

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
January 3, 2019 - 12:00-2:00 pm

Commissioners Present: Monica Wilson-Caffey, Veatrice Jews, Susan McGee Stehsel, Carol Kinzel, May Farr, Troy Mondragon, Vickie Mack, Michael Grabhorn.

Excused Absence: Akin Merino, Jennifer Spence-Carpenter, Catherine Inscore, Lorrie Denson.

Absent: Christopher Massa, Jane Godager.

Guests: Smokey, Maria, Jessica, Michael Sweitzer, Miriam Clark, Melanie Carillo, Marina Espinosa, Stacey M., Joni Kincer, Trista Ruiz, Laretta Ross, Doris Turner, Elizabeth Maldonado, Sendy Sanchez, Jackie Duenez, Lilianna Lopez, Luis Avila, Charles Yoshioka, David Camplin, Andy Gruchy, Claudia Silva, Karen Cervantes, Alicia Harris, Derrick Carreon, Theresa Comstock, Justine Rangel, Patricia Verduzco, Rachel Cierpich, Jennifer Pacheco, Jessica Headly, Martha Valencia, Cameila Nemes, Cynthia Miller, Allison Cunningham, Beverly Scott, Sarah Hayes, Kevin Mahoney, Barbara Bloom, Christy Brady, M. Oliver, Ramona Drake, Adan Gomez, Christina DeRouillac, Maria Mora, Linda Hart, Tina Entz, Andre Bossieux, Laverne Hubert, Gary Smith, Julianna Fry, Maria Aceves, Carl Mascarella, Cynthia Gardner, Ana Carillo.

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

CALL TO ORDER PLEDGE OF ALLEGIANCE AND INTRODUCTIONS

Chair Monica Wilson-Caffey called the meeting to order at 12:05 p.m. and led the Pledge of Allegiance; self-introductions followed.

Tab 7: Review Minutes of October 4, 2018.

APPROVED

Motion/Second: Michael Grabhorn/May Farr

AYES: Monica Wilson-Caffey, Susan McGee-Stehsel, Troy Mondragon, Veatrice Jews, Carol Kinzel, Vickie Mack

ASBSTAIN:

ABSENT: Jennifer Spence-Carpenter, Akin Merino, Catherine Inscore, Lorrie Denson, Jane Godager, Christopher Massa.

Tab: 8: Review Minutes of November 1, 2018.

APPROVED

Motion/Second: May Farr/Troy Mondragon,

AYES: Monica Wilson-Caffey, Susan McGee-Stehsel, Veatrice Jews, Carol Kinzel, Vickie Mack, Michael Grabhorn

ASBSTAIN:

ABSENT: Jennifer Spence-Carpenter, Akin Merino, Catherine Inscore, Lorrie Denson, Jane Godager, Christopher Massa.

PUBLIC COMMENTS

Linda Hart of the African American Health Coalition provided a comment on Prevention and Early Intervention (PEI) African American data. She is requesting the Department of Behavioral Health (DBH) address the need for services for the African American community. In referencing the PEI data report, only 3% of the African American Community are being served. The 3rd page of the report reflects the African American Community is underserved. A solution is for DBH to collaborate with an African American agency or faith based provider. She conducted research and cannot see that DBH has any partnerships. DBH the Board of Supervisors and the State need to be held accountable.

Gary Smith of Amazing Place Clubhouse shared his clubhouse experience. The Clubhouse organized a trip to a recent Laker Game. It was his first time attending and he enjoyed it very much.

CHAIRPERSON'S REPORT

Chair Wilson-Caffey thanked all who attended last month's Behavioral Health Commission Annual Awards Ceremony. She thanked DBH for recognizing those who serve. She plans to attend the California Behavioral Health Planning Council meeting in San Diego January 16-18. She continues to provide Mental Health First Aid and Mental Health Youth First Aid trainings to the Chaffey Unified School District. She recently created the Village for Families Foundation to support families that lost a child or teenager to suicide in 2018. She has assembled a team of therapists that are assigned to each family to provide counseling, trauma and crisis intervention resources, tutoring and support for the children as well as food clothing and gifts. This past holiday season she adopted 7 families.

