Adult Residential Facilities and Treatment Services

Dr. Georgina Yoshioka, DSW, LCSW, MBA
Deputy Director, 24 Hour & Emergency Services

Christina Entz, LCSW
Program Manager II, Centralized Hospital Aftercare Services

Nancy Olsen, LCSW
Senior Program Manager, 24 Hour & Emergency Services
Agenda

- Continuum of Care Housing Options in Adult Residential Services
- Department of Behavioral Health –
  - Long Term Care
  - Adult Residential Services
- Crisis Residential Treatment facilities (CRTs)
- Question/Answer Period (15 min.)
Continuum of Care Housing Options – Levels of Care

Least Restrictive vs. Most Restrictive

Unlocked Community Facilities
- Emergency/Temporary Shelters and Non-Contracted Room & Boards
- Board & Care (B&C)-Adult Residential Facility (ARF)
- Enhanced Adult Residential Facility (ARF)
- Social Rehabilitation Facility
- Crisis Residential Treatment (CRT)
- Skilled Nursing Facility (SNF)

Locked Facilities
- Skilled Nursing Facility (SNF)
- Institute for Mental Disease (IMD)
- Mental Health Rehabilitation Center (MHRC) – Enhanced IMD
- State Hospital
Unlocked Community Facilities

- Adult Residential Facility (ARF)
- Enhanced Adult Residential Facility (ARF)
- Social Rehabilitation Facility
Adult Residential Facility (ARF) Comparison

Adult Residential Facility (ARF)
- Title 22
- Intellectual Disability
- Adult Mentally Ill
- Hospice

Enhanced Adult Residential Facility (ARF)
- Title 22
- Orchid Court (30 beds)
  - Premier (10 beds)
  - Enhanced (20 beds)
- Ann Sippi Clinic (ASC) Treatment (5 beds)
- State Hospital Releases
Enhanced Adult Residential Facility Services include:

- Residential Board & Care Services – meals, laundry facilities, access to phones/outside communication and health/personal services;
- Provide for special dietary needs and diets;
- Provide for any special medical needs, including diabetes, etc.;
- Assist consumers in planning, arranging and transporting to appointments;
- Assist in completion of applications for entitlements;
- Provide a minimum of four (4) social education classes/groups per week;
- Medication Support; and
- Deaf/Hearing Impaired Services, when applicable.
Enhanced Adult Residential Facility Contracts

Orchid Court
307 S. Arrowhead Ave., San Bernardino

- 24/7 residential enhanced services to individuals living with a behavioral health condition who are ready to be transitioned from acute psychiatric facilities or a locked adult residential facility back into the community.

- 30 Total Beds
  - 20 Beds Enhanced – Consumers ages 18-59 discharged from locked facilities requiring additional supervision for behaviors preventing them from lower level of care placement.
  - 10 Beds Premier – Consumers ages 18-30 diagnosed with first episode psychosis.
Orchid Court
Contract Success Fiscal Year 2016/17

- 36 consumers participated in Enhanced Program:
  - 50% had been discharged from long term, locked adult psychiatric facilities.
  - 100% consumers who had been referred to Social Security Administration received their entitlements.
  - 100% did not return to locked psychiatric facility within 90 days.

- 14 consumers participated in Premier Program:
  - Only 1 had an acute psychiatric episode within the first 60 days.
Ann Sippi Clinic (ASC) Treatment Group
2457 Endicott St., Los Angeles

- 24/7 residential enhanced services to individuals living with a behavioral health condition who are ready to be transitioned from acute facilities back into the community.

- Up to 5 Beds for consumers ages 18-59
  - This facility specializes in young adult consumers, with programing that is age appropriate. The behavior, impulsivity and aggressiveness of referred clients, pose a challenge to meet their psychiatric and basic needs, which creates a risk to the community and even to themselves, if unattended.

