

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
May 4, 2017 - 12:00-2:00 pm

Commissioners Present: Ed O'Brien, Veatrice Jews, Troy Mondragon, Paul Williams, Catherine Inscore, Carol Kinzel, Sean Welsh May Farr, Michael Grabhorn, Jane Godager, Lizett Santoro on behalf of Supervisor James Ramos.

Excused Absence: Monica Wilson, Susan McGee-Stehsel, Christopher Massa, Jennifer Spence-Carpenter

Absent: Akin Merino

Guests: Veronica Kelley, Sherwin Farr, Lise Lieberman, Greg D., Victoria Hall, Xeneida Brown, Douglas Fazekas, Edwin Anderson, Lynn Neuenswander, Richard Lindsey, Annette Brown, Smokey, Maria, Sandy, Jose Orneja, Antonio Castro, Ashley Banks, Monique Amis, Brenna Leslie, Sonia Rubio, Leann Ficarra, Cesar Bernal, Emily Bernel, Lauretta Ross, Maria G. Mora, Tristin Alfred, Tracy Bomberger, Vivien Limon, Justin Seals, Claudia Silva, Jessica Aguilar, Iris Galvan, Donna Villasenor, DeAndrea Porch, Aidery Hernandez, Doris Turner, Jon Buffong, Carl Mascarrella, Joshua Taylor, Ashley Humphry, Beverly Jones, Hector Lopez, Michelle Althiser, Shannon Swims, Michael Sweitzer, James Obrig, Linda Hart, Jordan Wright, Karen Cervantes, Erin Zamora, Anna Keith, Lydia Barajas, Tiffany Espinoza, Cynthia Gutierrez, Lavern Herbert, Lydia Alcaraz, Julie Diaz, Sean Noonan, Nathan Trujillo, Cheryl McAdam, Kristia Smith, Beverly Paulson, Jacqueline Falcon, Wayne Henkleman, Russell Degoah, Dawn Howard, Beverly Scott, Chris Morton, Stephanie Guix, Laurence Gonzaga, Tennie T., Virginia Espinosa, Jerry Fagan, Patricia Diggs, Greg Rossler, Eva Gonzalez, Carol Balash, Zakiya Otis, Clint Lewis, Artie Galan, Kira Henderson, Cheryl Placide, Raul, Howard Tuttle, Tracy Ward, Sherrie Quintero, Gayle Morrow, Razie Hart, Adan Gomez, Julie Hale, Miriam Fernandez, Julio Jimenez, Luis Hernandez, Tracy Foht, Tina Nguyen, LaDoris Green, Victora Bianther, Cynthia White, Robert Chambers, Faith Ikeda, Sahaira, Socorro Gomez, Kristy Ruiz, Marina Espinosa, Josh Morgan, Jennie Earl-Wagner, Christina Entz

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

CALL TO ORDER AND INTRODUCTIONS

Co-Chair, Ed O'Brien called the meeting to order at 12:15 p.m. and led the Pledge of Allegiance; self-introductions followed.

CULTURAL COMPETENCY AWARD OF EXCELLENCE

Ashley is a dedicated employee with Triage, Engagement and Support Teams (TEST). She has worked in numerous settings within TEST. She has worked with individuals incarcerated at West Valley Detention Center, providing various resources as they near their release date, linking them to outpatient services to support their stabilization in treatment and in the community. She has shadowed at Arrowhead Regional Medical Center (ARMC) Diversion, evaluating clients entering the Behavioral Health Unit for hospitalization and linking them to various community resources. She is currently co-located at Upland Police Department, responding out with officers to mental health related calls and linking consumers with various resources in the community. In every setting Ashley has been placed, she has shown compassion, professionalism, and has adapted to the 'culture' of the various sites (jail, hospital and police station). She takes her time with consumers, really getting to know their story, and follows up to ensure they are successful in making contact with community agencies. Ashley recently met with a consumer who was mono-lingual Spanish. She advocated for the consumer to have a trained interpreter who would express verbatim the needs of the consumer. Her advocacy allowed for a thorough evaluation to be completed and the outcome of the interview was positively impacted by the consumer being able to have access to Culturally Competent services. Her intervention allowed him to express himself, be understood, and feel respected through the process. This is only the most recent example of Ashley's dedication to the consumers she encounters. She is a fierce advocate of ensuring everyone is treated with dignity and respect regardless of the challenges they are facing.

