

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
February 7, 2019 - 12:00-2:00 pm

Commissioners Present: Vickie Mack, Michael Grabhorn, Catherine Inscore, Jennifer Spence-Carpenter, Veatrice Jews, Susan McGee Stehsel, Carol Kinzel, May Farr, Troy Mondragon, Christopher Massa, Supervisor Robert Lovingood.

Excused Absence: Monica Wilson-Caffey, Lorrie Denson.

Absent: Jane Godager, Akin Merino.

Guests: Sandi Bentz, Derrick Cannon, Chris Massa, Sonia Rubio, Faith Ikeda, Wolfgang Hall, Diana Trujillo, Veronica Belling, Erica Porteous, Timothy Hougen, Deana Kahle, Julie Hale, David Denkers, Andre Bossieux, Larry Lazar, Claudia Silva, Beverly Scott, Lileana Lopez, Rachel Cierpich, Miriam Clark, Jackie Duenez, Linda Hart, Nancy Jackson, Rose Versace, Maria Aceves, Matthew Parrill, Gregory Nyx, Gerald Kramer, Laura Mancha, Laurence Gonzaga, Adam Mathew, Cynthia White, Jennifer Maravillas, Rene Keres, Christy Brady, Christina Alvarez, Carl Mascarella, Maria Sandoval, Andy Gruchy, Tinnie T., Toni Haris, Smoky Sandoval, Karen Cervantes, Laretta Ross, Michael Anderson, Doris Turner, Maria Espinosa, Kristen Mungcal, Cesar Bernal, Marisol Garcia, Lydia Alcaraz, Cathy Dye, Victoria Hall.

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

CALL TO ORDER PLEDGE OF ALLEGIANCE AND INTRODUCTIONS

Vice Chair Susan McGee-Stehsel called the meeting to order at 12:05 p.m. and led the Pledge of Allegiance; self-introductions followed.

CULTURAL COMPETENCE AWARD OF EXCELLENCE

Erica Porteous presented the Cultural Competency Award of Excellence to Ted Petersen of the Veterans Ambulatory Care Center. Ted was nominated for his outstanding contributions to the community. He ensures veterans receive resources and care they need, he'll walk someone through eligibility processes and goes above and beyond in gathering accurate information to share. Ted was unable to attend the meeting in person.

Tab 4: Review Minutes of January 3, 2019

APPROVED

Motion/Second: Michael Grabhorn/ Carol Kinzel

AYES: Susan McGee-Stehsel, Troy Mondragon, Veatrice Jews, Vickie Mack, May Farr

ASBSTAIN: Jennifer Spence-Carpenter, Catherine Inscore, Christopher Massa.

ABSENT: Monica Wilson-Caffey, Akin Merino, Jane Godager, Lorrie Denson

PUBLIC COMMENTS

Linda Hart of the African American Health Coalition (AAHC) informed meeting attendees of an upcoming event in recognition African American Mental Health Awareness Week. The Impact of Historical Trauma and Racism on Mental Health taking place Friday, February 15, 2019, 9:00-12:00pm at Cal State University San Bernardino. A save the date flyer is available at the sign in table. The Homeless Outreach Support Team is being recognized at this event.

Gil Navarro of the California Parents Association provided public comment on school requirements for English learners. There are monthly presentations available at the district level for families. He wanted to make this resource available to the Department of Behavioral Health (DBH), contract agencies and requested the Behavioral Health Commission consider this resource. He also introduced a colleague interested in becoming a behavioral health service provider.

Deana Kahle, DBH's new Wellness Coordinator introduced herself and provided information on the vision and mission of the wellness program. She provided statistics related to benefits of wellness in the workplace. She plans to create a culture of caring, promoting and improving wellness among workforce and improve overall health.

CHAIRPERSON'S REPORT

Vice Chair Susan McGee Stehsel thanked Supervisor Lovingood for his participation. She informed attendees of the training the Commissioners received during the morning BHC Executive Session. The training covered topics related to Commissioners roles and responsibilities, she stated it was very informational. She attended the DAC meeting and received information on the Mental Health Services Act annual update and information on an upcoming wellness center. She is developing a process for follow up on inquires and action items that come up during the DAC meetings.

