

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
November 7, 2019 - 12:00-2:00 pm

Commissioners Present: Monica Caffey, Michael Grabhorn, Vickie Mack, Lorrie Denson, May Farr, Christopher Masa, Troy Mondragon, Carol Kinzel, Susan McGee-Stehsel, Akin Merino, Laurie Marsden.

Excused Absence: Catherine Inscore, Jennifer Spence-Carpenter, Veatrice Jews

Absent: Jane Godager

Guests: Steve Rodriguez, Destiny Castellon, Linda-Marie Griffey, Nicholas Gruchy, Jon Buffong, Jessica Cuevas, Joshua Taylor, Michelle Dusick, Laretta Ross, Linny Nguyen, Charlene Hall, John Von Oesen, Ashley Banks, Ray Blevins, Cristina Guerra, Ana Hemesicios, Andre Bossieux, Gustavo Villa, Miriam Clark, Andy Gruchy, Beverly Scott, Julie Hale, Derrick Cannon, Clint Lewis

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

CALL TO ORDER PLEDGE OF ALLEGIANCE AND INTRODUCTIONS

Vice Chair Susan McGee Stehsel called the meeting to order at 12:10 p.m. and led the Pledge of Allegiance; self-introductions followed.

Tab 7: Review Minutes of August 1, 2019.

APPROVED

Motion/Second: Michael Grabhorn/ Akin Merino

AYES: May Farr Carol Kinzel, Vickie Mack, Lorrie Denson, Troy Mondragon, Monica Wilson-Caffey, Christopher Massa, Susan McGee-Stehsel

ASBSTAIN:

ABSENT: Catherine Inscore, Jennifer Spence-Carpenter, Veatrice Jews, Jane Godager

Tab 8: Review Minutes of September 5, 2019.

APPROVED, with a change in attendance.

Motion/Second: Michael Grabhorn/ May Farr

AYES: Akin Merino, Vickie Mack, Lorrie Denson, Troy Mondragon, Monica Wilson-Caffey, Christopher Massa

ASBSTAIN: Carol Kinzel, Susan McGee-Stehsel

ABSENT: Catherine Inscore, Jennifer Spence-Carpenter, Veatrice Jews, Jane Godager

Tab 9: Review Minutes of October 3, 2019.

APPROVED, with a change in attendance.

Motion/Second: Michael Grabhorn/ Vickie Mack,

AYES: May Farr, Carol Kinzel, Akin Merino, Lorrie Denson, Monica Wilson-Caffey, Christopher Massa

ASBSTAIN: Troy Mondragon, Susan McGee-Stehsel

ABSENT: Catherine Inscore, Jennifer Spence-Carpenter, Veatrice Jews, Jane Godager

PUBLIC COMMENTS

Gareth Plezant from Team House provided public comment regarding his experience with the court system, his attorney and being charged with crimes.

Linny Nguyen from the National Alliance on Mental Illness San Bernardino office introduced herself to the audience. She plans to be involved and attend future Commission meetings.

CHAIRPERSON'S REPORT

Chair Caffey shared that she presented to Chaffey Unified School District students on Because You Matter. This is in support of the recent legislation requiring schools to provide suicide prevention tools. She has continued to attend the California Behavioral Health Planning Council meetings and provide Youth Mental Health First Aid trainings to High Schools in the Fourth District.

COMMISSIONERS' REPORT

First District:

Commissioner Michael Grabhorn shared that he participated in the Department of Behavioral Health (DBH) Day Reporting Center and Criminal Justice site visits. He participated in a Domestic Violence Candle Light Vigil, the High Desert Community Coalition Adelanto City Council meetings as well as the First District Advisory Committee (DAC) meetings.

Commissioner Vickie Mack shared that the Mental Health Crisis Intervention Forum is taking place this evening. This event will raise awareness and provide information on how resources may be accessed. She also attended the Sultana High School Substance Abuse Forum where attendees discussed the link between substance abuse and mental health. She also assisted in coordinating the first annual Behavioral Health Career Symposium for local High School Students with Saint Mary Desert Valley Hospital.

Commissioner Lorie Denson participated in a meet and greet with Dr. Walden the president at Victor Valley Community College. She also attended both of the DBH Day Reporting Center and Criminal Justice site visits, the Sultana High School Substance Abuse Forum and the First District DAC meeting.

Second District:

Commissioner Carol Kinzel continues to participate in the Rim Communities for Youth meetings, Rim Communities Resource Network meetings and the Mountain Homeless Coalition. She facilitated the Second District DAC meeting and attend the Community Policy Advisory Committee meeting as well.