Congratulations Ashley!

Tab 4: Review Minutes of 4/6/2017.

Commissioner Troy Mondragon requested one change to the minutes. Page 7 under Commissioners Report, Third District, he request Assembly Member Marc Steinberg be added to the list of names to be thanked. The revised minutes will be recorded as follows:

Commissioner Troy Mondragon acknowledged Kent Patterson for his contribution to juvenile services. He thanked Assembly Member Chad Mays, Assembly Member Mark Steinberg and Supervisor Ramos for their recognition and support of mental health.

APPROVED

Motion/Second: Veatrice Jews/ Paul Williams

AYES: Ed O'Brien, Troy Mondragon, Catherine Inscore, Carol Kinzel, Sean Welsh, Jane Godager

ASBSTAIN: May Farr, Michael Grabhorn

ABSENT: Monica Wilson, Susan McGee-Stehsel, Christopher Massa, Jennifer Spence-Carpenter, Akin Merino

PUBLIC COMMENT

Mr. Osvaldo Diaz requested assistance with completing paperwork for Supplemental Security Income (SSI) with efforts toward eventually getting off of SSI. Vice Chair Ed O'Brien offered to provide resources to Mr. Diaz after the meeting.

CHAIR'S REPORT

Vice Chair Ed O'Brien provided a brief update on behalf of Chair Monica Wilson. Vice Chair O'Brien advised Chair Monica Wilson, Commissioner Veatrice Jews joined him in a meeting with Colton High School. Colton School District has a promising model for providing behavioral health care to students. This school district has 60% of its students receiving free lunch. The school is working toward hiring Licensed Clinical Social Workers in their program to expand care by the use of interns from local colleges.

Chair Monica Wilson attended a District Advisory Committee meeting, Mental Health Planning Council meeting and Mental Health First Aid training.

Commissioner O'Brien has been reviewing the No Place Like Home statute and recommends the public read it. This statute is attempting to use Mental Health Services Act (MHSA) funds for housing. This is out for public comment until May 29, 2017.

COMMISSIONERS' REPORT

First District:

Commissioner Michael Grabhorn attended the Coalition Against Sexual Exploitation meeting, MHSA Summit and the Crisis Center Ground Breaking Ceremony in the High Desert. He is participating in the Spiritual Awareness Subcommittee. With the help of DBH the Homeless Shelter in Victorville obtained training on Mental Health First Aid.

Commissioner Paul Williams attended the Islamic presentation on Mental Health Awareness. It was interesting to learn about what other religions consider for mental health and wellness. He also attended a city event in Victorville that covered topics on Alzheimer's and Dementia. He attended the Crisis Center Groundbreaking Ceremony.

Second District:

Commissioner Carol Kinzel attended the Inland Empire Tourism Summit in Lake Arrowhead. She observed the child system of care segment. She is participating in Rim Communities for Youth and planning the "Every Fifteen Minutes" event for Rim High School on May 18 & 19, 2017. She attended an External Quality Review Organization (EQRO) session and commented on her observations on how the Department of Behavioral Health's system of care operates. She also met with Supervisor Rutherford this past month and reminded meeting attendees of the 5th Annual Rim Communities Health and Resource Fair taking place May 20, 2017 in Crestline.

Commissioner Sean Welsh advised that he is looking for suggestions on improving the behavioral health system of care, specifically in relation to improving discharge protocols at local hospitals. He may be emailed for suggestions.

Commissioner May Farr apologized for missing the previous meetings and activities. She attended the Planning Council meeting in San Jose and attended the California Association of Local Behavioral Health Boards and Commissions (CALBHBC) meeting in Redding and is planning for the annual meeting to take place in June in Irvine. She was invited to be on an interview panel for a Behavioral Health Executive position.

Third District:

Commissioner Cathy Inscore expressed her gratitude for DBH's mental health first aid presentation at her campus. This has led to more training for nursing students and more conversation on education.

Commissioner Troy Mondragon is preparing for the 5th Annual Mental Health Awareness Month event at California State University San Bernardino taking place May 22-26, 2017. He thanked DBH and the Community Crisis Response Team (CCRT) for their response to the North Park Elementary school shooting.

Fifth District:

Commissioner Jane Godager acknowledged she missed last month's meeting and reported she attended the State of the County two months ago.

