

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
November 1, 2018 - 12:00-2:00 pm

Commissioners Present: Lorrie Denson, Carol Kinzel, May Farr, Troy Mondragon, Vickie Mack, Hannah Mousa

Excused Absence: Catherine Inscore, Akin Merino, Michael Grabhorn, Monica Wilson, Veatrice Jews, Jane Godager, Jennifer Spence-Carpenter.

Absent: Christopher Massa, Susan McGee Stehsel

Guests: Jeremy Smith, Glenn Gwaltney, Faith Ideka, Beverly Scott, Alisa Chatrapachai, Andy Gruchy, Vicky Miller, Cesar Bernal, Matthew Parra, Esther Parra, Kristen Mungcal, Lesford Duncan, Julie Hale, Vivian Bermudez, Andre Bossieux, James Robinson, Maria Aceves, Clint Lewis, Charles Pearson, Marlene Hernandez, Liliana Lopez, Hannah Mousa, David Muro, Treshenda Jackson, Alyce Belford, Charles Yoshioka, LaTrenda Terrell, Gayle Morrow, Linda Marie Griffey, Doris Turner, Rene Keres, Joshua Taylor, Christina Temple, Ernie Leon, Victoria Hall, Michael Sweitzer, Claudia Silva, Paula Rutten, Karen Cervantes, Michelle Dusick, Joni Kincer, Ray B., April Sanchez, DeAndrea Porche, Stella Grosso, Lauretta Ross, Toni Harris, Adan Gomez, Rachel Cierpich, Javie A.

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

CALL TO ORDER PLEDGE OF ALLEGIANCE AND INTRODUCTIONS

Secretary May Farr called the meeting to order at 12:10 p.m. and led the Pledge of Allegiance; self-introductions followed.

Tab 4: Review Minutes of October 4, 2018. No quorum available, item deferred to meeting on January 3, 2019.

PUBLIC COMMENTS

Alisia Chatrapachai of the California Association of Local Behavioral Health Boards and Commissions (CALBHB/C) provided information on the upcoming quarterly Southern Region Meeting, Friday, January 18, 2018 and Mental/Behavioral Health Board training on Saturday, January 19, 2019 in San Diego. For more information please visit www.calbhbc.com. The CALBHB/C's mission is to support the work of the 59 behavioral health commissions throughout the state. In working with commissions the CALBHB/C found the most important issues counties are facing are related to housing and employment needs and disaster preparation and recovery. The CALBHB/C then looks to collect and share information related to how these issues are being addressed by other counties. She left a copy of a CALBHB/C newsletter and issue brief with the clerk of the commission.

CHAIRPERSON'S REPORT

Secretary Farr attended the National Alliance on Mental Illness (NAMI) walk in October, the event was well attended. She also attended the Transitional Age Youth (TAY) Triathlon, she complemented participants on their posters. She encouraged attendance at the upcoming Talent and Awards Night November 13.

COMMISSIONERS' REPORT

First District:

Commissioner Vickie Mack introduced herself as the newest Commissioner. Prior to her appointment to a Behavioral Health Commissioner for the First District, she has been working on mental health advocacy issues. She hopes to increase consumer and family participation and community program planning in mental health programs and services, increasing peer specialist positions in workforce. She believes that all of these elements will work toward increasing positive outcomes in the community.

Commissioner Lorrie Denson shared her activities for the month of October. She met with Supervisor Lovingood regarding preventative measures taking place in schools. She is continuing work in providing resources to schools. She also participated in the Victorville Community Clean Up and the District Advisory Committee (DAC) meeting. She is scheduled to take a tour of the Kaiser Behavioral Health facility in Hesperia in November.

Second District:

Commissioner Carol Kinzel updated attendees on her activities from the past month. She attended the NAMI walk and the Give Big Kick Off where she had the opportunity to speak with Supervisor Ramos regarding behavioral health. She has a meeting scheduled with Rim Family Communities and the Tobacco Coalition in Big Bear. The meeting is to plan on how to bring services into schools.