Third District:

Commissioner Christopher Massa advised he is not as active as he would like to be and plans to resign from the Commission.

Commissioner Troy Mondragon shared that he went to the Ontario High School Mental Health event and plans to attend the Behavioral Health Commission Annual Awards event in December. He is also scheduled to meet with Supervisor Rowe.

Fourth District:

Commissioner Akin Merino attended the African American subcommittee meeting and continues her work with African Americans in diaspora and is coordinating a suicide prevention awareness walk. She is planning to travel to Nigeria next week and will present on trauma informed care and mental wellness.

Fifth District:

Commissioner Susan McGee Stehse advised she is resigning from her role as a Commissioner effective December 30. She provided acknowledgement of those that assisted her in her role as a commissioner and shared her experiences.

NEW BUSINESS – ACTION ITEMS

- Commissioners May Farr and Troy Mondragon volunteered to participate in the 2019 Data Notebook Ad Hoc Committee at the September BHC meeting.

APPROVED

Motion/Second: Christopher Massa/ Susan McGee-Stehsel

AYES: May Farr Carol Kinzel, Vickie Mack, Lorrie Denson, Troy Mondragon, Monica Wilson-Caffey, Michael Grabhorn, Akin Merino

ASBSTAIN:

ABSENT: Catherine Inscore, Jennifer Spence-Carpenter, Veatrice Jews, Jane Godager

- During the October meeting it was determined that Commissioners Jews, Merino and Denson will be on the Annual Awards Selection Committee.

APPROVED

Motion/Second: May Farr / Susan McGee-Stehsel

AYES: Carol Kinzel, Vickie Mack, Lorrie Denson, Troy Mondragon, Monica Wilson-Caffey, Michael Grabhorn, Akin Merino, Christopher Massa

ASBSTAIN:

ABSENT: Catherine Inscore, Jennifer Spence-Carpenter, Veatrice Jews, Jane Godager

- During the October meeting it was determined that Commissioners Kinzel, Mondragon, Mack and Grabhorn will be on the 2020 Election of Officers Committee.

APPROVED

Motion/Second: Christopher Massa/ Susan McGee-Stehsel

AYES: May Farr Carol Kinzel, Vickie Mack, Lorrie Denson, Troy Mondragon, Monica Wilson-Caffey, Michael Grabhorn, Akin Merino

ASBSTAIN:

ABSENT: Catherine Inscore, Jennifer Spence-Carpenter, Veatrice Jews, Jane Godager

- **Tab 10:** Present the 2018 Slate of Officers

Commissioner Troy Mondragon presented the 2020 slate of prospective officers:

- Chair – Monica Wilson
- Vice Chair – Akin Merino
- Secretary – Vickie Mack
- Treasurer - Veatrice Jews, Catherine Inscore.

Commissioner Akin Merino declined the nomination for Vice Chair. The group will make another nomination at the January meeting.

DIRECTOR'S REPORT

Assistant Director Michael Knight provided a report on behalf of Dr. Veronica Kelley.

- Darrell Steinberg, Governor Gavin Newsom's "Statewide Expert" on Homelessness visited DBH's MHSA funded programs to see how our programs impact homelessness. The visit included a site down at the Transitional Age Youth Center and the a site visit to the Crisis Stabilization Unit. Michael thanked staff for their work in these programs.
- Michael shared a video "Starbucks Affirmations" with the audience. Dr. Kelley was interviewed in the video along with Starbuck's staff and administrators, the video shows how discussion and acknowledgement can park movement and acceptance around mental health.

OUTSIDE AGENCY REPORTS

- Kirsten Mungcal informed attendees of the upcoming Talent and Awards night taking place November 20. This is the last event from Recovery Happens. All are welcome to attend.
- Jonathan Buffong informed attendees of the upcoming Native American Heritage month event. This year DBH is partnering Cal State San Bernardino to have conversations on diversity and Native American mascots. The event will take place November 12. Details are available on a flyer located at the sign in table.
- Michelle Dusick advised MHSA and Workforce Education and Training is hosting a special stakeholder planning session on workforce shortage areas at the November 21 Community Policy Advisory Committee meeting. All are welcome to attend.

ADJOURNMENT

Meeting adjourned at 2:00 p.m.

Monica Caffey, Chair
Behavioral Health Commission

Raquel Ramos
Clerk of the Behavioral Health Commission