- 6 consumers currently placed and making positive progress towards their individual care plan.
Helping Hearts – Social Rehabilitation Model

Unlocked residential treatment facilities offering a stable, structured treatment program in a community setting for individuals suffering from a behavioral health condition.

- Colton Site (6 beds) – Long Term
- Ontario Site (10 beds) - Transitional
- San Bernardino Site (10 beds) – Long Term
- Victorville Site (10 beds) – Scheduled to open 2/2018
- 5th Site (10 beds) – In progress
Helping Hearts Services

Services include:

Housing and behavioral health services in the least restrictive, home-like setting within the community to facilitate reintegration:

- Residential Services, including lodging, food and access to outside communications;
- Assessment and Evaluation;
- Plan Development;
- Crisis Intervention;
- Psychotherapy;
- Psychoeducation;
- Psychosocial rehabilitation;
- Case Management, including ADLs; and
- Transportation.
## Helping Hearts
### Contract Success Fiscal Year 2016/17

<table>
<thead>
<tr>
<th>Homes and Types</th>
<th>Projected # to be Served</th>
<th>Actual # Served</th>
<th>Average Length of Stay (Days)</th>
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<tbody>
<tr>
<td>Colton-Visconti</td>
<td>24</td>
<td>19</td>
<td>203</td>
</tr>
<tr>
<td>Ontario-Euclid</td>
<td>20</td>
<td>28</td>
<td>96</td>
</tr>
<tr>
<td>San Bernardino - Kern – Opened: 5/22/17</td>
<td>9</td>
<td>11</td>
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<tr>
<td>Total:</td>
<td>53</td>
<td>58</td>
<td>N/A</td>
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</table>
Locked Facilities

- Skilled Nursing Facility (SNF)
- Institute for Mental Disease (IMD)
- Mental Health Rehabilitation Center (MHRC) – Enhanced IMD
- State Hospital
Locked Skilled Nursing Facility (SNF)

Skilled Nursing Facility (SNF)

- Serves as an alternative to State Hospitals when lower level of care is appropriate.
- Specializes in serving persistently mentally ill clients who have critical medical issues.
- Contain medical and psychiatric components that provide programs of organized therapeutic activities designed to promote daily living and social skills.
Locked Skilled Nursing Facility (SNF)

3 Levels of Care

A
• Lowest Level.
• Frequent behavioral problems, including poor behavior controls, frequent severe mood fluctuations and with psychotic symptoms.

B
• Consumers requiring significantly enhanced care beyond Level A.
• Medications watched closely and changed frequently due to changing needs and conditions; Individual behavior modification programs often established; one-to-one escort to outside appointments.

C
• Consumers requiring supervision and extra treatment and attention requiring more staff participation.
• Consumer requires private room and/or one-to-one supervision; acutely psychotic and at risk of becoming danger to self or others.
CA Locations

- **Crestwood Behavioral Health:**
  - Crestwood Manor, Fremont
  - Crestwood Behavioral Health Center, Bakersfield
  - Crestwood Treatment Center, Fremont

- **Helios Healthcare:**
  - Idylwood Care Center, Sunnyvale

- **Generations Healthcare of Lakeside:**
  - Lakeside

Fiscal Year 2015/16 Outcomes

- Between all three facilities, 36 unduplicated consumers provided medical and psychiatric services at a lower cost than placements in acute psychiatric facilities.
Institute For Mental Disease (IMD)

Licensed long term, locked facilities that are specialized in providing programs of organized therapeutic activities which are designed to promote improved functionality in daily living and social skills.

Serves:
- Consumers, ages 18-64, whose functioning is too low to be maintained in a board and care or enhanced board and care facility.

