

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
November 2, 2017 - 12:00-2:00 pm

Commissioners Present: Monica Wilson, Ed O'Brien, Carol Kinzel, Christopher Massa Jennifer Spence-Carpenter, Paul Williams, Veatrice Jews, Troy Mondragon, Michael Grabhorn, Catherine Inscore.

Excused Absence: Sean Welsh, May Farr, Akin Merino, Jane Godager, Susan McGee-Stehsel.

Absent:

Guests: Adan Gomez, Claudia Toscano, Joyce Carota, Julie Hale, Doris Turner, Miriam Clark, Josephine Williams, Michael Schertell, Chad Vallejo, Dianne Sceranka, Wandalyne Lane, Alexis Belmonte, Idelisa Zapata, Robert Carey, Longinn Shaw, Trachanel Williams, Denisse Guieb-Ruiz, Elizabeth Natalie, Vickie Baumbach, Laura Chavez, Nathaly Beltran, Willy Quezada, Stephanie Olguin, Kevin Nolan, Wayne Henkleman, Merida Saracho, Michelle Dusick, Gayle Morrow, Mathew Steiffly, Lesford Duncan, Tina Entz, Sandra Sesma-Ramirez, Candace Armijo, Lucille Cruz, Greg Rossler, Donna Villasenor, Lorraine Armenta, Linda Hart, Angela Mazzucio, Marina Edwards, David Vaca, Christina Herbst, Katie Burnstead, Sally Mitchell, Karen Cervantes, Kerry McLaughlin, Chanteil Guy, Mary Sanchez, Lemis Edwin, Hanna Keith, Georgina Yoshioka, Nancy Olsen, M. Oliver, Tracy Bomberger, John Labog, Sheena Felix, Linda-Marie Griffey, Zakiya Otis, Marina Espinosa, Heather Granger, Victoria Hall, Claudia Silva, Carl Mascarella, Angel Garcia-Gratis, Carol Atkins, Glenda Jackson, Robyn Watson, Paul Angelini, Connie Stringfallow, Jeremy Saquist.

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

CALL TO ORDER AND INTRODUCTIONS

Chair, Monica Wilson called the meeting to order at 12:02 p.m. and led the Pledge of Allegiance; self-introductions followed.

CULTURAL COMPETENCY AWARD OF EXCELLENCE

Lesford Duncan presented the Cultural Competency Award of Excellence to Wandalyne Lane of Stars, Incorporated. Ms. Lane was nominated by Sue Abito and voted on by the Cultural Competency Advisory Committee members, for her outstanding work teaching, mentoring, and making a difference in the lives of underprivileged and under-served African American youth.

Tab 6: Review Minutes of 10/5/2017.

APPROVED

Motion/Second: Jennifer Spence-Carpenter / Michael Grabhorn.

AYES: Monica Wilson, Christopher Massa, Ed O'Brien, Carol Kinzel, Paul Williams, Veatrice Jews Troy Mondragon.

ASBSTAIN: Catherine Inscore.

ABSENT: Susan McGee-Stehsel May Farr, Sean Welsh, Akin Merino, Jane Godager.

PUBLIC COMMENTS

Linda Hart of the African American Mental Health Coalition (AAMHC) provided public comment regarding an award and request. She read from the nomination the AAMHC received for Non-Profit of the Year. The nomination acknowledged that the AAMHC provided continuous work in the community toward prevention and early intervention. Linda advised that this meeting will mark her third appearance requesting to be a part of the evaluation committee and that she plans to request data related to the African American population.

CHAIRPERSON'S REPORT

Chair Monica Wilson reported she attended the Rancho Cucamonga Mental Health Subcommittee meeting. This subcommittee is supporting the city of Rancho Cucamonga in prioritizing community engagement and highlighting the needs of the community

regarding behavioral health. Chair Wilson advised the group that she is part of the California Mental Health Planning Council Advocacy Committee. This committee addresses public policy issues related to the access to and effectiveness of behavioral health programs and works to public behavioral health awareness. She is very excited to continue to provide updates on this committee's progress and promote upcoming events. The Adult Residential Facility Stakeholder Engagement meeting is taking place on Tuesday, December 5, 2017 at this same location, 1:00-4:00pm. Both she and Director, Veronica Kelley are participating in this community event.

