

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
February 6, 2020 - 12:00-2:00 pm

Commissioners Present: Michael Grabhorn, Vickie Mack, May Farr, Lorrie Denson, Jennifer Spence-Carpenter, Carol Kinzel, Veatrice Jews, Supervisor Robert Lovingood

Excused Absence: Monica Caffey, Troy Mondragon, Akin Merino, Catherine Inscore

Absent: Christopher Masa

Guests: Kianna Maldonado, Beverly Scott, Javier Lazalde, Miriam Clark, Marlen Hernandez, Angela Kim, Rebecca Cantrell, Luis Hernandez, Laurie Marsden, Claire Karp, Larissa Guinn, Maria Aceves, Leslie Hodges, Steveanna Evans, Gregory Nyx, Candida Velasco, Patricia Verduzco, DeMario Dunn, Sonia Rubio, Lawrence Gonzaga, Jennifer Pacheco, Tina Entz, Manuel Cordoba, Destiny Castellon, Mayra Alvarado, Jose M. Lepez, Dario Gordon, Kristen Mungcal, Jamesia Brown, Cliff Craig, Patricia Green, Chad Schnitzer, Derrick Cannon, Michelle Dusick, Julian Ellisin, Christina Alves, Jessica Cuevas, Lauretta Ross, Jennifer Esparza, Kim Olson, Kathy Lopez, Maribel Gutierrez, Linda Sibio, Annie Rivera, Stacy McShorda, Linda Hart, Garth Pezant

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

CALL TO ORDER PLEDGE OF ALLEGIANCE AND INTRODUCTIONS

Commissioner Carol Kinzel called the meeting to order at 12:05 p.m. and led the Pledge of Allegiance; self-introductions followed.

Tab 6: Review Minutes of January 2, 2020.

APPROVED

Motion/Second: Michael Grabhorn/ May Farr

AYES: Veatrice Jews, Carol Kinzel, Jennifer Spence-Carpenter, Lorrie Denson

ASBSTAIN: Vickie Mack

ABSENT: Catherine Inscore, Monica Wilson-Caffey, Akin Merino, Troy Mondragon, Christopher Massa

Tab 7: Review Minutes of November 7, 2019.

APPROVED

Motion/Second: Michael Grabhorn/ Lorrie Denson

AYES: Vickie Mack, Carol Kinzel, May Farr

ASBSTAIN: Jennifer Spence-Carpenter, Veatrice Jews

ABSENT: Catherine Inscore, Monica Wilson-Caffey, Akin Merino, Troy Mondragon, Christopher Massa

PUBLIC COMMENTS

Garth Pezant provided public comment on county departments and issues. Last month he reported on a claim with Social Security Administration, at this time there is a lack of resources and support for the Team House Clubhouse in San Bernardino. This clubhouse has a high population and needs more clubhouse resources. He advised that the Sheriff is practicing inhumane methods and as a result he plans to move on from Team House to assist the elderly.

Linda Hart of the African American Health Coalition provided public comment on African American Health. This month is African American Mental Health Awareness Month. She provided certificates to recognize Department of Behavioral Health (DBH) employees Toni Harris, Todd Holder and Jonathan Buffong.

CHAIRPERSON'S REPORT

No chair present.

COMMISSIONERS' REPORT

First District:

Commissioner Michael Grabhorn shared that he participated in the Coalition Against Sexual Exploitation (CASE) Walk with over 300 participants. He attended the InnROADs presentation on dealing with the Homeless and how the InnROADs program assists. He attended the Victorville Homeless taskforce meeting with the city of Victorville. This taskforce is working with the city on a tiny homes project. He also attended the Older Adult subcommittee and met with the tobacco coalition.

Commissioner Vickie Mack has been focusing on increasing diversity in peer services in the First District. She attended Cal Voices Peer Specialist Training this past month. She plans to meet with a state contractor that provides corrections and rehabilitation services for re-entry adults with mental health co-occurring disorders.

Commissioner Lorrie Denson shared that Public Defender Chris Gardner attended the November District Advisory Committee (DAC) meeting and provided information on youth in the Criminal Justice System. She also attended the January DAC meeting where information on the Mental Health Services Act Three Year plan was shared. She is planning a Helping Hearts presentation at the upcoming DAC meeting.

Second District:

Commissioner May Farr advised she has not been as active in the recent months, however she did just attend the State of the County 2020 event.

Commissioner Carol Kinzel participated in the Point in Time Count community meetings and actual count. She attended the Regional Steering Committee meeting and attended the Mountain Region Behavioral Health Capacity Building Stakeholder Convening. She encouraged attendance at the upcoming Second District DAC meeting February 13, 3:30-4:30 at Lake Arrowhead Station #91. This meeting takes place the second Thursday of every month.

Third District:

No Commissioners present for the Third District.

Fourth District:

Commissioner Jennifer Spence-Carpenter is taking webinars on brief trauma intervention and shared her compassion for those taking care of their parents.

Fifth District:

Commissioner Veatrice Jews attended the Third District DAC meeting which included a presentation on the MHSA Three Year plan in support of stakeholder engagement.

Tab 8 SUBJECT MATTER PRESENTATION: Cultural Competence

Presenter: Maribel Gutierrez, Cultural Competency Officer

- By today's presentation will cover the concepts of cultural competence and how DBH is embedding and integrating the tenants of cultural competence.
- Culture refers to values, beliefs, perceptions, relationships, attitudes, practices, rituals, rules and routines that inform the day to day interactions of people. It can be different for each person and can be passed down from one generation to the next. Culture is learned and is more than just ethnicity and race.
- Competence is having the necessary ability, knowledge or skill to do something successfully.
- Cultural Competence is a set of congruent behaviors, attitudes, and policies that come together in a system that enable that system to work effectively in cross cultural situations.
- The continuum of cultural competency includes cultural destructiveness, cultural incapacity, cultural blindness, cultural pre-competence, cultural competence and cultural proficiency.
- Cultural proficiency in an organization includes valuing diversity, institutionalization of cultural knowledge and adapting to diversity.
- Behavioral Health Services are not quality if that are not culturally competent. Culture influences health seeking behaviors and attitudes.