Services Include:
- Psychiatric services, treatment, and support with specialized training;
- Medication management;
- Crisis Intervention; and
- Discharge Planning.
IMD Contracts

CA Locations
• Sierra Vista – Highland
• Shandin Hills – San Bernardino
• Vista Pacifica – Riverside
• Sylmar – Sylmar

Fiscal Year 2014/15 Outcomes
• 68 individuals throughout the four providers
Mental Health Rehabilitation Center Contract

- Locked, long term residential facilities categorized as an Institute of Mental Disease (IMD), providing services to consumers who suffer from a severe and chronic behavioral health condition and whose functioning is too low to be maintained in a licensed board and care facility, including augmented board and care.

- DBH is in the process of contracting with Crestwood Behavioral Health for the following:
  - 2 Locations:
    - City of Fallbrook – Coming Soon
    - City of Bakersfield
Mental Health Rehabilitation Center (MHRC)

Target Population
Serving adults, age 18 to 65, specializing in providing comprehensive organized therapeutic activities,

Services
Skill building,
Small therapy groups,
Individual therapy,
Physical and recreational activities,
and
Various types of supervised outings to promote improved functionality in daily living and social skills

Outcome
Preparing the individual to return to a less structured facility, when appropriate, such as a licensed board and care with augmented services.

MHRCs create an opportunity for continued stabilization as a step-down from an acute psychiatric hospital setting.
State Hospitals Contract

State Hospitals

Highest Level of Care

Consumers who:
- Meet level of care
- Have been denied IMDs
- Committed pursuant to sections of the Penal Code and WIC or who are found to be incompetent to stand trial
State Hospitals

• 3 Locations:
  • Metropolitan State Hospital:
    • Acute Care,
    • Sub-Acute,
    • Psychiatric Rehabilitation.
  • Napa State Hospital
  • Patton State Hospital
    • Sub-Acute behavioral health care and treatment to forensic and civilly committed patients in need of a structured, secure environment.
IMD vs. State Hospital

- Doctor/Treatment Team determines level of placement based upon medical necessity.

- IMD – First Level of Placement.

- State Hospital – If denied from IMD’s and medical necessity exits for this level of care.
Community Treatment Services

Department of Behavioral Health – Long Term Care Unit and Adult Residential Services
Long Term Care Unit

Monitors, evaluates, and provides case management preparing consumers for transition into community settings.

Serves:

• Consumers ages 18-64.
• Acts as gatekeeper for Locked Facilities (IMDs, SNFs, MHRCs), State Hospitals, and contracted enhanced Adult Residential Facilities.
• Includes referral, interview process, referrals to placement, monitoring while waitlisted.
Community Treatment Services

DBH – Adult Residential Services (ARS)

Clinical case managers providing behavioral health case management services to those consumers requiring continued support to maintain stability in placement in a community setting.

- Orchid Court- including the enhanced level and basic level;
- Ann Sippi;
- Other licensed Adult Residential Facilities (ARF);
- Medication Support;
- Full Service Partnership (FSP)-Field-based services;
- Assertive Community Treatment (ACT) / Members Assertive Program Solution (MAPS).
Unlocked Community Facilities

• Voluntary Crisis Residential Treatment (CRT)
**Senate Bill 82**

**SB 82 – Investment in Mental Health Wellness Act of 2013:**

A competitive grant program for the purpose of developing mental health crisis support programs.

- Expand the continuum of care;
- Increase access to crisis services;
- Offer stability in the least restrictive environment;
- Assistance in navigating the behavioral health system of care;
- Reduce hospital and jail recidivism; and
- Reduce expenditures for law enforcement and hospitals.
Crisis Residential Treatment (CRT) Contract

Short Term Crisis Residential Program

• Recovery-based services in a home-like environment.

• Crisis Stabilization services up to 90 days.

• Voluntary facility for individuals ages 18-59.

• Positive, temporary alternative to inpatient hospitalization.

