

MINUTES  
San Bernardino County  
**BEHAVIORAL HEALTH COMMISSION MEETING**  
August 1, 2019 - 12:00-2:00 pm

**Commissioners Present:** Monica Wilson-Caffey, Michael Grabhorn, Lorrie Denson, Vickie Mack, Carol Kinzel, Troy Mondragon, Jennifer Spence-Carpenter, May Farr, Veatrice Jews, Akin Merino

**Excused Absence:** Catherine Inscore

**Absent:** Susan McGee Stehsel, Christopher Massa, Jane Godager

**Guests:** Marlen Hernandez, Erin Zamora, Rene Keres, Timothy Hougen, Linda-Marie Griffey, Karen Cervantes, Julie Hale, Georgina Yoshioka, Dean Kahle, Melissa Halcombe, Deadrea Porche, Garth Pezant, Maribel Gutierrez, Sally Mitchel, Jessica Cuevas, Cary Stueland, Tina Entz, Doris Turner, Jeff Marshall, Patricia Verduzco, Alfredo Jauregui, Kristen Mungcal, Doug Norcross, Venus Morris, Deondroy Davis, Laverne Herbert, Rochelle Moss, Michael R., Cathy Dye, Sonia Ventura, Terri Franklin, Silvia Cajero, Talene Zadekich, Julian Ellison, Maggie Harris, Matthew Parrill, Esther Parrill, Harris Cass, Sue Abito, Jhaverly Maldonado, Amber Carpenter, Erica Porteous, Faith Ikeda, Alicia Harris, Isabel Rodriguez, Trenton Conrad, Jose Lopez, CT Wilson,

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

**CALL TO ORDER PLEDGE OF ALLEGIANCE AND INTRODUCTIONS**

Chair Dr. Monica Wilson-Caffey called the meeting to order at 12:05 p.m. and led the Pledge of Allegiance; self-introductions followed.

**Tab 7:** Review Minutes of June 6, 2019.

**APPROVED**

Motion/Second: Michael Grabhorn/ May Farr

AYES: Carol Kinzel, Vickie Mack, Jennifer Spence-Carpenter, Lorrie Denson

ASBSTAIN: Troy Mondragon, Veatrice Jews, Monica Wilson-Caffey, Akin Merino

ABSENT: Jane Godager, Christopher Massa, Susan McGee-Stehsel, Catherine Inscore,

**PUBLIC COMMENTS**

Venus Morris, Pathways to Recovery Clubhouse member provided comment on mental health improvements. She has been a member of the Clubhouse for three years. The Clubhouse has helped her depression. She is requesting counselors in the clubhouses provide more one on one time and change to earlier hours for the summer. She also asked for management to visit the clubhouses.

Linda Hart of the African American Heart Coalition thanked the Department of Behavioral Health (DBH) for inviting her to sit on the interview panel for the Cultural Competency Officer. She learned a lot about the recruitment process. She advised that she attended the recent community engagement events, however she didn't notice anything specific to resources or representation for the African American community, however other groups were represented.

Christian Peters of the Cajon High School, San Bernardino County Unified School District advised he has been working with Sue Abito and partnering with county agencies for workforce development and internship programs, they just completed their first full year of implementation. He thanked the department for their partnership and collaboration.

Garth Pezant, Team House Clubhouse member provided comment on the California State Bar. He is an active consumer with the clubhouse and has concerns on the California State Bar's involvement with criminal justice. As a consumer/laymen it is difficult to

access information in order to educate yourself on the criminal justice system. The California State Bar has an obvious advantage.

### **CHAIRPERSON'S REPORT**

Chair Monica Wilson-Caffey encouraged Commissioners to attend their district's District Advisory Committee (DAC) meetings. The next meeting for the Second District is August 8, 2019, 2:30-3:30pm at the Mariposa Community Counseling in Ontario. Upcoming DAC meetings are listed on a flyer at the sign in table. This past month Chair Wilson-Caffey advised she attend the Southern Region Student Wellness Conference and is scheduled to conduct a wellness presentation at Los Osos High School next month. She is also coordinating the Ladies Legend Funk Freestyle Awareness' conference in Redondo Beach.

### **COMMISSIONERS' REPORT**

#### **First District:**

Commissioner Michael Grabhorn visited a Crisis Response Team in Crestline this past month. The Team of volunteers are ham radio training and have been responding to the fires in the Trona area. This past month he coordinated with San Bernardino Sexual Assault Services to attend the First District DAC meeting. He also met with the city of Victorville Housing Committee and went to the Older Adult sub-committee meeting and worked with Aegis to expand the Narcan program.

