

MINUTES  
San Bernardino County  
**BEHAVIORAL HEALTH COMMISSION MEETING**  
April 4, 2019 - 12:00-2:00 pm

**Commissioners Present:** Monica Wilson-Caffey, Michael Grabhorn, Catherine Inscore, Veatrice Jews, May Farr, Akin Merino, Vickie Mack, Carol Kinzel, Susan McGee Stehsel

**Excused Absence:** Troy Mondragon, Lorrie Denson, Jennifer Spence-Carpenter

**Absent:** Christopher Massa, Jane Godager

**Guests:** Greg Young, Rachel Cierpich, Jonathan Buffong, Nani Florec, Alex Amsbry, Selena Balderas, Julio Avila, Stephanie Navarro, Tristin Alfred, Michelle Beauduin, Cristobal Medina, Maria Aceves, Nancy Jackson, Laurence Gonzaga, Erin Zamora, Heather Perry, Jessica Cuevas, Teresa Frausto, Dennis Payne, Melinda Ancrum, Lileana Lopez, Victoria Hall, Miriam Clark, Christina Alves, Gary Bustin, Sonia Rubio, Charles Pearson, Carl Mascjueva, Laure Marsden, Darcie Edwards, Sue Abito, Joshua Taylor, Karen Cervantes, Gayle Morrow, Julianna Fry, Beverly Scott, Linda Sibio, Rick Smith, Lynn Neuenswander, Samantha Stone, Claudia Silva, Donna Villasenor, Michelle Dusick, Cheryl McAdam, Laretta Ross, Fransesca Michaels, Christina Entz, Tim Hougén, Laurence Jones, Hanna Keith

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

**CALL TO ORDER PLEDGE OF ALLEGIANCE AND INTRODUCTIONS**

Chair Monica Wilson called the meeting to order at 12:05 p.m. and led the Pledge of Allegiance; self-introductions followed.

**Tab 5:** Review Minutes of March 7, 2019.

**APPROVED**

Motion/Second: Michael Grabhorn/ Carol Kinzel

AYES: May Farr, Catherine Inscore, Veatrice Jews, Monica Wilson-Caffey, Akin Merino, Susan McGee-Stehsel, Vickie Mack

ASBSTAIN:

ABSENT: Jennifer Spence-Carpenter, Lorrie Denson, Jane Godager Christopher Massa, Troy Mondragon

**PUBLIC COMMENTS**

Linda Sibio of Bezerte Productions shared information on free services in the Morongo area. Anyone interested in resources may see her after the meeting.

**CHAIRPERSON'S REPORT**

Chair Wilson shared that she is continuing to provide Mental Health First Aid training to High Schools within the Chaffey School District. This past month she presented with Commissioner Troy Mondragon on self-care. She plans to attend the County Behavioral Planning Council meeting in April in San Francisco. She is working to educate the community on Senate Bill 428 which focuses on mental health first aid for schools. It will require teachers to take a course to use as a tool in the classroom.

**COMMISSIONERS' REPORT**

**First District:**

Commissioner Michael Grabhorn shared information on the Sunset Hills Children's Foundation and the grief counseling they provide. This past month he attend a conference on Trauma and Substance Abuse. He attended a community forum on the Homeless and received education on the Department of Behavioral Health (DBH) Innovative Remote Onsite Assistance Delivery (InnROADs) project. He is continuing his work on the Tobacco Coalition.

Commissioner Vickie Mack attended a National Alliance on Mental Illness (NAMI) Family-to-Family Support Group to share DBH community resources. She emphasized the importance of taking a moment to ask yourself and others if they are okay. She

hosted a ceremony for the Goodwill Victorville Youth Opportunity Center for at risk youth. She informed attendees of the Saint Joseph's High Desert Mental Health Summit taking place May 9, 2019.

**Second District:**

Commissioner May Far advised she attended the Children's Network Shine the Light on Child Abuse Annual Awards Breakfast where DBH's Andre Bossieux was honored.

Commissioner Carol Kinzel conducted a breathing exercise with the audience. She is continuing her work with the Mountain Homeless Coalition, Rim Communities Resource Network, Crest Forest Municipal Advisory Council and planning for the upcoming Health Fair.

**Third District:**

Commissioner Catherine Inscore is teaching Mental Health First Aid and is already hearing positive feedback.

**Fourth District:**

Commissioner Akin Merino commended DBH for providing her with flyers and resources she shared at a Community Health Forum she spoke at. She presented on topic of on anxiety within the faith community at the forum. She plans to attend a seminar on Youth and Addiction later in April and she is presenting a webinar on Social and Emotional Development of Youth on April 20, 2019.

**Fifth District:**

Commissioner Susan McGee Stehsel shared that she drove to the Fifth District, District Advisory Committee (DAC) meeting, only to find it had been cancelled.

