

MINUTES  
San Bernardino County  
**BEHAVIORAL HEALTH COMMISSION MEETING**  
July 5, 2018 - 12:00-2:00 pm

**Commissioners Present:** Monica Wilson, Catherine Inscore, Jennifer Spence-Carpenter, Jane Godager, Veatrice Jews, Carol Kinzel, May Farr, Akin Merino.

**Excused Absence:** Susan McGee-Stehsel, Lorrie Denson, Michael Grabhorn, Troy Mondragon.

**Absent:** Christopher Massa.

**Guests:** Ana Carillo, Adan Gomez, Christina Entz, Michael Knight, Hanna Keith, Nancy Olsen, Jessica Cuevas, Julie Hale, Jamesia Brown, Linda-Marie Griffin, Sonia Rubio, DeAndrea Porch, Wayne Henkleman, Lora Cooke-Channer, Jon Buffong, Michelle Dusick, Frank Rios, M. Oliver, Rene Keres, Josh Taylor, Gil Navarro, Cintya Alcaraz, Nick De Rose, Kevin McHaney, Victor Suarez, Allison Cunningham, Zakiya Otis, Melissa Holcombe, Teresa Morrell, Rachel Cierpich.

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

**CALL TO ORDER PLEDGE OF ALLEGIANCE AND INTRODUCTIONS**

Chair, Dr. Monica Wilson called the meeting to order at 12:05 p.m. and led the Pledge of Allegiance; self-introductions followed.

**Tab 5:** Review Minutes of 5/3/2018.

**APPROVED**

Motion/Second: Akin Merino/ May Farr

AYES: Monica Wilson, Jennifer Spence-Carpenter, Jane Godager, Veatrice Jews

ASBSTAIN: Carol Kinzel, Catherine Inscore

ABSENT: Susan McGee-Stehsel, Lorrie Denson, Michael Grabhorn, Troy Mondragon, Christopher Massa

**Tab 6:** Review Minutes of 6/7/2018.

**APPROVED**

Motion/Second: Veatrice Jews/ May Farr

AYES: Catherine Inscore, Jennifer Spence-Carpenter, Jane Godager, Carol Kinzel

ASBSTAIN: Akin Merino, Monica Wilson

ABSENT: Susan McGee-Stehsel, Lorrie Denson, Michael Grabhorn, Troy Mondragon, Christopher Massa

**PUBLIC COMMENTS**

Gil Navarro, President of the California Parents Association, provided comment on student trends in the last five years. He has noticed underlying issues with mental health and parents not wanting to discuss or acknowledge. Many female students are facing mental health issues. In certain cultures females are not considered significant. He attempts to empower all students to become successful. He also commended Deputy Director, Michael Schertell for his advocacy over the years. He has helped students and families. He recently assisted on an issue with a waiting list at a charter school. He was able to make sure a young man received services in a timely manner. He also recommended Department of Behavioral Health (DBH) review contracts periodically.

**CHAIRPERSON'S REPORT**

Chair, Monica Wilson provided a brief report of her activities. She attended the California Behavioral Health Planning Council meeting where the focus was cultural responsiveness and sensitivity. She acknowledged the importance of DBH's Office of Cultural Competence and Ethnic Services and advised the group that the 2018 Cultural Competence Summit is taking place October 23-24, 2018 in Riverside. She presented at the Health Innovation conference and plans to attend the Southern Region Student Wellness Conference in Palm Desert. She is also continuing to provide Mental Health First Aid training throughout the month of August.

## **COMMISSIONERS' REPORT**

### **First District:**

No Commissioners present from the First District.

### **Second District:**

Commissioner Carol Kinzel attended the Mountain Homeless Coalition meeting on June 12, 2018. The Rim Communities for Youth Committee meeting also took place June 12, 2018, followed by the Rim Communities Resource Network meeting on June 13 then the Second District DAC meeting on June 14. She encouraged attendees to come to the Game of Skate event taking place the third Thursday of the month through October.