COMMISSIONERS' REPORT

First District:

Commissioner Michael Grabhorn attended the District Advisory Committee (DAC) and Older Adults Cultural Competency Advisory Subcommittee meeting where he learned about resources for homeless older adults. He participated in the Walk Against Human Trafficking meeting as well as a ride along with the DBH HOST team. He thanked Rene Keres for her assistance with the HOST ride along. He commented on the differences and similarities among the homeless populations in San Bernardino and Victorville. He is was successful in getting the City Counsel to vote against serving alcohol in a local movie theatre. He commented on the importance of considering historical trauma.

Commissioner Vickie Mack has been in contact with Victorville City Council Woman Blanca Gomez regarding outreach to non-English speaking communities. She spoke to Supervisor Lovingood's field representative to coordinate a presentation on Community Program Planning with the Latino community. She is working with DBH on posting information in the clinics regarding the National Alliance on Mental Illness (NAMI) Consumer and Family Support Groups. She also participated in the HOST ride along.

Second District:

Commissioner Carol Kinzel also participated in the HOST ride along. She expressed her amazement with the dedication of the HOST staff. She participated in this year's Data Notebook planning. She completed her point in time count training and participated in the mountain communities Point In Time Count. She toured the Family Home Storage Center in Colton and the Deseret Industries in Rialto and is continuing her participation in the Mountain Homeless Coalition and Rim Communities Resource Network.

Commissioner May Far participated in drafting this years Data Notebook. She was unable to attend the California Behavioral Health Planning Council quarterly meeting due to the weather. She is continuing her work with NAMI in the High Desert area.

Third District:

Commissioner Catherine Inscore advised that Mental Health First Aid classes at Copper Mountain College are starting and one is scheduled to begin in Victorville in May. She plans to attend the Mental Health First Aid summit February 21 in Los Angeles. She is also participating in African American Heritage month events at Copper Mountain College throughout February.

Commissioner Troy Mondragon welcomed Supervisor Lovingood and thanked him for his attendance. He is continuing his focus on services in the Morongo Basin. He is scheduled to present to the San Bernardino School Board with Linda Hart regarding the campus event at Cal State and the possible expansion outside of the Inland Empire. He plans to attend the Latino Awareness Cultural Competence Sub-Committee meeting and plans to attend the upcoming DAC and Impact of Historical Trauma and Racism on Mental Health event February 15 at Cal State San Bernardino.

Commissioner Christopher Massa introduced himself and advised he plans to continue his work as a commissioner.

Fourth District:

Commissioner Jennifer Spence-Carpenter is continuing her work with seniors and persons with disabilities that have Medicare. Seniors have until March 31 to make changes to their Medicare plans and those with special needs can change quarterly. She has began her NAMI peer support training and is continuing her online addiction training.

Fifth District:

Commissioner Veatrice Jews was unable to participate in Commission related activities this past month due an illness in the family. She plans to be more active in February and will report back in March.

