

Whether it's a problem with alcohol or drugs, we are here to help.

San Bernardino County Department of Behavioral Health (DBH) Substance Use Disorder and Recovery Services (SUDRS) provides a full range of substance use disorder treatment services for San Bernardino County communities and residents.

We have different treatment options designed to provide the necessary services to help move people toward the road to recovery. We offer everything from residential treatment to outpatient services. We also link people to resources and recovery centers where people can enjoy drug free activities.

In this brochure, you will find more information on DBH SUDRS services. For access to any of these services or if you

have any questions, please contact us at (800) 968-2636 or (909) 386-9740 for assistance.



**Promoting Wellness,
Recovery and Resilience**

DBH Substance Use Disorder
and Recovery Services Administration
621 E. Carnegie Dr., Suite 210
San Bernardino, CA 92415
(800) 968-2636
(909) 386-9740
Fax (909) 381-2172

For 24/7 access to behavioral health and
substance use disorder services call
DBH's Access Unit at
(888) 743-1478 or (909) 386-8256
In an EMERGENCY, call 9-1-1.

*TTY users, please dial 7-1-1
for all phone numbers listed.*

SBCounty.gov/DBH



Substance Use Disorder and Recovery Services (SUDRS)



Behavioral Health

DBH SUDRS Services Overview

DBH SUDRS provides a variety of substance use disorder services to:

- Adults aged 18 and over.
- Youth aged 12 through 17.

Priority admission to substance use disorder treatment is given to, in the following order:

1. Pregnant injecting drug users.
2. Pregnant substance abuser.
3. Injecting drug users.
4. All others who need treatment.

Services are available to all County residents regardless of race, religion, gender, sexual orientation or disability, including chronic illness or HIV.

The cost of treatment is based on a sliding scale fee. Medi-Cal and other public assistance funding may pay for some of the treatment. If you do not have a referral and do not have Medi-Cal, please contact us so we can assist you.



DBH SUDRS offers the following treatment services:

- Withdrawal Management (Detoxification)
- Residential Treatment
- Outpatient Treatment
- Intensive Outpatient Treatment
- Perinatal Treatment
- Narcotic Treatment Program
- Youth Treatment

Services within these treatment options include:

- Individualized Treatment Plans
- Individual/Group/Family Therapy
- Case Management
- Crisis Intervention Services
- Educational Components
- Referrals to other services

Additional DBH SUDRS services offered by referral include:

- CalWORKs Mental Health Treatment Services
- CalWORKs Substance Use Disorder Treatment Services
- CalWORKs Family Stabilization
- CalWORKs Life Skills
- Case Management for the No Child Left Unsheltered Program and the Veterans Housing Program
- Ready To Rent

If you would like more information on any of these services or programs, please call DBH SUDRS at (800) 968-2636 or (909) 386-9740

Recovery Centers are also available to individuals in the community as a service center whose primary purpose is to support recovery efforts from substance use disorders of persons in the community.

These centers can offer:

- Self-Help Groups
- Social Activities
- Parenting Education
- Educational Groups; Life Skills, Family Support, Aftercare, Anger Management, Smoking Cessation.

For a complete list of locations, call DBH SUDRS Administration at (800) 968-2636.



San Bernardino County currently has several **Friday Night Live (FNL)** and **Club Live (CL)** prevention programs. FNL, designed for high school aged youth, and CL, designed for middle school age youth, offer youth an opportunity to connect with others in their school and community through fun, skill building activities and caring relationships in environments free of alcohol, drugs, tobacco and violence. To find a local FNL/CL chapter visit www.fridaynightlive.org.