



**Behavioral Health
Division**

Drug Medi-Cal Organized Delivery System

Recovery Services

Implementation Technical Assistance Webinar

SUDRS Administration

September 4, 2018

- Recovery services are important to beneficiaries in the recovery and wellness process. As part of the assessment and treatment needs of Dimension 6, Recovery Environment of the ASAM Criteria, and during the transfer / transition planning process, beneficiaries will be linked to applicable recovery services.

Treatment is designed to emphasize the beneficiary's central role in managing their health, promote the use of effective self-management support strategies, and provide internal and community resources to support ongoing self-management.

- **Outpatient Counseling Services** in the form of individual or group counseling to stabilize the beneficiary and reassess if further care is needed;
- **Recovery Monitoring**, including recovery coaching and monitoring via telephone / telehealth;
- **Substance Abuse Assistance**, including peer-to-peer services and relapse prevention;

- **Support for Education and Job Skills**, such as linkages to life skills, employment services, job training, and education services;
- **Family Support**, such as linkages to childcare, parent education, child development support services, and family / marriage education;
- **Support Groups**, including linkages to self-help and faith-based support; and,
- **Ancillary Services**, such as linkages to housing assistance, transportation, case management, and individual services coordination.

- Beneficiaries may access medically necessary recovery services after completing their course of treatment. Services are available to beneficiaries whether they are triggered, have relapsed, or as a measure to prevent relapse. Services should be provided in the context of an individualized client plan that includes specific goals. This may include the plan for ongoing recovery and relapse prevention that was developed during discharge planning when treatment was completed. Medical necessity criteria for recovery services must be appropriately documented in the medical record

- Recovery services can be provided to a beneficiary in the following ways:
 - Face-to-Face
 - Telephone
 - Telehealth
 - In the community

*If recovery services are provided in the community, the provider delivering the service must be linked with a physical site / facility that is DMC certified. All confidentiality requirements must be adhered to.

- Recovery services may be provided by a Licensed Practitioner of the Healing Arts (LPHA), Counselor, or Peers (for substance abuse assistance)

- The county has written and developed a Peer Support Training Plan that has been approved by the Department of Health Care Services
- Peer-to-peer services are eligible for reimbursement under the DMC-ODS Program when provided as substance abuse assistance services - a component of recovery services

- **Peer support services are** an evidence-based behavioral health model of care, which consists of qualified peer support staff who assist beneficiaries with their recovery from substance use disorders
- Reimbursable services are provided by peer support staff that are:
 - Eligible for participation in the Medi-Cal program
 - Not on the OIG exclusion list
 - Not on the Medi-Cal suspension or ineligible list

Questions?