CA Locations

• Casa Paseo Center (16 beds) – San Bernardino

• Desert Hill Center (16 beds) – Victorville

• Wellspring Center (16 beds) – Fontana

• Morongo Oasis Center (10 beds with option to expand to 16) – Joshua Tree
## CRT Services

Services provided to consumers:
- Psychiatric and medication support;
- Comprehensive clinical assessments;
- Individual & group therapy;
- Life skills coaching;
- Peer and family support networks;
- Coping techniques;
- Community resource linkages; and
- Assistance with finding stabilized permanent housing.

- 24/7 Operation
- DBH co-located Clinical Therapist I assists with placement and discharge planning.
Referrals

Law Enforcement

DBH Community Crisis Response Teams

Other County Medical Clinics

LPS and non LPS Hospital Emergency Departments

Family Friends

DBH Outpatient Clinics

Self

Community Emergency Responders

CRT
Crisis Residential Treatment
San Bernardino
Casa Paseo Center

COMPLETED
Casa Paseo Center
Casa Paseo Center – Family Room
Casa Paseo Center – Dining Room Area
## Casa Paseo Center
### Opened 9/15/17

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<tr>
<th>Referral Tracking</th>
<th>Total Assessed</th>
<th># Accepted</th>
<th># Denied</th>
<th>Denial Reason</th>
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<tr>
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<td>25</td>
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<tr>
<td>DBH Clinics/Programs</td>
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<td>2</td>
<td>0</td>
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<tr>
<td>Community Agency</td>
<td>7</td>
<td>7</td>
<td>0</td>
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<tr>
<td>Law Enforcement</td>
<td>1</td>
<td>1</td>
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<tr>
<td>Self-Referral</td>
<td>14</td>
<td>12</td>
<td>2</td>
<td>One did not meet criteria. One declined after offered admission.</td>
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<td>Health Plan (IEHP/Molina)</td>
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<td></td>
<td></td>
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<tr>
<td>Other (explain in notes)</td>
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<td></td>
<td></td>
<td></td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>49</strong></td>
<td><strong>47</strong></td>
<td><strong>2</strong></td>
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<table>
<thead>
<tr>
<th>Month</th>
<th>% Occupied</th>
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<tbody>
<tr>
<td>September Opened 9/15</td>
<td>88%</td>
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<tr>
<td>October</td>
<td>94%</td>
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<tr>
<td>November</td>
<td>100%</td>
</tr>
<tr>
<td>December</td>
<td>97%</td>
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Casa Paseo Center
Discharge Disposition

• Home
• Back to families
• Board & Care
• Room & Board
• Linking to outpatient resources
• Substance Use Disorder Residential
• Other services on the continuum of care
**Questions?**

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<tr>
<th>For questions regarding the Adult Residential Services:</th>
<th>For questions regarding the Crisis Residential Treatment facilities:</th>
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<tbody>
<tr>
<td>Tina Entz, Program Manager II&lt;br&gt;Centralized Hospital Aftercare Services&lt;br&gt;(909) 421-9435&lt;br&gt;<a href="mailto:centz@dbh.sbcounty.gov">centz@dbh.sbcounty.gov</a></td>
<td>Dr. Georgina Yoshioka, Deputy Director&lt;br&gt;24 Hour and Emergency Services&lt;br&gt;(909) 388-0815&lt;br&gt;<a href="mailto:georgina.yoshioka@dbh.sbcounty.gov">georgina.yoshioka@dbh.sbcounty.gov</a></td>
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<td>Jennifer Pacheco, Program Manager I&lt;br&gt;Centralized Hospital Aftercare Services&lt;br&gt;(909) 421-9435&lt;br&gt;<a href="mailto:jpacheco@dbh.sbcounty.gov">jpacheco@dbh.sbcounty.gov</a></td>
<td>Nancy Olsen, Senior Program Manager&lt;br&gt;24 Hour and Emergency Services&lt;br&gt;(909) 388-0886&lt;br&gt;<a href="mailto:nolsen@dbh.sbcounty.com">nolsen@dbh.sbcounty.com</a></td>
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Questions?