COMMISSIONERS' REPORT

First District:

Commissioner Paul Williams commended Commissioner May Farr for her assistance in establishing the new National Alliance on Mental Illness (NAMI) chapter to the High Desert. He just completed the Family to Family third cohort and will continue to provide updates on progress.

Commissioner Michael Grabhorn acknowledged the public comment made by Ms. Hart and agreed to provide the information she requested. He advised the group that he has been learning about Vivitrol and its uses for opioid addiction, this is a program that is currently provided at the Barstow Clinic. He acknowledged Matt at Moses House for donating his time and serviced toward developing software to extract data to assist with grant writing. He attended the Older Adult Awareness Cultural Competency Advisory Committee (CCAC) Subcommittee and has been meeting with Sue Abito regarding the volunteer program at the Department of Behavioral Health (DBH).

Vice Chair Ed O'Brien thanked those involved in the Data Notebook this year. He expressed curiosity on an upcoming presentation regarding Housing taking place at a future meeting.

Second District:

Commissioner Carol Kinzel shared the San Bernardino County Homeless partnered with the Mountain Homeless Coalition to sponsor Project Connect on October 12. She is working with the Rim Communities Resource Network to plan for the upcoming resource fair taking place May 19, 2018. The Crestline/Lake Gregory Rotary is preparing a Thanksgiving Dinner for 500 at the San Moritz lodge on Thanksgiving Day for those that don't have a place to go.

Third District:

Commissioner Cathy Inscore is working in her community to support those in grief this holiday season.

Commissioner Christopher Massa attended the NAMI Walk in Hemet. He is speaking at the upcoming District Advisory meeting in Redlands regarding skills for coping with stress. He is also attending ongoing CCAC Consumer and Family Member Awareness subcommittee meetings. He reminded the audience of the upcoming BHC Annual Award Ceremony, December 7.

Commissioner Troy Mondragon attended the NAMI Walk in Hemet. He shared that he was acknowledged at the Seeds of Hope event hosted by the Loma Linda University Medical Center. He thanked students for attending today's Commission meeting.

Fourth District:

Commissioner Jennifer Spence-Carpenter is helping seniors sign up for Medicare plans.

Fifth District:

Commissioner Veatrice Jews attended the DAC meeting where they discussed Innovations funded programs. She attended the CCAC African American Subcommittee.

Tab 7: SUBJECT MATTER PRESENTATION: Aging and Adult Services, The Office of the Public Guardian

Presenter: Glenda Jackson, Chief Public Guardian and Jaqueline Carey-Wilson, Deputy County Counsel

The Office of the Public Guardian is a San Bernardino County office that acts as conservator, as ordered by the California Superior Court, of individuals who are one of more of the following: Gravely disabled due to mental disorder, Lack the capacity to manage their financial affairs, and/or unable to attend to their own care.