COMMISSIONERS' REPORT

First District:

Commissioner Michael Grabhorn acknowledged Kevin at St. Mary's hospital for his assistance with a recent situation with a Psychiatrist at St. Mary's and a client at a domestic violence shelter. He thanked Captain Bessinger at the Victorville Sheriff's Department, he was very helpful with connecting someone to the Victorville Crisis Walk In Center. He worked with Jennifer Pacheco this past month, she was also helpful in providing resources.

Commissioner Vickie Mack shared a childhood story of her diving into the deep end of the pool without knowing how to swim, she paralleled that to her experiences as a Commissioner. She is continuing to learn about her role and responsibilities. Her goals are to involve and inform consumers to allow them to make educated decisions in the stakeholder process.

Second District:

Commissioner Carol Kinzel plans to attend the January 6 Homeless Coalition meeting in Big Bear. Don Smith will be speaking on creating community solutions for the homeless. All are welcome to attend, the meeting will take place 12:30-2pm at the First Presbyterian Church, 351 State Highway 173, Lake Arrowhead. She also plans to participate in the Point in Time Count January 24.

Commissioner May Far attended the INFO graduation and is continuing her work on peer to peer trainings for the National Alliance on Mental Illness (NAMI) group in Victorville.

Third District:

Commissioner Troy Mondragon is continuing his work on expanding the campus mental health event at Cal State University taking place May 7, 2019. He is working to establish a District Advisory Committee (DAC) meeting in the Morongo Basin. In the month of November he attended the INFO graduation and plans to participate in an upcoming Homeless Outreach Support Team (HOST) ride along with DBH. He congratulated Dawn Roe on her appointment to the Board of Supervisors, representing the 3rd District.

Fourth District:

No commissioners present from the Fourth District.

Fifth District:

Commissioner Susan McGee Stehsel plans to participate in the upcoming HOST ride along as well as the upcoming DAC meeting for the 5th District. She is now fully retired from Cal State University, however she is making efforts to ensure the Psychiatric Nursing Program stays in place and plans to continue her assistance with disaster preparedness.

Commissioner Veatrice Jews informed attendees of the upcoming Martin Luther King Annual Prayer Breakfast on Monday, January 21 at the Coussoulis Arena at Cal State University San Bernardino. She also plans to participate in the upcoming HOST ride along.

Tab 9: PUBLIC HEARING: Mental Health Services Act (MHSA) Innovation Plan/ InnROADs