Commissioner Veatrice Jews attended the Mental Health Services Act Leadership Training earlier this month. She felt it was a worthwhile experience. She confirmed a DAC meeting will take place in April.

**Tab 6: PUBLIC HEARING: MHSA Annual Update Fiscal Year (FY) 2019/2020**

Presenter: Michelle Dusick, Administrative Manager

- California Welfare and Institutions Code (WIC) 5847 and California Code of Regulations (CCR) Title 9 Section 3310 states that a MHSA Three Year Program and Expenditure Plan, including subsequent updates, shall address each component: Community Services and Supports (CSS), Prevention and Early Intervention (PEI) Innovation (INN) Workforce Education and Training (WET), and Capital Facilities and Technological Needs (CFTN).
- The county must update the MHSA Plan annually, address elements that have changed and include estimated expenditure projections for each component per FY.
- The MHSA plan shall be available for review and comment for at least 30 days. The Mental Health Board shall conduct a public hearing on the annual update at the close of the 30 day review and comment period.
- The annual update shall be developed with local stakeholders, including consumers, families, service providers, law enforcement, educators and health care organizations. The annual update stakeholder process is intended to demonstrate a partnership with constituents and stakeholders and include stakeholder involvement in mental health policy, program planning, implementation, monitoring, quality improvement and budget allocations.
- Counties shall adopt the following standards in planning, implementing and evaluating programs: community collaboration, cultural competence, wellness recovery and resilience focused.
- Throughout the year regular stakeholder meetings include: Behavioral Health Commission (BHC), DACs, Community Policy Advisory Committee, Cultural Competency Advisory Committee and Sub-committees, Room and Board Advisory Coalition, System Wide Performance Outcomes Committee.
- Feedback from regularly occurring stakeholder meetings is compiled throughout the year and included with feedback from any sessions that are held to review the annual update.

- There were additional special sessions this year at Family Resource Centers, Clubhouses and Senior Centers. A session was held in Spanish for the Latino Health Awareness Sub-Committee in collaboration with the Consulate of Mexico. A morning and evening online session was also hosted.
- DBH conducted outreach to promote the Annual Update stakeholder process and reach diverse populations. Information was disseminated through press releases, email, flyer, posting on the DBH website, social media and regular announcements at meetings.
- 338 stakeholders completed a stakeholder comment form. 93% of stakeholders who responded to the 30-day posting indicated they were very satisfied, satisfied or somewhat satisfied with the MHA Annual Update stakeholder process.
- A summary of the comments include:
  - Positive feedback and support for PEI programs and strategies.
  - Support for expanding WET programs to include Alcohol and Drug certifications for clinicians.
  - Support for intercounty collaboration.
  - Support for continued and expanded services in rural areas.
  - Positive feedback about MHA programs and the Annual Update.
- Based on the feedback, no substantive changes were made.
- The next step is to ask the BHC to affirm the stakeholder process. The MHA Annual Update is scheduled to be presented to the Board of Supervisors (BOS) in May 2019 for approval.
- The MHA Annual Update will be submitted to the Mental Health Services Oversight and Accountability Commission and the Department of Healthcare Services within 30 days of BOS approval.
- For additional questions, please contact Michelle Dusick at 800-722-9866 or [mhsa@dbh.sbcounty.gov](mailto:mhsa@dbh.sbcounty.gov).

### **NEW BUSINESS – ACTION ITEMS**

Affirm the process of the MHA Annual Update for Fiscal Year 2019/2020.

#### **APPROVED**

Motion/Second: Susan McGee-Stehsel/Michael Grabhorn

AYES: May Farr, Catherine Inscore, Veatrice Jews, Monica Wilson-Caffey, Akin Merino, , Vickie Mack, Carol Kinzel

ASBSTAIN:

ABSENT: Jennifer Spence-Carpenter, Lorrie Denson, Jane Godager Christopher Massa, Troy Mondragon

Identify Commissioner to Prepare Presentation Findings:

Commissioner Vickie Mack volunteered to prepare the findings from today's Subject Matter presentation. The memos will be reviewed during the next BHC Executive Session.

#### **APPROVED**

Motion/Second: Carol Kinzel/ May Farr

AYES: , Catherine Inscore, Veatrice Jews, Monica Wilson-Caffey, Akin Merino, Susan McGee-Stehsel, Vickie Mack Michael Grabhorn

ASBSTAIN:

ABSENT: Jennifer Spence-Carpenter, Lorrie Denson, Jane Godager Christopher Massa, Troy Mondragon

### **Tab 7: SUBJECT MATTER PRESENTATION: Behavioral Health 2020**

Presenter: Andrew Gruchy, Deputy Director

- Today's presentation will explain the carve out, the 1915 (b) Specialty Mental Health Services Medi-Cal Waiver, benefits of the carve out, the current system of Medi-Cal Health Service, challenges with the current system, and what Behavioral Health (BH) 2020 will look like.