- Public conservatorship is the last resort and is ordered only when there is no relative, friend or private conservator able or willing to fulfill this function.
- The goal of the Office of the Public Guardian is to ensure the safety, both financially and physically, of incompetent and mentally disabled persons, who meet the criteria for conservatorship, as required by law, when there is no viable alternatives to public conservatorship.
- The framework for the Office of the Public Guardian is built upon the State of California Probate Codes. The duties of this office are congruent with the laws set forth in the Probate Code. A Deputy for the Office of the Public Guardian is a duly sworn officer of the Superior Court of California. Deputies act on behalf of persons who are unable to manage their own affairs.
- Routine and customary duties of the Deputy Public Guardian include, but are not limited to: case management, placement and consent to treatment, payment of liabilities, marshalling of assets, inventory and appraisal, burial provisions and services and court accountings.
- A comprehensive assessment of each Conservatee, with concern of the total person, is conducted by the Office of the Public Guardian. The assessment includes but is not limited to the following: medical and behavioral health, physical and environmental condition, level of care, facility or residence, activities of daily living, support systems, financial status, and conservatee requests.
- The Office of the Public Guardian manages two distinct types of conservatorships: Probate conservatorships and Lanterman-Petris-Short (LPS) conservatorships.
 - A probate conservator may be appointed for the person or the estate, or both, by anyone who voluntarily requests such for good cause. The person, for anyone who is unable to provide for his/her physical health, food, clothing, or shelter. The estate, for anyone who is unable to manage his/her own financial resources or resist fraud or undue influence.
 - A petition for the appointment of a conservator may be filed by any of the following: the proposed Conservatee; the spouse or domestic partner of the proposed Conservatee; a relative of the proposed Conservatee; Any interested state or local entity or agency of this state or any interested public officer or employee of this state or of a local public entity of this state; or any other interested person or friend of the proposed Conservatee.
- Dementia powers are special powers granted to a probate conservator by the Court for Conservatees with dementia. A Capacity Declaration must be completed by a physician who documents the need for the dementia powers of placement and medication. The probate conservator is granted the power to authorize medications appropriate for the care and treatment of dementia; place the Conservatee in a secured perimeter Residential Care Facility for the Elderly (RCFE) or Skilled Nursing Facility (SNF).
- A petition for a conservatorship under Welfare and Institutions Code (WIC) section 5350 can only be initiated by the officer providing conservatorship investigations for the County.
- When a professional in charge of an agency providing comprehensive evaluation or a facility providing intensive treatment determines that a person in his care is gravely disabled as a result of a mental disorder or impairment by chronic alcoholism and is unwilling to accept, or incapable of accepting, treatment voluntarily, a recommendation for conservatorship may be made to the officer providing the conservatorship investigation of the county of residence of the person prior to his admission as a patient in such a facility.
- If the officer providing the conservatorship investigation concurs with the recommendation, the officer shall petition the Superior Court of California in the county of residence of the individual to establish conservatorship.
- The LPS Conservatorship Unit receives referrals from the following agencies: Loma Linda University Medical Center (LLUMC), Arrowhead Regional Medical Center (ARMC), San Bernardino Community Hospital, Veteran's Hospital in Loma

Linda, Redlands Community Hospital, Metropolitan State Hospital, Patton State Hospital, Napa State Hospital, and/or Canyon Ridge.

- Mental illness commonly resulting in conservatorship: Schizophrenia, Bi-Polar Disorder (Manic Depression), Schizo-affective Disorder, Clinical Depression, Obsessive Compulsive Disorder, The proposed Conservatee has the right to a jury trial on the issue of whether he/she is gravely disabled. Whether a person is gravely disabled under WIC 5350 must be proven beyond a reasonable doubt.
- Once the conservatorship is established, the Court may impose the following disabilities on the LPS Conservatee: The privilege of possessing a license to operate a motor vehicle; The right to enter into contracts; The disqualification to vote; The right to refuse or consent to routine medical treatment; and The right to own or possess a firearm.
- The conservator must place the LPS Conservatee in the least restrictive placement. The conservator is permitted to place the Conservatee in a locked psychiatric unit or state hospital; and receive treatment related specifically to remedying or preventing the recurrence of the Conservatee's being gravely disabled, including administration of anti-psychotropic medication.
- LPS Conservatees have a right to one rehearing on the issue of grave disability; LPS conservatorship terminate by operation of law after one year unless reestablished; Reestablishments require the opinion of two physicians or licensed psychologists who have a doctoral degree in psychology and at least five years of postgraduate experience in the diagnosis and treatment of mental disorders. Appointment of the Public Guardian is the last resort. All viable alternatives must be explored prior to Superior Court appointment of the Public Guardian for either a probate or a LPS conservatorship.

Tab 8: DATA NOTEBOOK PRESENTATION

Presenters: Marina Espinosa, Georgina Yoshioka, Christina Entz.

The Data Notebook is designed to Assist local boards to meet their legal mandates to review the local county mental health services and report on performance every year; Function as an educational resource about mental health data for local boards; and Enable the California Mental Health Planning Council (CMHPC) to fulfill its mandate to review and report on the public mental health system in our state.

