

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
September 6, 2018 - 12:00-2:00 pm

Commissioners Present: May Farr, Jane Godager, Veatrice Jews, Carol Kinzel, Lorrie Denson, Michael Grabhorn, Troy Mondragon Jennifer Spence-Carpenter.

Excused Absence: Monica Wilson, Susan McGee-Stehsel, Akin Merino.

Absent: Catherine Inscore, Christopher Massa.

Guests: Loretta Ross, Andre Bossieux, Doris Turner, Nicole Reyes, Miranda Santiago, Angel Agudo, Alvin Dominguez, Stephen Burwell, Victor Lezama, Claudia Silva, Joe P., Rhonda Cleeland, Jessica Aguilar, Kyra Barrientos, Ahlam Axelrod, Riche Smith, Alyce Belford, Paula Quijano, Samantha Tito, Michael Knight, Jane Godager, Beverly Scott, Reina Garcia, Greg Vander-Haeghen, Karen Cervantes, Gayle Corey, Christy Bradley, Sebastian Z., Faith Ikeda, Maria Sandoval, Sandi Bentz, Wandalyne Lane, Toni Harris, Stephen Aguilar-Vasquez, Christel Salas, Carmen Couambias, Victoria Hall, Lileana Lopez, Jackie Duenez, Samantha Ross, Cesar Bernal, Carolina Soto, Linda-Marie Griffey, Terri Franklin, Maria Aceves, Linda Sibio, Lesford Duncan, Hannah Mousa, Kevin Mahoy, Kristen Mungcal, Mark Pullen, Leeann Ficarra, Vivien Limon, Laver Herbert, Tyrone Jackson, James Robinson, Nick DeRose, Juliana Fry, Teresa Marrell, Christina Entz, Denise Darling, Andrea Masda, Gregory Nyx, Charles Yoshioka, Alicia Harris, Vivian Bermudez, Zakiya Otis, Laurence Gonzaga, Alfredo Jauregui, Cynthia Gutierrez, Patricia Verduzco, Ramona Drake, Andrew Gruchy, Rachel Cierpich, Sue Abito, Victoria Biccio.

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

CALL TO ORDER PLEDGE OF ALLEGIANCE AND INTRODUCTIONS

Secretary, May Farr called the meeting to order at 12:10 p.m. and led the Pledge of Allegiance; self-introductions followed.

Tab 5: Review Minutes of 7/5/2018.

APPROVED

Motion/Second: Carol Kinzel/Jennifer Spence-Carpenter

AYES: May Farr, Jane Godager, Veatrice Jews

ASBSTAIN: Lorrie Denson, Michael Grabhorn, Troy Mondragon

ABSENT: Monica Wilson Susan McGee-Stehsel, Akin Merino Catherine Inscore Christopher Massa

PUBLIC COMMENTS

Vivienne and Tyrone of the Amazing Place Clubhouse shared information on the Sport Talk group they started at the Clubhouse. Shared his experience in attending the Los Angeles Chargers game in Costa Mesa. He expressed his excitement on future activities the group is coordinating and encouraged others to join.

Linda Sibio advised she has information on an innovative program coming to the Morongo area. Anyone interested can come see her after the meeting.

CULTURAL COMPETENCY AWARD OF EXCELLENCE

Lesford Duncan presented the Cultural Competency Award of Excellence to Lydia Snyder at the Morongo Tribal Temporary Assistance for Need Families program. Ms. Snyder was selected for her outstanding work in the community, support of the Department of Behavioral Health (DBH) Cultural Competency Advisory Committee and Subcommittees, and her embodiment of the tenets of cultural humility.

CHAIRPERSON'S REPORT

Commissioner Farr deferred this item to the next meeting.

COMMISSIONERS' REPORT

First District:

Commissioner Michael Grabhorn attended the dedication ceremony for the High Desert Homeless Shelter children's room. He attended the July District Advisory Committee meeting (DAC), Desert Hill Crisis Residential Treatment grand opening event and participated in the National Night Out. He continues to attend the Older Adult Awareness Committee.

