

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
March 7, 2019 - 12:00-2:00 pm

Commissioners Present: Monica Wilson-Caffey, Michael Grabhorn, Catherine Inscore, Lorrie Denson, May Farr, Jennifer Spence-Carpenter, Veatrice Jews, Carol Kinzel, Regina Bell on behalf of Supervisor Lovingood.

Excused Absence: Vickie Mack, Susan McGee Stehsel, Troy Mondragon, Akin Merino,

Absent: Christopher Massa, Jane Godager

Guests: Michelle Dusick, Lileana Lopez, Stephanie Navarro, Lynn Neuenswander, Erin Zamora, Derrick Cannon, Paul Fourmier, Erica Porteous, Cynthia Hurley, Tracy Bomberger, Oliver Habel, Faith Ikeda, Ryan B., Christy Brady, Christina Alves, Andrea Crook, Tiffany Carter, April Sauvedra, Esther Parrell, Sonia Rubio, Brian Mejia, Alyce Belford, Marie Youpelle, Maryah Leviege, Laverne Herbert, Laura Mancha, Christobal Medina, Jennifer Pachecco, Tina Entz, Ahlam Axelund, Tristen Alfred, Francesca Michaels, Clint Lewis, Jon Buffong, Doris Turner, George Yoshioka, Wolfgang Hall, Andre Bossieux, Julie Hale, Darcie Edwards, Rachel Cierpich, Ramona Drake, Charise Olwa, Kristy Ruiz.

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

CALL TO ORDER PLEDGE OF ALLEGIANCE AND INTRODUCTIONS

Secretary Carol Kinzel called the meeting to order at 12:10 p.m. and led the Pledge of Allegiance; self-introductions followed.

Tab 1: Review Minutes of February 7, 2019

APPROVED

Motion/Second: Michael Grabhorn/ May Farr

AYES: Jennifer Spence-Carpenter, Catherine Inscore, Veatrice Jews, Carol Kinzel

ASBSTAIN: Lorrie Denson

ABSENT: Monica Wilson-Caffey, Akin Merino, Jane Godager Christopher Massa, Susan McGee-Stehsel, Troy Mondragon Vickie Mack

PUBLIC COMMENTS

Clint Lewis informed the group of the Clubhouse Black History event that took place this past month. The event celebrated African Americans in cinema. Clubhouse members had activities and lunch. The event was highly attended. The Clubhouses are currently in the process of planning a Cinco de Mayo event.

Linda Hart of the African American Health Coalition (AAHC) presented certificates of appreciation from Congressman Pete Aguilar;s Office for those that assisted with the rent African American Mental Health Awareness Symposium: Dr. Veronica Kelley, Toni Harris and Jon Buffong.

Luz Garcia introduced herself as student. She explained that this is a critical time for students, however in her experience schools are trying to establish programs to address student mental health concerns. She provided suggestions on how the state can assist with this. She provided her comments in English and Spanish.

Gil Navarro of the California Parents Association provided public comment and passed around a handout regarding schools needing more resources for student mental health and wellness. He emphasized on the importance of amending certain state laws requiring the state to provide additional funding.

CHAIRPERSON'S REPORT

Secretary Carol Kinzel advised Chair Monica Wilson will arrive shortly. She asked Commissioners to provide their reports.

COMMISSIONERS' REPORT

First District:

Commissioner Michael Grabhorn assisted the Lords Table in feeding the homeless and low income families this past month. He also attended the Homeless Conference in Apple Valley where Dr. Kelley spoke on mental illness, Substance Use Disorder (SUD) and the homeless population. He attended the Trauma Informed Training and plans to attend another training geared toward SUD in March. He went to the intersections housing community where they are collaborating with the city.

Commissioner Lorie Denson advised the group she is taking a substitute teaching assignment. She has been passing on information on resources for local schools. The city of Victorville had a homeless workshop back in January that she attended. Silverado High School had a Black History event in February. The High Desert is having a celebration geared toward Black Maternal Health week. The event is Tuesday, April 16, 10-1pm at Burning Bush Church in Victorville. She is continuing her work with Commissioner Mondragon on the Mental Health Awareness meeting at Cal State San Bernardino, Victorville College in now participating.

Second District:

Commissioner May Far advised she took Mental Health First Aid training, however she has been out of town. She will have more to report out on next month.

Commissioner Carol Kinzel shared news articles on events taking place in the mountain area. One of the articles is about the point in time count which she participated in with the Mountain Homeless Coalition. Running Springs has a drop box set up for anyone to drop off expired prescription drugs or prescriptions no longer in use. She is continuing in planning for the Health and Resource Fair.

Third District:

Commissioner Catherine Inscore advised she is teaching Mental Health First Aid, her second class is taking place this weekend. She attend the Mental Health First Aid Summit and expressed her excitement for the new programs in development.

Fourth District:

Commissioner Jennifer Spence-Carpenter is continuing her training with Hazelden and recently completed trainings on Care and Compassion fatigue and 12 Steps to Self Care offered through the National Alliance on Mental Illness (NAMI).

Fifth District:

Commissioner Veatrice Jews was unable to participate in Commission related activities this past month due an illness in the family. She plans to be more active in March and report back in April.

NEW BUSINESS – ACTION ITEM(S)

- Identify Commissioner to Prepare Presentation Findings:

Commissioner Lorie Denson volunteered to prepare the findings from today's Subject Matter presentation. The memos will be reviewed during the next BHC Executive Session.