Commissioner Lorie Denson shared that she completed the Adult Mental Health First Aid training and is scheduled to participate in the Request for Proposal process in September. She also participated as a panel member in the Cultural Competency Officer interviews.

Commissioner Vickie Mack shared that she is working to implement mental health career pathway programs in local high desert schools and helped to facilitate career shadowing for Azusa Pacific University nursing program students. She also attend the Southern Region Student Wellness conference.

#### **Second District:**

Commissioner Carol Kinzel shared that she attend the Southern Region Student Wellness conference. She encouraged networking in the community and at conferences. She thanked Dr. Taylor and Cynthia White for presenting on Mental Health Services Act (MHSA) and Innovative Remote Onsite Assistant Delivery (InnROADs) at the mountain communities meeting. She attended the California Association of Local Behavioral Health Boards and Commissions (CALBHBC) training on the do's and don't's for Commissioners.

Commissioner Farr shared she attend the Southern Region Student Wellness Conference. She advised the presenters made an impression on everyone and the Department of Behavioral Health (DBH) was very present.

#### **Third District:**

Commissioner Troy Mondragon shared his experience at the Southern Region Student Wellness conference. He said it was a heartfelt experience and DBH had counselors present. He plans to attend the Third District DAC meeting later this month.

#### **Fourth District:**

Commissioner Jennifer Spence Carpenter attended the Southern Region Student Wellness Conference this past month. She discussed the session she attended on child drug abuse. She expressed her gratitude to DBH for having counselors on site.

Commissioner Akin Merino advised she has been spending time with the African American community. She is coordinating a conference on African Americans in Diaspora to take place September 21, she will share information as it becomes available and is asking DBH for assistance with resources. She plans to continue to conduct webinars on emotional wellbeing for public school teachers.

#### **Fifth District:**

Commissioner Veatrice Jews is working to schedule a DAC meeting to a new time to increase participation. She thanked DBH for sending her to the Southern Region Student Wellness Conference. She attended workshops on youth in trauma. She

encouraged DBH to adjust resources to support students. She plans to continue her work with local churches for homeless services.

### **NEW BUSINESS – ACTION ITEMS**

Commissioner Troy Mondragon volunteered to prepare the findings from today's Subject Matter presentation. The memos will be reviewed during the next BHC Executive Session.

#### **APPROVED**

Motion/Second: Carol Kinzel/ Vickie Mack

AYES: Michael Grabhorn, May Farr, Jennifer Spence-Carpenter, Lorrie Denson, Troy Mondragon, Veatrice Jews, Monica Wilson-Caffey, Akin Merino

ASBSTAIN:

ABSENT: Jane Godager, Christopher Massa, Susan McGee-Stehsel, Catherine Inscore

### **Tab 8: SUBJECT MATTER PRESENTATION: Adult Criminal Justice System of Care**

Presenters: Terri Franklin, Deputy Director

- The DBH Adult Criminal Justice System of Care includes Corrections to a Safer Community (CTASC), Diversion Opportunity for Outpatient Recovery Services (DOORS), Choosing Health Options to Instill Change and Empowerment (CHOICE) and Supervised Treatment After Release (CSTAR).
- CTASC Integrates individuals living with a serious mental illness/and substance use disorder scheduled for release from County jails to successfully assimilate back into the community; aims to reduce the likelihood of additional criminal behavior beginning at jail intake and extending to after release by identifying and linking them to appropriate behavioral health treatment services; links consumers to services including case management, peer support, alternatives to hospitalization and incarceration, and housing and employment support, as well as to program specific therapeutic interventions within programs that will best suit their needs; and identifies if individual meets criteria for any programs in the Adult Criminal Justice programs (i.e. DOORS, STAR, CSTAR), and appropriately links to ensure continued care remains as a priority for successful reintegration for the individual.
- Since inception, CTASC has received 2,298 referrals. In 2019 alone, 587 referrals have been received. Approximately 80% of active referrals are seen within 7 business days of receipt of referral. Re-entry plans aim to address the various needs of the client based on the intake assessment completed.
- DBH, along with key criminal justice partners in San Bernardino County, and with pending a contract with the California Department State Hospital (DSH), collaboratively established a diversion program known as the Diversion Opportunity for Outpatient Recovery Services (DOORS). This program mirrors relevant evidence-based practices for providing fundamental behavioral health treatment care to adults with a serious mental illness or co-occurring disorders (Mental Health [MH] with Substance Use Disorder [SUD]) that are involved in the criminal justice system. There are two tracks for this program: Mental Health Diversion and Incompetent to Stand Trial. DOORS has received 89 referrals since July 2018
- CSTAR Program (also known as Mental Health Diversion) aims to divert adults with a serious mental illness or co-occurring disorders (Mental Health [MH] and Substance Use Disorder [SUD]) who are involved in the criminal justice system. These individuals are provided an opportunity to receive outpatient mental health services instead of serving a jail or prison sentence. Mental Health Diversion is based on recent legislature including AB1810 and PC1001.36. Upon successful completion of Mental Health Diversion, the participant's legal matter may be dismissed. Since July 2018, 87 referrals for the CSTAR have been received.
- The Mental Health Court Collaborative meets weekly in Judges Chambers, to identify and discuss cases that would be eligible for Mental Health Court diversion. Referrals are assessed and once accepted into the program required to attend extensive day treatment programming, followed by a ACJ wrap around team both in community and in treatment. Occasional follow up court dates to determine progress are required. Minimum of 18 months in the treatment portion of the program.
- CHOICE and Probation collaborate in a number of ways including: weekly and/or Bi-weekly Case Staffing Conferences between DBH and probation staff; emails and phone calls as needed to provide updates on client treatment and participation; monthly Multi Disciplinary Treatment (MDT) Meetings and/or as needed; monthly stat reports reflecting screenings, assessments and group participation; on-going communication about effective client care, Program updates and/or mandates.