Commissioner Lorrie Denson attended the California Association of Local Behavioral Health Boards & Commissions meeting in June, where she continues to learn information on best practices. She attended the Wellspring Crisis Residential Treatment Center grand opening and shared information on the upcoming "S Word" screening taking place in Victorville during the month of September.

Second District:

Commissioner Carol Kinzel attended the Rim Community Resource Network and Rim Family Services Board of Director's meetings, the Rim Family Services Board of Directors', DAC and the Big Bear Valley Tobacco Free San Bernardino Coalition meetings. She plans to attend the Mountain Homeless Provider Network meeting in September and the "Every Girl Counts" Soroptmist Program.

Commissioner May Farr reported she has been attending the Crisis Residential Treatment and Crisis Stabilization Unit grand opening events throughout the summer. She attended the Southern Region Student Wellness Conference in July and the Substance Use Disorder conference in August.

Third District:

Commissioner Troy Mondragon shared he turned 35 in August and participated as the Keynote Speaker at the Ramos Family Endowment Scholarship Luncheon. This event focuses on higher education for foster and homeless youth. He will also emcee the Disabilities awareness fair at Valley College, October 3, 2018.

Fourth District:

Commissioner Jennifer Spence Carpenter advised attendees she will not be at the next BHC meetings, however she will continue with her addiction and suicide trainings. She encouraged attendees to google the Hazeldon Betty Ford Webinars.

Commissioner Veatrice Jews provided Commissioner Akin Merino's report on her behalf. Commissioner Merino. Commissioner Merino attended the Southern Region Student Wellness Conference in July. She reported her role in supporting the community after the recent suicides that took place at schools within in the Chino Unified School District. She conferenced with the Assistant Superintendent of Alternative Instruction, spoke with Veronica Kelley regarding DBH's responses and was invited to site on the Task Force for Mental Health. She encourages everyone to do more in support of the community.

Fifth District:

Commissioner Jews attended the Southern Region Student Wellness Conference in July. She thanked Prevention and Early Intervention program for sponsoring her attendance. She attended the Merrill Center Crisis Stabilization Unit grand opening and finished the Sister Circle training classes she has been participating in.

Commissioner Jane Ann Godager expressed concern over the table and chair arrangement in the room. She inquired on the possibility of changing the arrangement.

Tab 6: SUBJECT MATTER PRESENTATION: Promoting Youth Wellness through Prevention and Early Intervention

Presenters: Sonia Rubio, DBH; Paula Quijano, Victor Community Support Services, Rhonda Cleeland, Ontario Montclair School District, Joseph Prolongo, Preschool Services Department, Wandalyn Lane, Valley Star Community Services.

- Presentation objectives: Learn about the current continuum of care for Prevention and Early Intervention (PEI); increase understanding of how Prevention and Early Intervention supports youth wellness; and share information on current programming enhancements.
- The PEI continuum of care was reviewed. Elements are: promotion and outreach, prevention, early intervention, and treatment and recovery.
- PEI Programs: Child and Youth Connection, Student Assistance Program, Older Adult Community Services, Family Resource Centers (FRC), Community Health Workers/ Promotores de Salud, Coalition Against Sexual Exploitation, Lift Program, Preschool PEI program, Resilience Promotion in African American Children, Community Wholeness and Enrichment, Native American Resource Center.
- The Student Assistance Program is focused on services to students and their families; includes prevention education and early interventions, group and individual counseling; capacity building for schools and curriculum-based psychosocial education.
- FRCs offer: personal development activities, behavioral health education workshops, after school youth projects and activities and community counseling.
- The Ontario Montclair School District (OMSD) FRC receives referrals from 32 school sites, recreation centers, medical clinics, faith based organizations and 211.
- FRC Case Managers work with partner agencies and utilize internal OMSD department services. Clients may be referred to partner agencies for intensive services/psychiatric care, alcohol and drug counseling and other specialized care.
- The Preschool PEI program provides mental health support for diverse preschool children, education for parents and teachers and supportive group sessions.
- Resilience Promotion in African American Children includes curriculum based education, cultural awareness activities, conflict resolution training and parent support and education.
- For additional information or questions regarding this presentation, please contact Michelle Dusick, Administrative Manager at (909) 252-4046, MHSA@dbh.sbcounty.gov or Sonia Rubio, Program Manager at 909-252-4050, DBH-PEI@dbh.sbcounty.gov.