Tab 5: DATA NOTEBOOK PRESENTATION

- Presenter: Marina Espinosa, Deputy Director
- The California Behavioral Health Planning Council (CBHPC) is a Consumer and Family member advisory board to state and local government, the Legislature, and residents of California regarding mental health services. The CBHPC advocates on behalf of adults with severe mental illness and children with severe emotional disturbance and their families, advises the Legislature on behavioral health issues, policies and priorities in California and promotes cross-system collaboration to address the issues of access and effective treatment for the recovery, resiliency and wellness of Californians living with severe mental illness.
- The California Association of Local Behavioral Health Boards/Commissions (CALBHB/C) is required to review annual performance data for mental health services in their county and report the findings to the CBHPC. This is compiled in the Data Notebook. Boards and Commissions are encouraged to participate in reviewing and developing the responses for the Data Notebook. It is an opportunity for boards/commissions and counties to work collaboratively to identify critical issues important to our county.
- The Data Notebook assists local boards/commissions to meet their legal mandates to review data and report on performance, serves as an educational resource about behavioral health data for local boards, obtains opinion and thoughts of local boards/commissions regarding specific topics, and identifies unmet needs and make recommendations.
- This year's notebook took a survey approach to collect data as the foundation for an overall needs review for the populations of Child, Transitional Age Youth (TAY), Adult and Older Adult regarding evaluation of services, barriers to access, and unmet needs and Mental Health Services Act (MHSA) and its program components.
- The following services were surveyed: Pre-Crisis and Crisis Services, Assessment, Medication Education & Management, Case Management, 24-Hour Treatment Services, Rehabilitation and Support Services, Vocational Services, Residential Services.
- The following major barriers to Behavioral Health service access were: program funding, specialized professional expertise, workforce/providers, clients dispersed outlying areas, transportation, available appointment times, fear of government involvement, linguistic needs, culturally relevant needs, and forensic background.
- Newly implemented programs from the years 2015-2018 are as follows:
 - Pre-Crisis and Crisis Services: Crisis Stabilization Units (ages 13-59), Crisis Intervention Team training, Triage Engagement and Support Teams in emergency departments.;
 - Assessment: Screening, Assessment and Treatment services for children, CHOICE Barstow location;
 - Case Management: CHOICE Barstow, CTASC, Electroconvulsive Treatment, permanent supportive housing, homeless/housing for Full Service Partnership (FSP);
 - 24-Hour Treatment Services: Crisis Residential Treatment centers;
 - Rehabilitation and Support Services: CHOICE Barstow, Therapeutic Foster Care treatment, homeless/housing for FSP; and
 - Residential Services: new shelter bed contract providers, Children Residential Intensive Services (ChRIS), Foster Family Agency (FFA) services providers.
- Temporary, One-Time or Time Limited Funding programs include:
 - Pre-Crisis and Crisis Services - Recovery Based Engagement Support Teams (RBEST);
 - Assessment - Screening, Assessment and Referral Center (SARC)/American Society of Addiction Medicine (ASAM); and
 - Case Management - Eating Disorders.

- Successful MHSA programs include: FSPs, Recovery Based Engagement and Support Teams, Child and Youth Connection: Screening, Assessment, Referral and Treatment.
- For questions or comments please contact Marina Espinosa, Deputy Director via email at Mespinosa@dbh.sbcounty.gov or in the office at (909) 388-0814.

DIRECTOR'S REPORT

Director Dr. Veronica Kelley provided the following report:

- She introduced the following new DBH staff: Deputy Director of Administrative Services, Tan Suphavarodom; Public Information Officer Jennifer Maravillas and Wellness Coordinator, Jennifer Maravillas. Lesford Duncan is no longer with DBH, recruitment for the Cultural Competency Officer will open soon.
- She advised DBH is hosting a Community Empowerment Workshop Wednesday, March 6 and a MHSA Leadership training, Friday March 8 here at the County of San Bernardino Health Services Building, Auditorium. Flyers for both events are available at the sign in table.
- She reiterated that the African American Health Coalition is hosting The Impact of Historical Trauma and Racism on Mental Health event taking place Friday, February 15, 2019, 9:00-12:00pm at Cal State University San Bernardino.
- Earlier this week she participated as a panel member with Superintendent Ted Alejandre at the California County Superintendents Educational Services Association in Monterey. She shared information on how DBH collaborates with the schools.
- She advised attends of SB1152 and its requirements. SB1152 impacts the hospital discharge process. Hospitals will be required to discharge homeless patients to a primary residence, health facility or shelter that has agreed to accept the patient. There must be discharge planning protocol that meets the specific needs of homeless patients, including: clothing medical equipment and medication if applicable. Hospitals are also required to develop a referral plan. This does not include State or VA hospitals. More information will follow as it becomes available.
- She and Andrew Gruchy are presenting the Innovative Remote Onsite Assistance Delivery (InnROADs) to the Mental Health Services Oversight and Accountability Commission at the end of February.

OUTSIDE AGENCY REPORTS

- Claudia Silva from Community Outreach and Education informed meeting attendees of the upcoming Love is Love event hosted by the Office of Cultural Competence and Ethnic Services, Lesbian Gay, Bi, Transgender, Questioning subcommittee. The event will take place Friday, February 22, 4-7pm at the Chicano Indigenous Community for Cultural Conscious Advocacy and Action. A flyer is available at the sign in table.
- Maria Aceves of the Clubhouse Program advised attendees of the Chinese New Year event that took place February 6. Attendees learned about the history of the lunar New Year and created lanterns. Next month the group is honoring Black History month by celebrating African Americans in cinema. This is taking place February 28 here in the auditorium.

ADJOURNMENT

Meeting adjourned at 1:45 p.m.

Susan McGee Stehsel, Vice Chair
Behavioral Health Commission

Raquel Ramos
Clerk of the Behavioral Health Commission