Commissioner May Farr attended the National Alliance on Mental Illness (NAMI) conference in Monterrey May 31-June 1. She encouraged attendees to attend the DAC meetings. Increasing attendance to all DACs is important. She also attended the California Behavioral Health Planning Council in Los Angeles, June 20-22, 2018.

### **Third District:**

Commissioner Catherine Inscore is becoming a trainer for Mental Health First Aid. She met with Deputy Director's Andrew Gruchy and Dr. Georgina Yoshioka regarding the delivery of DBH services in the Morongo Basin Area. She advised the meeting was productive, however more meetings are needed.

### **Fourth District:**

Commissioner Dr. Akin Merino discussed her philosophy on Mental Health. Over the past month she spoke at several international youth conferences. She assisted a family in Rancho Cucamonga by connecting them to services for addiction with the hopes of family reunification. She plans to attend next month's Fourth District DAC and the Southern Region Student Wellness Conference in Palm Desert at the end of July.

Commissioner Jennifer Spence Carpenter attended the Fourth District meet and greet meeting hosted by Supervisor Hagman's office. She is continuing her webinars with the Betty Ford clinic. The next webinar is titled "When the Opioid Epidemic Hits Home." The June webinar she completed was titled "The Truth About Cannabis." She plans to bring statistics to the next meeting.

### **Fifth District:**

Commissioner Veatrice Jews attended the most recent Fifth District DAC meeting and the Community Policy Advisory Committee meeting. She is continuing her training with Sisters Mentally Mobilized Project.

Commissioner Jane Ann Godager informed her group of the advocacy work she is involved in with the local animal shelter. The closure has been delayed a year. She also attended Evening with the Stars.

## **Tab 6: SUBJECT MATTER PRESENTATION: Prevention and Intervention Supports for Youth, Supporting Youth Wellness, a Collaborative Approach**

Presenters: John Juniper, Positive Behavioral Interventions and Supports (PBIS); La Tanya Grier, PBIS; Michelle Dusick, DBH; Sonia Rubio; DBH.

- At the end of this presentation attendees will be able to describe the current continuum of care for children and youth; explain how a current collaboration is creating support for positive learning environments for children and youth; and share information on current and future program enhancements.
- The Mental Health Services Act (MHSA), Proposition 63, was passed by California voters November 2004 and went into effect in January 2005. The MHSA provides increased funding for mental health programs across the State and is funded by a 1% tax surcharge on personal income over \$1 million per year. As these taxes are paid, fluctuations impact fiscal projections and available funding.
- MHSA is intended to create a culturally competent system that promotes recovery/wellness for adults and older adults with severe mental illness and resiliency for children with serious emotional disorders and their families.

- Components of MHSA include: Community Services and Supports (CSS), Prevention and Early Intervention (PEI), Innovation (INN), Workforce Education and Training (WET), Capital Facilities and Technological Needs (CFTN), and Community Program Planning (CPP).
- PEI Child and Youth Programs are intended to reduce risk factors, barriers and/or stressors; build protective factors and supports; and provide appropriate interventions at schools, after school programs and in other community settings.
- PEI Child and Youth Programs objectives are to: improve educator knowledge of identification, early signs and symptoms, and risk factors contributing to mental illness; increase access to behavioral health services for students at risk of school failure, in stressed families, exposed to trauma, at risk of juvenile justice involvement, or experiencing onset of serious psychiatric illness; improve school/community bonding, resilience promotion, and access mental health services for underserved populations; and improve ability to provide prevention and early intervention services to families of young children experiencing behavioral health problems, experiencing grief or loss and/or in need of early childhood evaluation.
- The four school based programs are: the Student Assistance Program (SAP), Resilience Promotion in African American Children, Preschool PEI Program; and Child and Youth Connection.
- San Bernardino County Superintendent of Schools, Behavioral Health Providers and Schools collaborate to provide the Student Assistance Program.
- San Bernardino County Superintendent of Schools utilizes Positive Behavioral Interventions and Supports (PBIS). PBIS supports schools, districts, and states to build systems capacity for implementing a multi-tiered approach to social, emotional and behavior support.
- PBIS is intended to reduce problem behavior, increase academic performance and attendance, improve perception of safety, reduce in bullying behaviors, improve organizational efficiency, reduce staff turnover, increase perception of teacher efficacy and improve social emotional competence.
- Coordinated School Health provides trainings to school personnel to establish and support effective SAP/PBIS teams on school sites; provides schools with educational sessions to learn the differences between typical developmental issues and more serious mental health issues; assists in developing and maintaining effective SAP/PBIS teams on school sites by establishing a process for continued capacity building of teams; provides technical support to schools and mental health providers in establishing teams on school sites; and delivers positive youth development trainings for Peer Leaders, homeless students and foster youth.
- The Southern Region Student Wellness Conference started as SAP conference for San Bernardino County providers and schools with approximately 150 attendees, In 2012 is expanded to Southern Region Student Wellness Conference to include partners from surrounding counties. Since then attendance has grown to over 500 attendees. The conference focuses on increasing collaboration amongst educators, mental health providers, law enforcement and community members and employs the Whole School, Whole Community, Whole Child (WSCC) model.
- For questions regarding today's presentation you may contact Michelle Dusick at 909-252-4046, Sonia Rubio at 909-252-4050, John Juniper at 909-386-2711 or LaTanya Greer at 909-376-2468 or email questions to [MHSA@dbh.sbcounty.gov](mailto:MHSA@dbh.sbcounty.gov).