Commissioner Veatrice Jews advised churches are very eager to do something to bring Mental Health Awareness month to their congregation. They are open to dedicating a Sunday to the topic. She attended EQRO sessions, the MHSA Summit and a DAC meeting. The DAC continues to discuss the need for a Clubhouse on the west side. Current locations of Clubhouses are challenging to commute to from the west side. Discussion on mental health related activities being advertised in the local newspapers are also taking place at the DAC meetings. Commissioner Jews joined Commissioner O'Brien in the meeting with Colton School District. They are dedicating an entire department to mental health and modeling their program after the program in Ontario School District. She plans to continue visits to school districts and will report back.

DIRECTOR'S REPORT

Director Veronica Kelley acknowledged May as Mental Health Month Awareness and Commissioner May Farr's birthday May 1, 2017.

Saturday, April 29, 2017 was National Take Back Day. Prescription Drug Drop off Boxes remain open throughout the county including Victorville and other areas in the high desert.

The American Health Care Act (AHCA), the replacement for the Affordable Care Act, passed through the house, it will go to the Senate next. Recent amendments have been made to allow the state to determine the scope of Essential Health Benefits, whether to impose increased premiums for uninsured individuals and premium rates based on individual age and health status. In this state essential health benefits are mental health and substance use disorder treatment. The amendment does not address the change in Medicaid expansion.

Dr. Elinore McCance-Katz was announced as the President's pick to serve as the Assistant Secretary of Mental Health and Substance Use. She was the previous Medical Officer for the Substance Abuse and Mental Health Services Administration (SAMHSA). She has had a positive influence on behavioral health.

Veronica acknowledged and thanked CCRT for their work and rapid response to the recent North Park Elementary shooting.

Two ground breaking ceremonies took place during the month of April for the Crisis Residential Treatment facilities in Fontana and in Victorville. Commissioner Jennifer Spence-Carpenter was present for the ceremony in Fontana and Commissioners Michael Grabhorn and Dr. Williams were present at the ceremony in Victorville.

PUBLIC HEARING: MHSA Three Year Integrated Plan Presentation

Michelle Dusick, Mental Health Services Act (MHSA) Administrative Manager presented on the MHSA Three Year Integrated Plan for Fiscal Years (FY) 2017/18 through 2019/20.

- California Welfare and Institutions Code (WIC) § 5847 and California Code of Regulations (CCR) § 3310 state that a Three-Year Program and Expenditure Plan (Plan) and subsequent updates shall address each MHSA component:
 - Community Services and Supports (CSS) for children, youth, transition age youth, adults, and older adults (WIC § 5800 and § 5850);
 - Capital Facilities and Technological Needs (CFTN) (WIC § 5847);
 - Workforce Education and Training (WET) (WIC § 5820);
 - Prevention and Early Intervention (PEI) (WIC § 5840); and
 - Innovation (INN) (WIC § 5830).
- Further, CCR § 3310 states: The county shall update the Plan annually; updates address elements that have changed; and updates include estimated expenditure projections for each Component per fiscal year.
- The MHSA Plan/Update shall be prepared and circulated for review and comment for at least 30 days to representatives of stakeholder interests.
- The mental health board shall conduct a public hearing on the draft Three-Year Plan and/or Annual Update at the close of the 30 day comment period.
- Each Three Year Plan and Annual Update shall be developed with local stakeholders including consumers, families, service providers, veterans, and representatives from law enforcement, education, social services, veterans, alcohol and drug and health care organizations.
- Additionally, the stakeholder process should include: representatives of unserved and/or underserved populations and family members; stakeholders who represent the diversity of the demographics of the county (i.e., Location, age, gender, race/ethnicity); and consumers living with serious mental illness and/or serious emotional disturbance and their family members.
- WIC § 5848 states that counties shall demonstrate a partnership with constituents and stakeholders throughout the process that includes stakeholder involvement on: Mental health policy, program planning, implementation, monitoring, quality improvement, and evaluation and budget allocations.
- CCR Title 9 Section 3300 states that involvement of consumers and their family members be in all aspects of the community planning process and that training shall be offered, as needed, to stakeholders, consumers, and consumer's family who are participating in the process.
- Counties shall adopt the following standards in planning, implementing, and evaluating programs: community collaboration, cultural competence, client driven, wellness, recovery, and resilience focused, and integrated service experiences for clients and their families.
- Feedback from regularly occurring stakeholder meetings is compiled throughout the year(s) and included with feedback from any special sessions that are held to review the Three Year Integrated Plan.
- DBH conducted outreach to promote the Three Year Integrated Plan Stakeholder Process. Information was disseminated through: Press releases to 67 media outlets, email and flyer distribution (English and Spanish) to community partners, community and contracted organizations, other county agencies, cultural subcommittees and coalitions, and regularly scheduled stakeholder meetings to reach populations representative of the descriptions provided; Posting on DBH website and DBH social media sites such as Facebook, Twitter, and Instagram; and regular announcements in meetings.
- During the 30-day public posting, March 24-April 24, 2017 copies of the Draft MHSA Three Year Integrated Plan FYs 2017/18 through 2019/20 were available in the following formats: Online for electronic viewing; physical copies were made available at clubhouses, clinics, and distributed at meetings upon request; copies were available for viewing at county public libraries; comment Forms were available in English and Spanish and included as part of both the electronic and hard copy versions of the plan; and thirty five (35) hard copies were provided to stakeholders.
- 383 stakeholders completed a stakeholder comment form as a result of attending the stakeholder sessions or responding to the 30-day Public Posting. Overall, 96% indicated they were satisfied, somewhat satisfied, or very satisfied with the MHSA Integrated Plan and the stakeholder process.