Third District:

Commissioner Troy Mondragon was not able to attend the NAMI walk, however he has been participating in many outreach events. He participated in a mental health education outreach event for Cal State, he is working to have a DAC in the low desert and has been in communication with Linda Hart and the African American Mental Health Coalition. He also plans to participate in the Behavioral Health Commission education subcommittee.

Fourth District:

No commissioners present from the Fourth District.

Fifth District:

No Commissioners present from the Fifth District.

Tab 5: SUBJECT MATTER PRESENTATION: Training Program for Law Enforcement and Community Partners

Presenters: Miriam Clark, Program Manager, Behavioral Health; Glen Gwaltney, Lieutenant, Sheriff Department; Jeremy Smith, Supervising Probation Officer, Probation Department.

- Today's presentation will provide an overview and history of: San Bernardino County's Crisis Intervention (CIT) Training programs; established CIT law enforcement trainings, Sheriff's Department, Probation Department, community partner trainings and the First Responders Resource line.
- Department of Behavioral Health (DBH) Crisis Intervention Training (CIT) program offers educational opportunities to first responders and community partners who respond to crisis calls in which behavioral health issues are identified or suspected. The goal of each training is to: understand and identify behavioral health signs and symptoms, enhance de-escalation and communication skills, utilize DBH and community resources for individuals experiencing a behavioral health crisis, and to ensure that first responders have the necessary understanding, education, and tools to safely resolve behavioral health crisis situations.
- CIT targets Law Enforcement, Law Enforcement Officers, Correctional Officers, Probation Officers, School Police/Safety Officers, Parole Officers, Dispatchers, and Community Partners; such as: Fire Personnel, Paramedics/EMS, Emergency Department, Public Defender's Office, City Personnel, Schools and other Community Agencies.
- The CIT Committee initiated in December of 2007 training only the Sheriff's department. The CIT pilot program was initiated in the summer 2008 in collaboration with DBH. In 2012, DBH was invited to participate in the CIT committee. The Crisis CIT program is a community partnership between law enforcement and DBH to enhance law enforcement skills while interacting with mental health consumers and family members.
- July 2013 – the Sheriff mandated all Sheriff's Department basic academy graduates to attend the 32-hour course. All pre-service and lateral new hires attend the 32-hour course. In 2016 an 8-Hour CIT for Field Training Officers (FTO) was initiated to meet legal training mandates.
- CIT is intended to set a standard of excellence for our officers with respect to treatment of individuals with mental illness or in crisis. It is intended to increase and enhance the understanding of people diagnosed with a mental illness and/or developmental disabilities and how to communicate with them; and increase and enhance deputies' awareness and ability to access community resources. CIT is also intended to reduce criminal and civil litigation, administrative inquiries and use of force, use of jails and hospitals as alternative housing, and recidivism.
- The CIT Program also collaborates with San Bernardino County Probation.