Presenter: Karen Cervantes, Program Manager I, Innovation

- MHSA, Prop 63, was passed by California voters in November 2004 and went into effect in January 2005. The MHSA provides increased funding for mental health programs across the state. The MHSA is funded by a 1% tax surcharge on personal income over \$1 million per year. As these taxes are paid, fluctuations impact fiscal projections and available funding.
- Per the California Department of Mental Health Vision Statement and Guiding Principles (2005): to create a culturally competent system that promotes recovery/wellness for adults and older adults with severe mental illness and resiliency for children with serious emotional disorders and their families.
- Components of MHSA: Community Services and Supports (CSS), Prevention and Early Intervention (PEI), Innovation (INN), Workforce Education and Training (WET), Capital Facilities and Technological Needs (CFTN), and Community Program Planning (CPP).
- Innovation projects are to support innovative approaches by making a change to an existing mental health practice or approach, including, but not limited to, adaptation for a new setting or community. (WIC § 5830 (b)(2)(B).) Innovation Projects are required to contribute to learning rather than a primary focus on providing a service and require Mental Health Oversight and Accountability Commission approval.
- Innovation projects are to address one of the following learning purposes as its primary purpose: increase access to underserved groups, increase the quality of services, including measurable outcomes, promote interagency & community collaboration and/or increase access to services. (WIC § 5830 (b)(1)(A-D).)
- Innovation projects are limited pilot projects, are for a maximum of five (5) years from the start date of the project. Successful parts of the project may continue under a different funding source or be incorporated into existing services. Projects may be terminated prior to the planned end date. (9 CCR § 3910.10)
- The proposed Innovative Remote Onsite Assistance Delivery (InnROADs) plan will take place July 1, 2019 – June 30, 2024 (5 years). InnROADs is a multi-agency collaboration to provide outreach and engagement that will allow for real-time multi-agency problem solving and referrals for those experiencing homelessness in rural areas of San Bernardino County. InnROADs is a creation of a field-based engagement and treatment model that brings treatment and services to the individual in need, no matter where the individual is located within San Bernardino County. The total cost is \$17 million over the course of five (5) years.
- The focus of the project will be the creation of an intensive, field-based engagement model that supports multi-disciplinary/multi-agency teams that meet, engage, and provide treatment to youth, adults, and families experiencing homelessness where they live and are comfortable within homeless communities.
- The MHSA plan shall be prepared and circulated for review and comment for at least 30 days to representatives of stakeholder interests. The mental health board shall conduct a public hearing on the draft Plan at the close of the 30 day comment period. (WIC §5848). DBH is required to obtain the Behavioral Health Commission's approval of the Community Program Planning process for the plan.
- Each Plan shall be developed with local stakeholders including consumers, families, service providers, veterans, and representatives from law enforcement, education, social services, alcohol and drug organizations and health care organizations. (WIC § 5848). WIC § 5848 states that counties shall demonstrate a partnership with constituents and stakeholders throughout the process that includes meaningful stakeholder involvement.
- Three major priorities identified since stakeholder engagement began in 2005:
 - Support for the development of supportive housing and employment services that leverage multiple funding sources and work across DBH programs and county agencies.
 - Treating the symptoms of undiagnosed mental health issues that prevent individuals from accepting support to transition out of homelessness.
 - Reducing barriers to, and lack of awareness of the resources available to prevent and/or transition individuals out of homelessness.

- For the InnROADs plan information was disseminated through press releases to fifty (50) media outlets, email and flyer distribution (in English and Spanish) to reach: Community partners, community and contracted organizations, other county agencies, cultural subcommittees and coalitions, and regularly scheduled stakeholder meetings; posting on DBH website and DBH social media sites such as Facebook, Twitter, and Instagram; and regular announcements in meetings.
- Meaningful stakeholder involvement was obtained during the program planning phase of InnROADs beginning in January 2018. These meetings allowed for direct input from the involved participants concerning the project design, implementation, and evaluation of the project.
- A total of one hundred and seventy-six (176) community members and stakeholders attended these sessions. From this planning process, one hundred and thirty-seven (137) comment forms were received. The comments received revealed overwhelming support for the collaborative interagency approach of this project and providing outreach and engagement to individuals experiencing homelessness and mental illness.
- Copies of the DRAFT MHSA InnROADs Plan were available for online for electronic viewing, eighteen (18) hard copies of the plan were provided to stakeholders, comment forms were available in English and Spanish and included as part of both the electronic and hard copy versions of the plan. Nineteen (19) comment forms supporting the project were received during the 30 day posting and public comment period of the DRAFT MHSA InnROADs Plan. No substantive changes were made.
- The next step is to ask the Commission to affirm that the stakeholder process was conducted to meet the regulations. The Final MHSA InnROADs Plan is scheduled to be presented to the Mental Health Services Oversight and Accountability Commission (MHSOAC) on February 28, 2019 and is tentatively scheduled to be presented to the Board of Supervisors (BOS) on March 12, 2019, for approval.
- For questions or comments please contact Karen Cervantes, Program Manager I via email at MHSA@dbh.sbcounty.gov or in the office at (909) 252-4068.

NEW BUSINESS – ACTION ITEM(S)

- Affirm the stakeholder process of the MHSA Innovation Plan/ InnROADs

APPROVED

Motion/Second: Michael Grabhorn/ Vickie Mack

AYES: Monica Wilson-Caffey, Susan McGee-Stehsel, Troy Mondragon, Veatrice Jews, Carol Kinzel, May Farr

ASBSTAIN:

ABSENT: Jennifer Spence-Carpenter, Akin Merino, Catherine Inscore, Lorrie Denson, Jane Godager, Christopher Massa.