- The theme for the 2017 Data Notebook was the Older Adult System of Care, challenges and barriers to services for older adults; the older adult continuum of care, and supports for older adults as caregivers, as well as Peer Counselors and Health Navigators.
- Geographic isolation and related transportation challenges are primary barriers to accessing services in San Bernardino County.
- DBH is currently planning for an Older Adult Continuum of Care including the following programs: Centralized Hospital Aftercare Services, Integrated Healthcare, Partnerships, including the Department of Aging and Adult Services (DAAS), Substance Use Disorder and Recovery Services, Older Adults Awareness Subcommittee and Prevention and Early Intervention.
- Centralized Hospital Aftercare Services include: Age Wise I: Circle of Care-OAI (a Partnership with the Department of Aging and Adult Services), Age Wise II: Mobile Outreach-OA2 (increased access to the High Desert regions), and permanent housing developments: Vintage at Kendall, Magnolia at 9th, Lillian Court, and Horizons at Yucaipa.
- Integrated Healthcare include Building Bridges (partnerships with providers across the continuum of care) and the Behavioral Health Integration Complex Care Initiative (partnership with the office of the public guardian to serve conservatees).
- DBH also coordinates services through DAAS: Senior Centers, Transportation, Health Insurance Counseling and Advocacy Program, Care Coordination, Senior Information and Assistance Program, Multipurpose Senior Services Program, Senior Supportive Services, Long Term Care Ombudsman, Family Caregiver Support Program, Senior Community Service Employment Program and Office of Public Guardian.
- The Organized Delivery System Waiver will include Withdrawal Management (Detoxification) Services, Medication Assisted Treatment and Recovery Support Services for the older adult population.
- The newest subcommittee of the CCAC is the Older Adults Awareness Subcommittee. Goals of this subcommittee include: increase awareness of behavioral health services for older adults through the identification and development of a resource guide to be dispersed; increase accessibility of behavioral health services for older adults by engaging local and community

based providers to collaborate and encourage participation in education and treatment and reduce the stigma of seeking behavioral health services for older adults through the facilitation of communication, coordination of services, and education to the community.

- Prevention and Early Intervention services for the older adult population include: Older Adult Suicide Prevention, Older Adult Mobile Resource Unit, Older Adult Wellness Services, Older Adult Home Safety, and Promotores de Salud/Community Health Workers.

DIRECTOR'S REPORT

Deputy Director, Michael Schertell attended on behalf of Director Veronica Kelley. Due to the limited amount of time available on the agenda, he chose not to provide a director's report.

NEW BUSINESS – ACTION ITEM(S)

- Identify Commissioner to Prepare Presentation Findings:
Commissioner Ed O'Brien will prepare the findings from today's Subject Matter Presentation to be reviewed during the next BHC Executive Session.

APPROVED

Motion/Second: Christopher Massa/ Jennifer Spence-Carpenter

AYES: Monica Wilson, Ed O'Brien, Carol Kinzel, Paul Williams, Veatrice Jews Troy Mondragon, Catherine Inscore.

ASBSTAIN:

ABSENT: Susan McGee-Stehsel May Farr, Sean Welsh, Akin Merino, Jane Godager.

- **Tab 10:** Present the 2018 Slate of Officers

Commissioner Christopher Massa presented the 2018 slate of prospective officers:

- Chair – Monica Wilson
- Vice Chair – Ed O'Brien
- Secretary – May Farr, Veatrice Jews
- Treasurer - Veatrice Jews

OUTSIDE AGENCY REPORTS

- Lesford Duncan shared on November 14 the Native American Heritage Month celebration takes place. Flyers are available at the sign in table.
- Saturday, November 4, Valley Star is hosting their Annual Resource Fair at 1585 S. E. Street in San Bernardino, from 10-2pm. All are welcome to attend.

ADJOURNMENT

Meeting adjourned at 2:00 p.m.

Monica Wilson, Chair
Behavioral Health Commission

Raquel Ramos
Clerk of the Behavioral Health Commission