- DBH's Office of Cultural Competence and Ethnic Services (OCCES) conducts outreach and engagement; monitors interpretation and translation services; reviews and updates policies and procedures; develops, coordinates, and delivers training and education; facilitates the Cultural Competency Advisory Committee (CCAC) and Subcommittees meetings; and facilitates the Department Diversity Committee (DDC) meetings.
- DBH's Office of Consumer and Family Affairs (OFCA) provides support to clients and family members and assists families in navigating the Behavioral Health System.
- There are 8 criterion in the Cultural Competency Plan: commitment to cultural competence; assessment of service needs; strategies and efforts in reducing racial ethnic, cultural and linguistic behavioral health disparities; client/family member/ community committee integration; culturally competent training activities; county's commitment to growing a multicultural workforce; language capacity; and adaptation of services.
- For additional questions please contact: Maribel Gutierrez, Cultural Competency Officer: 909-386-8223 or maribel.gutierrez@dbh.sbcounty.gov

NEW BUSINESS – ACTION ITEMS

Tab 9: Election of 2020 Officers. On behalf of the Chair of the Nominating Committee, Commissioner Mack announced the slate of officers and asked for further nominations from the floor. Commissioner Grabhorn declined the nomination for Vice-Chair. As a result, there was only one nomination for Chair, one nomination for Vice Chair and one nomination for Secretary, and two nominations for Treasurer. All commissioners present voted for the one nominee in each officer position. The Treasurer position votes are as follows:

Voting of Treasurer was conducted verbally

Michael Grabhorn voted for Veatrice Jews
 Vickie Mack voted for Veatrice Jews
 Lorrie Denson voted for Veatrice Jews
 May Farr voted for Veatrice Jews
 Jennifer Spence-Carpenter voted for Catherine Enscore
 Carol Kinzel voted for Veatrice Jews
 Veatrice Jews voted for herself

The voting resulted in the following for the 2020 election of officers: Chair: Monica Caffey; Vice-Chair: Carol Kinzel; Secretary: Vickie Mack; Treasurer: Veatrice Jews.

Tab 10: Approval to pay California Association of Local Behavioral Health Boards/Commissions (CALBHB/C) Annual Dues.

APPROVED

Motion/Second: Michael Grabhorn/ Vickie Mack
 AYES: Veatrice Jews, Carol Kinzel, Jennifer Spence-Carpenter, Lorrie Denson
 NAY: May Farr
 ASBSTAIN:
 ABSENT: Catherine Inscore, Monica Wilson-Caffey, Akin Merino, Troy Mondragon, Christopher Massa

Commissioner Farr expressed her concern with the dues, the lack of support from the CALBHB/C. She has not received any information on meetings, trainings and resources that the association provides. Dr. Kelley suggested the Commission write a letter to the CALBHB/C stating concerns and requesting information on how the dues are applied. Laurie Marsden commented that she and Chair Caffey attended the last CALBHB/C quarterly meeting and suggested Chair Caffey provide her notes from the meeting.

DIRECTOR'S REPORT

Dr. Veronica Kelley provided the following report to meeting attendees:

- February is African American Heritage month and in honor of African American Mental Health Awareness week DBH is hosting a Black History Month event on February 14, 2020 at the Ontario International Airport Authority Administration. More information on this event is available on a flyer at the sign in table.

- January 25 the Office of Emergency Services reached out to DBH for assistance with American Repatriates related to the coronavirus. DBH asked for volunteers, coordinated a training and fitting for equipment. The night prior to DBH being dispatched, it was determined that the plane would land at March Airbase. Dr. Kelley thanked all staff that helped with the effort.
- DBH is participating in a data driven recovery project, this MHSa funded program includes five counties. San Bernardino is one of them. This project looks at sequential intercept modeling. Which is basically making efforts in intercepting clients between mental health and the criminal justice system. DBH wants to do something at each of those points to positively impact individuals. This will also be a great opportunity for us to get better use of our data.
- DBH participated in last week's Pastor's Poverty symposium at Cal State San Bernardino along with the Interagency Council on Homelessness and the Sheriff's Department. This provided a lot of interaction with our local churches, synagogues and temples. Often times faith based folks are the first responders when it comes to community services including homelessness.

OUTSIDE AGENCY REPORTS

- Garth Pezant asked for clarification from Commissioner Lorrie Denson on her report on the public defender.
- Linda Hart corrected a mistake listed on a flyer and asked Dr. Kelley for information to educate the community airborne infectious diseases. Dr. Kelley advised the Department of Public Health and the Center for Disease Control would have the most accurate information for the public.
- Jonathan Buffong advised DBH is hosting a Black History Month event on February 14, 2020 at the Ontario International Airport Authority Administration. More information on this event is available on a flyer at the sign in table.
- Derrick Cannon informed attendees that the Clubhouse Expansion Program is hosting an African American History event next Wednesday 11-2pm at the CSBHBS Auditorium.

ADJOURNMENT

Meeting adjourned at 1:50 p.m.

Carol Kinzel, Secretary
Behavioral Health Commission

Raquel Ramos
Clerk of the Behavioral Health Commission