APPROVED

Motion/Second: Michael Grabhorn/ Carol Kinzel

AYES: Jennifer Spence-Carpenter, Catherine Inscore, Veatrice Jews, May Farr, Lorrie Denson, Monica Wilson-Caffey

ASBSTAIN:

ABSENT: Akin Merino, Jane Godager Christopher Massa, Susan McGee-Stehsel, Troy Mondragon Vickie Mack

Tab 2: SUBJECT MATTER PRESENTATION: Behavioral Health Services in Rural Areas

Presenters: David Denkers, Dr. Alyce Belford, Allison Cunningham, Julie Hale

- The Department of Behavioral Health (DBH) provides services in the High Desert, Mountains, Morongo Basin, Needles and Trona.
- July 1, 2018-December 31, 2018 the Victor Valley clinic provided 17,009 services to 2,673 clients, the Barstow clinic provided 6,232 services to 1,069 clients and the Needles clinic provided 2,826 services to 330 clients. These are county operated outpatient clinics. The clinic in Adelanto provided 870 services to 128 clients, the clinic in Apple Valley provided 33,948 services to 3,347 clients, the clinic in Yucca Valley provided 9,126 services to 751 clients, the Big Bear Lake clinic provided 3,691 services to 312 clients and the satellite clinic in Trona provided 46 services to 8 clients these are contract operated outpatient clinics.
- DBH also provides Substance Use Disorder services in rural areas. In the High Desert 20,669 services were provided to 914 clients. In the Morongo basin 3,548 services were provided to 183 clients, and 694 services were provided to 40 clients
- DBH also provides mental health Children's and Transitional Age Youth services in rural areas. In the High Desert 49,855 children's services were provided to 3,945 clients. In Morongo Basin 4,995 services were provided to 358 clients. In the Mountains 3,813 services were provided to 210 clients. In the High Desert 12,927 TAY services were provided to 1,282 clients. In Morongo Basin 1,657 services were provided to 90 clients and in the Mountains 1,010 services were provided to 60 clients.
- There are Mental Health Services Act (MHSA) funded services in rural areas as well. There were 37,966 Prevention and Early Intervention (PEI) services provided to 14,365 clients in the High Desert, 21,376 PEI services provided to 3,888 clients in Morongo, and 7,705 PEI services provided to 2,730 clients in the mountains. There were 350 Recovery Based Engagement Support Team encounters with 66 clients and for Clubhouses in Barstow, Victorville, Lucerne and Yucca Valley there were 10,490 services.
- Community Crisis Response Teams (CCRT), Crisis Walk In Centers (CWIC), Triage Engagement and Support Teams (TEST) and Crisis Residential Treatment Centers (CRT) also operate in rural areas.
- CCRT provided 1,267 services for 263 clients. There are Crisis Walk In Centers in Victorville and Joshua Tree. The high desert recorded 1,361 services for 978 clients and Morongo region recorded 650 services for 415 clients.
- The TEST in the High Desert had 611 encounters with 256 unique consumers, the Morongo Basin had 133 encounters with 46 unique consumers and the Mountains had 310 encounters with 110 unique consumers.
- DBH has many strategies in place to increase services in rural areas. They include the TEST Expansion in 2019, increasing clinical coverage in Morongo via the CCRT Program, adding a General Mental Health Clinic in Adelanto, assisting with IEHP Psychiatry shortage in High Desert and FSP Expansion in High Desert.
- For questions regarding rural behavioral health service, please contact David Denkers at ddenkers@dbh.sbcounty.gov.

DIRECTOR'S REPORT

Director Dr. Veronica Kelley provided the following report:

- February is national Social Worker Month. She asked all social workers in the room to stand for an applause. This year's theme is elevate social work.
- DBH was successful in getting the InnROADs plan approved by the Mental Health Services Oversight and Accountability Commission. Andrew Gruchy, Todd Holder, Rene Keres, Michelle Dusick, Sharon Nevins and Karen Cervantes were thanked for their work on the plan. 17.9 million dollars will come to DBH for this Innovation project addressing homeless individuals with a mental illness.
- Senate Bill 428 focuses on mental health first aid for schools. The County Behavioral Health Director's Association is co-sponsoring this bill. It will require teachers to take a course to use as a tool in the classroom.
- Governor Newsom appointed a new Health and Human Services Secretary Mark Gahly. Mark is a pediatrician from Los Angeles County, he is perceived as a friend of mental health and substance use disorder services.

OUTSIDE AGENCY REPORTS

- Michele Dusick reminded the audience that the MHSA Annual Update is posted for public comment through March 25, 2019. Printed copies are also available upon request. An executive summary is also available on the website www.sbcounty.gov/dbh.
- A gentleman inquired on the status of his resumes and applications to get on a committee or the Behavioral Health Commission. He would like to know why he has not received an answer.
- Claire Lemos of Community Outreach, informed attendees of the upcoming Evening with the Stars event taking place May 30. DBH is now accepting nominations for awards. DBH is also putting a call out for artwork for May is Mental Health Month. Please email mfrausto@dbh.sbcounty.gov for more details. Claire also commented that her program is working hard on making sure students are aware of resources available to them at DBH.
- Andrew Crook of Access California introduced herself and Access as the client advocacy stakeholder contract for the Mental Health Services Oversight and Accountability commission. She is in town to provide a leadership and community empowerment workshops. She thanked DBH for their support in hosting these events.

ADJOURNMENT

Meeting adjourned at 2:00 p.m.

Monica Wilson, Caffey, Chair
Behavioral Health Commission

Raquel Ramos
Clerk of the Behavioral Health Commission