### **NEW BUSINESS – ACTION ITEM(S)**

- Identify Commissioner to Prepare Presentation Findings:  
Commissioner Catherine Inscore volunteered to prepare the findings from today's Subject Matter presentation. The memos will be reviewed during the next BHC Executive Session.

### **APPROVED**

Motion/Second: Akin Merino/ May Farr

AYES: Monica Wilson Catherine Inscore, Jennifer Spence-Carpenter, Jane Godager, Carol Kinzel, Veatrice Jews

ASBSTAIN:

ABSENT: Susan McGee-Stehsel, Lorrie Denson, Michael Grabhorn, Troy Mondragon, Christopher Massa

## DIRECTOR'S REPORT

Assistant Director Michael Knight provided the following updates on behalf of Veronica Kelley:

- AB2333 requires California Office of Emergency Services (Cal OES) to establish a Behavioral Health Deputy Director to make sure individuals have access to behavioral health services and supports in the aftermath of a natural disaster or a declared emergency. AB2333 establishes a coordinated statewide response. Our Director, Veronica Kelley, was asked to testify in support of AB2333 with the second governmental organization committee on June 12 and this bill was passed. The video of her testimony is available on the DBH Facebook page.
- The DBH Innovations Plan posted for public comment on the DBH website. Please take a moment to review and provide comments or feedback. More information on dates and deadlines will be reported out in the Outside Agency Reports portion of this meeting.

## OUTSIDE AGENCY REPORTS

- Jamesia Brown reported out on behalf of the Office of Cultural Competency and Ethnic Services (OCCES).
  - There is an opportunity to present at the next Cultural Competence Summit. Please see Jamesia after the meeting for more information.
  - The Crisis Residential Treatment Centers and Crisis Stabilization Unit grand openings are taking place throughout the months of July and August. Flyers with date and location information will be available as you exit the auditorium.
- Rene Keres, Clinic Supervisor for Mariposa Clinic informed attendees of the Mariposa clinic teaming with OCCES in an effort to engage clients in treatment services. At this time 50% of the Mariposa clients are only engaged in medication services. Rene will report back later in the year.
- Karen Cervantes, Program Manager I for Innovations advised attendees that the AB114 Innovation plan has been posted on the DBH website for public comment through July 27, 2018.
- Commissioner May Farr informed the group that the NAMI walk has been scheduled for October 27, 2018 at Diamond Valley Lake in Hemet.

## ADJOURNMENT

Meeting adjourned at 2:00 p.m.

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*Monica Wilson, Chair*  
Behavioral Health Commission

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*Raquel Ramos*  
Clerk of the Behavioral Health Commission