- Prior to the 1915 (b) waiver, Mental Health services were provided by two programs: Fee For Service/ Medi-Cal and Short Doyle/Medi-Cal. These were parallel systems with separate providers, billing processes, reimbursement rules and rates. The same beneficiary could receive services in both systems.
- Between 1995 and 1998 the State consolidated the Fee For Service and Short Doyle/Medi-Cal programs into one Specialty Mental Health (SMH) program. The 1915 (b) waiver is administered by DHCS by contracts with the county's as the county's Mental Health Plan (MHP). All Medi-Cal Mental Health Services were "carved out" of Medi-Cal and access to mental health services came through the county only.
- In June 2015 the Centers for Medicare and Medicaid Services (CMS) approved California's 1915 (b) waiver until June 2020. This continued California's County Based mental health system through June 2020. The approval of the waiver removed ambiguity if funding would continue through the county MHP or be carved in with Managed Care Plans (MCP). In 2014 the Affordable Care Act mandated the MCP to provide Mental Health services for Mild and Moderate while the MHP continues to provide services for the severely mentally ill.
- Health Care carve out excludes certain services and focuses on one disease in depth. Some benefits, such as behavioral health, are removed from coverage provided by an insurance or Managed Care Organization. Some benefits are provided with a separate contract with separate providers. Eligibility and services are based on strict medical necessity criteria. There are little concerns about quantitative limits of services.
- Health Care carve out improves access to care for a specific population, provide greater levels of specialization, services and population needs do not get diluted and can meet high demand and intensive service needs of the population. Fee for service model plans have little financial risk but have an audit risk.
- There are three systems of health care that contract with DHCS: Managed Care Plans, County Mental Health Plans and County Drug Medi-Cal Organized Delivery System.
- Some of the challenges these three systems face include: implementing integration of care, consumers have to navigate multiple systems and services can become fragmented and uncoordinated.
- Behavioral Health 2020 has misaligned financial system incentives and blurred criteria between moderate and severe.
- At this time we do not know what Behavioral Health 2020 will look like. We suspect there will be a push for integrated care coordination, cost containment and value based payment versus Fee For Service.
- Some possible models may be a full integration model carve in or a Behavioral Health Organization quasi carve in or possibly a Consumer Specific vertical carve out.
- For additional questions please contact Andrew Gruchy at 909-388-0801 or [agruchy@dbh.sbcounty.gov](mailto:agruchy@dbh.sbcounty.gov).

## **DIRECTOR'S REPORT**

Assistant Director Michael Knight provided the Director's report on behalf of Dr. Veronica Kelley.

- He thanked today's presenters, Michelle Dusick and Andrew Gruchy and advised these presentations are examples of a lot of the work DBH is doing behind the scenes.
- The County Behavioral Health Director's Association has announced Michelle Doty Cabrera as the new Executive Director.
- Though DHCS is not sharing much information Behavioral Health 2020, Director, Jennifer Kent has announced DHCS will be restructured to align with new goals and objectives. He provided a brief overview of these changes and clarified that this restructuring is happening at the state level, not within DBH.
- He shared that he attended the Children's Network Shine the Light on Child Abuse breakfast where DBH Program Manager for Transitional Age and Youth (TAY), Andrew Bossieux was given a lifetime achievement award. Andre shared his thoughts on DBH, the recognition and a TAY member's recent experience. He plans to bring this TAY member to the upcoming DAC.

## **OUTSIDE AGENCY REPORTS**

- Sue Abito, DBH Volunteer Services Coordinator provided information on the DBH volunteer program and thanked everyone for supporting the generation go event.
- Laurence Gonzaga of Inland Empire Health Plan advised attendees of upcoming IEHP events. Flyers are available at the sign in table.
- Claudia Silva informed attendees of the upcoming May is Mental Health Month activities. The May 2 Behavioral Health Commission meeting will kick off the months activities, followed by Directing Change that same evening. The Meet the Artist Pop Up Gallery will be open throughout the month of May, Patton State Museum Tours are available on Tuesdays in May and the final event will be the Evening with the Stars, May 30 at the Mitten Building in Redlands. A flyer with detailed information on each event and how to register is available at the sign in table.
- Tod Holder shared information on a new group the Recovery Based Engagement Support Team program is hosting that focuses on connecting families. Flyers are available at the sign in table.
- Gary Bustin advised he is continuing to submit applications to become a Behavioral Health Commissioner. He has a background on Substance Use Disorder (SUD) Services and thinks the Commission needs to be more focused on SUD programs. He wants to be considered for the Second District opening.

## **ADJOURNMENT**

Meeting adjourned at 2:00 p.m.

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*Monica Wilson, Caffey, Chair*  
Behavioral Health Commission

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*Raquel Ramos*  
Clerk of the Behavioral Health Commission