup>th</sup> Annual Wellness Triathlon:
  - 10/8/16: Amazing Wellness Race - Inland Empire Jobs Corps Center, San Bernardino
  - 10/29/16: NAMI Walk – Diamond Valley Lake, Hemet
  - 11/10/16: Talent and Awards Night, Health Services Auditorium, Rialto

**ADJOURNMENT**

Meeting adjourned at 2:05 p.m.

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Ed O'Brien, Vice Chair  
Behavioral Health Commission

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Raquel Ramos  
Interim Clerk of the Behavioral Health Commission