- The goal of the Probation CIT training program is to provide Probation staff with an interactive experiential training opportunity to understand stigma, behavioral health, signs and symptoms of mental illnesses, available community resources and verbal de-escalation techniques when communicating with adults and juveniles who may be experiencing a psychological crisis in their field of work.
- In Fiscal Year (FY) 16-17 a CIT collaborative relationship initiated between the Probation Department and DBH and a mental health training course was initiated. There were a limited number of trainings due to DBH CIT staffing limitations. In FY 18-19 the Probation CIT committee was established. One (1) DBH Staff Training Instructor is assigned to a Probation CIT program and a Probation 8-Hour CIT course was developed. Training classes now are held 1-2 times per month and mandated for all Probation Officers and Probation Correctional Officers.
- The FY 17-18 program expansion opened CIT opportunities to other agencies, including: Department of Public Health, Children & Family Services, Housing Authority, City of Chino, City Hall staff, Community Services Division, Community Development Division, Emergency Departments, 29 Palms Marine Corp Fire Department and Montclair Fire Department.
- The First Responders Resource Line (FRRL) program pilot launched in October 2018. The resource line is available exclusively to first responders and is designed to assist with navigating community resources and services throughout San Bernardino County and includes one (1) Social Worker II. The line is manned Monday – Friday 8:00 a.m. – 5:00 p.m.
- The program plans to build collaborative relationships with Inland Counties Emergency Medical Agency (ICEMA), Fire Departments, Federal Bureau of Investigation (FBI), Public Defender's Office, Military Bases within San Bernardino County
- School Safety, School Resource Officers, and School personnel, City Police Department, and Emergency Departments.
- Elements to successful collaboration include open communication between departments, clear guidelines in the field for law enforcement/first responders and crisis staff, shared resources, debrief concerns for "lessons learned," communication of success stories and partnership in identifying systemic problems and address as a team.
- For questions regarding today's presentation please contact: Miriam Clark at 909-386-8272 or mclark@dbh.sbcounty.gov; Glenn Gwaltney at ggwaltney@sbcasd.org; or Jeremy Smith at Jeremy.smith@prob.sbcounty.gov.

NEW BUSINESS – ACTION ITEM(S)

- Identify Commissioner to Prepare Presentation Findings:
Commissioner Mondragon volunteered to prepare the findings from today's Subject Matter presentation. The memos will be reviewed during the next BHC Executive Session.

DIRECTOR'S REPORT

Director Veronica Kelley provided the following report:

- Deputy Director, Michael Schertell will be retiring after 28 years with San Bernardino County. She acknowledged all he has done to advocate for children and all he has done for San Bernardino County residents.
- She provided an overview of Behavioral Health 2020. DBH provides mental health and substance use disorder services to San Bernardino County Medi-cal beneficiaries through a federal waiver. DBH works with the Centers for Medicaid and Medicare services as our federal partner. We have a waiver that says we can bill for certain services. There have been nine waivers for the mental health plan and a new waiver for the organized delivery system. Both are expiring in 2020. The Department of Health Care Services (DHCS) is writing a new waiver and we have an opportunity to inform that waiver. There have been discussions regarding the carve out of behavioral health (mental health and substance abuse). The state is now asking if this carve out is the best way to provide services. Payment reform is also something that impacts carving behavioral health back into managed care plans. DBH is often not paid back for services 5-7 years after services are provided. Many companies would not be able to survive that way. Also, in order to get paid we have to justify all services we provide with documentation. It is possible that behavioral health will be carved back in to managed care plans in 15-20 years. There are also a group of Behavioral Action Committees advocates that we are meeting with at the state level.
- Veronica thanked everyone for participating in the NAMI walk. We are going to make some changes next year to the route and to schedule it earlier in the morning.

OUTSIDE AGENCY REPORTS

- Claudia Silva with Community Outreach and Education provided the following information:
 - There is a new flyer at the sign in table with Crisis Residential Treatment Center and Crisis Stabilization Unit location and contact information for all sites.
 - The Behavioral Health Commission Annual Award Ceremony will take place December 6, 2018.
 - The Wellness Triathlon will take place November 13 at the County of San Bernardino Health Services building, 5-8pm.
- Karen Cervantes with the Office of Innovation advised meeting attendees that the Innovation Plan for the Innovative Remote Onsite Assistance Delivery project has been posted through November 30. The project is a multi-agency collaboration to provide outreach and engagement that will allow for real-time multi-agency problem solving and referrals for those experiencing homelessness in rural areas of San Bernardino County. Creation of a field-based engagement and treatment model that brings treatment and services to the individual in need, no matter where the individual is located within San Bernardino County. Hard copies of the plan are available as you exit the room along with comment forms in English and Spanish. You can also visit our website to review online and provide comments. The public hearing for this plan will take place at the January Behavioral Health Commission meeting.

ADJOURNMENT

Meeting adjourned at 1:45 p.m.

May Farr, Secretary
Behavioral Health Commission

Raquel Ramos
Clerk of the Behavioral Health Commission