- 126 comment forms were received during the 30 day posting and public comment period of the draft MHSA Three Year Integrated Plan FYs 2017/18 through 2019/20. A summary of the comments includes positive feedback and support for the MHSA three year plan and the community program planning process; positive feedback and support for the prevention and early intervention programs and services supported through MHSA, especially school-based programs; support for continued and/or expanded services in remote or rural areas of the county and positive feedback about MHSA programs in general.
- A summary and analysis of stakeholder feedback and comments received and the department response have been included in the MHSA Three Year Integrated Plan FYs 2017/18 through 2019/20. No substantive changes were made.
- The next step is to ask the Commission to affirm that the stakeholder process was conducted to meet the regulations. The MHSA Three Year Integrated Plan is scheduled to be presented to the Board of Supervisors (BOS) on June 13, 2017, for approval. The MHSA Three Year Integrated Plan will be submitted to the Mental Health Services Oversight and Accountability Commission (MHSOAC) within 30 days of BOS approval.

NEW BUSINESS – ACTION ITEM(S)

Affirm the process of the MHSA Three Year Integrated Plan

APPROVED

Motion/Second: Jane Godager/ May Farr,

AYES: Ed O'Brien, Veatrice Jews, Troy Mondragon, Paul Williams, Catherine Inscore, Carol Kinzel, Sean Welsh, Michael Grabhorn

ASBSTAIN:

ABSENT: Monica Wilson, Susan McGee-Stehsel, Christopher Massa, Jennifer Spence-Carpenter, Akin Merino

OUTSIDE AGENCY REPORTS

- Victoria Hall reference the handouts available at the sign in table advertising the May is Mental Health Awareness month activities:
 - Patton State Hospital tours will continue throughout the month;
 - Directing Change is this evening in Riverside;
 - Evening with the Stars invites are going out later today. The event will take place the evening of May 31, 2017 at the Double Tree in San Bernardino.
 - Reservations for the Peer Summit are full, however you may call to be placed on the waitlist.
 - The Art Showcase has been extended through the first week of June;
 - The San Bernardino Diocese Behavioral Health Conference is taking place on May 10, 2017; 9:30-4pm in San Bernardino;
 - The Asian Pacific Islander event is taking place May 19, 2017 in the CSBHS building from 4-7pm.
- Linda Hart requested the schedule for consumers to be able to attend future public hearings and participate in the stakeholder processes specifically related to MHSA plans and updates. Michelle Dusick advised she will provide her with the information.
- Linda Hart informed attendees of the May is Mental Health Awareness Month When to Say When, The Power of Prayer event on May 30, 2017, 7-9pm, at New Light Christian Church in Fontana.

ADJOURNMENT

Meeting adjourned at 2:00 p.m.

Ed O'Brien, Co-Chair
Behavioral Health Commission

Raquel Ramos
Clerk of the Behavioral Health Commission