- The Mental Health Diversion Treatment Team works collaboratively to identify cases eligible for Mental Health Diversion. Referrals are assessed and treatment recommendations are submitted for approval. Once accepted into the program, clients are required to participate in intensive outpatient services, followed by an ACJ wrap-around team for up to 2 years.
- DBH and the Public Defender's office collaborate in a number of ways including: public Defenders and Social Service Practitioners (SSPs) identifying and referring individuals to Corrections to a Safer Community (CTASC) or Diversion Opportunities for Outpatient Recovery Services (DOORS); weekly teleconferences between CTASC and the SSPs from the Public Defender's office; emails and phone calls as needed to develop and execute identified re-entry plans; providing progress reports for DOORS clients to assigned Public Defender; weekly case consultation between Supervised Treatment After Release (STAR) and the assigned Mental Health Court (MHC) Public Defender.
- For additional questions regarding today's presentation please contact Terri Franklin at [tfranklin@dbh.sbcounty.gov](mailto:tfranklin@dbh.sbcounty.gov) or (909) 383-3972.

### DIRECTOR'S REPORT

- Dr. Kelley welcomed new staff Dr. Timothy Hougen, Deputy Director for Children, Transitional Age Youth and Mental Health Services Act; Aimara Freeman, Community Outreach and Public Relations Coordinator and Maribel Gutierrez, Cultural Competency Officer.
- Dr. Kelley acknowledged and thanked DBH staff that responded to the Trona earthquakes. DBH was asked by the Office of Emergency Services (OES) to deploy Community Crisis Response Team staff two days after the earthquake. DBH provided nine responders and has been rotating staff to provide coverage. This was very hazardous work, as many of the buildings were damaged from the earthquake, there were extremely high temperatures, and many earthquakes took place throughout the following days.
- Dr. Tom Insel, the Governor's Advisor on all things mental health visited San Bernardino County the last week in July. Dr. Kelley took him to the DBH Clinics in Barstow and Victorville, Prevention and Early Intervention Military Services Program, SUD provider Aegis, clubhouses and our Gilbert Street campus. He met with TAY youth and was shown how our department uses MHSA dollars. He also participated in a Homeless Outreach Support Team (HOST) ride along.
- Dr. Kelley thanked Michelle Dusick, Sonia Rubio and MHSA staff for their work on the Southern Region Student Wellness Conference. She shared pictures and a video from the event.

### OUTSIDE AGENCY REPORTS

- Aimara Freeman played an interactive guessing game with the audience. She announced September is National Recovery Month and encouraged attendees to wear purple to promote awareness. In honor of National Recovery Month, Saturday September 28 DBH is hosting the annual Recovery Happens event, 10-3pm at the National Orange Show Fair Grounds. In addition to recovery month, San Bernardino County Board of Supervisors also acknowledges National Suicide Prevention Month, Hispanic Heritage Month and National Women's Health and Fitness Day. She encouraged attendees to visit the DBH web page and follow DBH on social Media. The audience was also shown how to sign up for email marketing.
- Laurie Marsden, Chief of Staff for the First District, thanked DBH for their assistance with the recent earthquakes.
- Kristen Mungcal informed attendees of the upcoming Clubhouse Comic Con event taking place August 7, 10:30-2:30 in the auditorium.

### ADJOURNMENT

Meeting adjourned at 2:00 p.m.

---

*Monica Wilson-Caffey, Chair*  
Behavioral Health Commission

---

*Raquel Ramos*  
Clerk of the Behavioral Health Commission