NEW BUSINESS – ACTION ITEM(S)

- Identify Commissioner to Prepare Presentation Findings:

Commissioner Spence-Carpenter volunteered to prepare the findings from today's Subject Matter presentation. The memos will be reviewed during the next BHC Executive Session.

APPROVED

Motion/Second: Jane Godager/ Veatrice Jews

AYES: May Farr, Carol Kinzel, Jennifer Spence-Carpenter, Lorrie Denson, Michael Grabhorn, Troy Mondragon

ASBSTAIN:

ABSENT: Monica Wilson Susan McGee-Stehsel, Akin Merino Catherine Inscore Christopher Massa

DIRECTOR'S REPORT

Assistant Director Michael Knight provided the following updates on behalf of Veronica Kelley:

- DBH Crisis Residential Treatment Facilities and Crisis Stabilization Units have been finished, grand openings took place in July and August. Windsor Center, Merrill Center and Desert Hill have all opened for services. Real Estate Service Department received a design build award for the design of the Casa Paseo center.
- September is National Recovery Month. Wear purple to show your support!
- September is also National Suicide Prevention month. The rest of the Director's report will be covered by Sonia Rubio. She is going to provide information on our suicide prevention campaign. Sonia provided the following information:

- Wear green to show your support.
- September 10th is National Suicide Prevention day. This year's theme is working together to prevent suicide.
- You will see a lot of social media posts and web blasts on reaching out and resources.
- Each mind matters houses the suicide prevention initiative. Feel free to visit their website for information on various target audiences. Each mind matters is also promoting the Know the Signs campaign.
- Locally, the DBH access line is a great place to start for resources. You can reach the 24 Hour Access and Referral Hotline at (888)734-1478. Nationally, the best number to use is the National Suicide Hotline at 800-273-TALK. You can also text HOME to 741741.
- Directing Change, a statewide film contest for youth is another campaign geared toward promoting suicide prevention and mental health wellness among youth. More information on this contest is available at the table as you exit the meeting. A video from last year's contest was played.
- There are also suicide prevention trainings available throughout the county such as: Mental Health First Aid, Suicide Talk, Safe Talk and the suicide intervention model Assist.
- Michael also advised Hispanic Heritage Month is taking place September 15 - October 15. September 22 is the Hispanic Heritage Celebration event DBH is collaborating with the Mexican Consulate on this event.

OUTSIDE AGENCY REPORTS

- Commissioner Farr and Kristen Mungcal advised October 27 is the National Alliance on Mental Illness Walk at Diamond Valley Lake. This event is part of the DBH Triathlon that also includes the Mind Body and Spirit Competition, October 13; and the Awards Night November 13. A flyer with information on how to participate will be available as you exit the room.
- Claudia Silva informed the group of the September 29 event, Recovery Happens at the National Orange Show Fairgrounds. A flyer with information will be available as you exit the room.
- Ala of Victor Community Support Services expressed her excitement on collaborating with St. Mary's. They have reached out to over 600 students in the High Desert area regarding upcoming suicide prevention events and discussions.

ADJOURNMENT

Meeting adjourned at 2:00 p.m.

May Farr, Secretary
Behavioral Health Commission

Raquel Ramos
Clerk of the Behavioral Health Commission