- Establish 2018 Data Notebook Ad Hoc Committee

Volunteers include: Susan McGee Stehsel, Veatrice Jews, May Farr, Carol Kinzel

APPROVED

Motion/Second: Susan McGee-Stehsel/ Michael Grabhorn

AYES: Monica Wilson-Caffey, , Troy Mondragon, Veatrice Jews, Carol Kinzel, May Farr, Vickie Mack

ASBSTAIN:

ABSENT: Jennifer Spence-Carpenter, Akin Merino, Catherine Inscore, Lorrie Denson, Jane Godager, Christopher Massa.

- **Tab 10:** Election of 2019 Officers

On behalf of the Chair of the Nominating Committee, Commissioner Mondragon, announced the slate of officers and asked for further nominations from the floor. Commissioner Grabhorn declined the nomination for chair. Commissioner Kinzel and Commissioner Jews declined their nominations for Vice Chair. Commissioner Mondragon declined his nomination for Treasurer. As result, there was only one nomination for Chair, one nomination for Vice Chair and one nomination for Treasurer all commissioners present voted for the one nominee in each officer position. The Secretary position votes are as follows:

Voting of Secretary was conducted verbally

Michael Grabhorn voted for Carol Kinzel

Vickie Mack voted for Carol Kinzel
Carol Kinzel voted for Lorrie Denson
Troy Mondragon voted for Carol Kinzel
May Farr voted for Carol Kinzel
Monica Wilson-Caffey voted for Carol Kinzel
Susan McGee Stehsel voted for Carol Kinzel
Veatrice Jews voted for Carol Kinzel

The voting resulted in Carol Kinzel being elected for Secretary.

- **Tab 11:** Approval to pay the California Association Local Mental Health Boards/Commission Annual Dues \$1,500.

APPROVED

Motion/Second: Michael Grabhorn/ Vickie Mack

AYES: Monica Wilson-Caffey, Susan McGee-Stehsel, Troy Mondragon, Veatrice Jews, Carol Kinzel, May Farr

ASBSTAIN:

ABSENT: Jennifer Spence-Carpenter, Akin Merino, Catherine Inscore, Lorrie Denson, Jane Godager, Christopher Massa.

DIRECTOR'S REPORT

Director Dr. Veronica Kelley provided the following report:

- The Board of Supervisors appointed Dawn Roe for the Third District to replace former Supervisor Ramos. Supervisor Rowe is the former Mayor for Yucca Valley, she will complete the final two years of Supervisor Ramos' term. She previously worked for Assemblyman and Congressman Paul Cook.
- DBH recently hired Deana Kahle as the new Wellness Coordinator. As the Wellness Coordinator she will develop wellness campaigns for DBH and CFS staff.
- The California Department of State Hospitals is seeking effective alternatives to incarceration for certain individuals who are jailed as a result of behaviors. California counties have an opportunity to apply for one time funds to develop or enhance existing programs for diversion of these individuals. DBH applied for this funding to expand the Diversion Opportunity for Outpatient Recovery Services (DOORs) program. DOORs allows individuals with serious mental illness or a co-occurring disorder to receive pre-trial diversion treatment in the community.
- DBH is hosting a Behavioral Health Law and Justice Symposium in April. Staff from Probation, Public Defender, Sheriff, District Attorney and the Courts will be invited to attend.

OUTSIDE AGENCY REPORTS

- Claudia Silva with Community Outreach and Education provided the following information:
 - In honor of Black History month DBH is hosting an event on February 8, 3-6pm. More information to come.
- Linda Hart advised the African American Health Coalition (AAHC) is opening a community resource center at New Hope Family Life Center in west Highland. AAHC is also hosting the Impacts of Historical Trauma and Racism in Mental Health Symposium taking place at Cal State University San Bernardino February 15, 9-12pm.
- February 6 at 10am in the Auditorium DBH is celebrating Chinese New Year. All are welcome to attend.

ADJOURNMENT

Meeting adjourned at 1:45 p.m.

Monica Wilson-Caffey, Chair
Behavioral Health Commission

Raquel Ramos
Clerk of the Behavioral Health Commission