

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
June 3, 2021 - 12:00-2:00 pm

Commissioners Present: Michael Grabhorn, Lorrie Denson, Carol Kinzel, Jennifer Silvestri, Victoria Ogunrinu, Akin Merino, Jennifer Spence-Carpenter, Veatrice Jews, Gil Navarro, Lynn Summers, Samuel Shoup on behalf of Supervisor Col. Cook.

Excused Absence: Monica Caffey,

Absent: Catherine Inscore, Vickie Mack, May Farr

Guests: Tim Hougen, Joshua Taylor, Melanie Porges, Tamara Weaver, Cheryl McAdam, Jennifer Pacheco, Christopher Schreur, Maribel Gutierrez, Deborah Courtney-Taylor, Ladrina Moffat, Nicole Woodward, Cannon, Cassandra, Kristen Mungca, Nashira Funn, Vivien Limon, Karen Cervantes, Julie Hale, Susan Achuff, Christina Entz, Miriam Clark, Cristi Guerra, Sheen Felix, Lauretta Ross, Gregory Nyx, Sonia Rubio, Vivian Bermudez, Jennifer Silvestri, Teresa Frausto, Marlen Hernandez, Andrew Gruchy, Gayle, Jessica Soto, Aracely Estrada, Steve McNally, Rene Keres, Erica Richling, Erica Porteous, Elaine Villareal, Dr. G, Michelle McDonald, Victoria Hall, Sarah Hayes, Andre Bossieux, Allison Cunningham, Keith Haigh, William Oglesby, Erin Zamora, Nathan Trujillo, DeMario Dunn, Brenda Scott, Laurence Gonzaga, Merida Saracho, Valerie Maybrier, Charlene Bollinger, Luis Castillo, Andre Bossieux

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

CALL TO ORDER/ PLEDGE OF ALLEGIANCE/ROLE CALL

Vice Chair Michael Grabhorn called the meeting to order at 12:05 p.m. and roll call followed. Commissioner Grabhorn led the group in the pledge of allegiance.

Tab 6: Review Minutes of May 6, 2021.

APPROVED

Motion/Second: Gil Navarro/ Lynn Summers

AYES: Michael Grabhorn, Lorrie Denson, Carol Kinzel, Jennifer Silvestri, Victoria Ogunrinu, Akin Merino, Jennifer Spence-Carpenter, Veatrice Jews

ASBSTAIN:

ABSENT: Catherine Inscore, Vickie Mack, May Farr, Monica Caffey,

PUBLIC COMMENTS

Charlene Bollinger provided public comment. She informed meeting attendees that her daughter is 11 years old, she has been receiving services at South Coast Community Services for approximately 2 years. She advised that her daughters' therapist has refused to consult with her teachers. Her daughter has not completed any assignments since October 2020. The clinician has advised Charlene that there is no release of information for the school. She is concerned with South Coasts involvement in her daughters' academics.

CHAIRPERSON'S REPORT

Vice Chair Michael Grabhorn shared he wrote an article about affordable housing. COVID restrictions are lifting, property values are way up. There are many landlords selling family dwellings and then telling tenants they have to move. It is becoming a very serious issue. He's been involved in food giveaways and attended the District Advisory Committee (DAC) meeting last month, where Dr. Kelley presented. The next meeting is taking place June 16 with Britney Hardy from the Walk In Crisis Center is presenting.

COMMISSIONERS' REPORT

First District:

Commissioner Lorrie Denson shared she attended the 17th Annual Evening with the Stars, it was a nice quiet socially distanced event that was very organized. Michelle Williams was the keynote. She attended the High Desert Mental Health Summit on May 6. She also attended a High Desert coalition meeting with Sarah Moyer, this was in support of a group of community members carrying out measure P. Measure P is a tax in Victorville, where a 100% of revenue is to go toward law enforcement, help with crime, fire stations and reducing homelessness and code enforcement for illegal dumping. Dr. Kelley spoke at the last DAC, she presented on her personal life story. Commissioner Denson also coordinated an education presentation at her church where Dr. Caffey presented on suicide.

Second District:

Commissioner Carol Kinzel shared she has been working with Commissioner Jennifer Silvestri and the Mountain Homeless Coalition on Motivational Interviewing and attending additional regularly scheduled meetings. She has been talking with many local providers and they are all meeting at the next DAC Meeting to discuss the unmet needs of the mountains part of the 2nd District. This afternoon she will need to leave today's meeting, as she is representing the 2nd District at a chain cutting event.

Commissioner Jennifer Silvestri attended the Big Bear community collaborative meeting where she observed demonstrations for children who have experienced Adverse Childhood Events also known as the ACEs program. This program is being flipped to a program called PACEs. Protection and Compensatory Experiences (PACEs) to help children focus on resiliency. This program reduces suicide and teen pregnancy. She also joined Carol at the 2nd DAC meeting. The motivational interview training is an amazing technique. She recommended it for Behavioral Health. She also referenced the real estate problems, and advised there is a similar problem in the mountain communities.

Third District:

Commissioner Victoria Ogunrinu shared she was very busy during the month of May with some improvement projects. She was able to get her contractor vaccinated. The DAC Meeting was yesterday, she encouraged those that live in the 3rd District to attend this meeting is always on the 1st Wednesday of every month. She attended the parent empowerment and suicide prevention seminar. Dr. Caffey presented and did an excellent job at presenting strategies for suicide prevention. She participated in a Commission subcommittee meeting on program visits and watched the Evening with the Stars live stream. Lastly, she attended a virtual seminar with her church on how to visit with your provider and different kinds of providers.

Fourth District:

Sheena Felix reported on behalf of Dr. Akin Merino. Dr. Akin attended the DAC meeting and agencies gave updates on what they provide to communities including challenges and what works. She presented and hosted 4 mental health webinars in May and she is continuing her trauma training. Her book Mental Wellness for Educators has been released.

Commissioner Jennifer Spence-Carpenter shared she attended the virtual Evening with the Stars. She is continuing to participate with National Alliance on Mental Illness (NAMI), they just had the virtual NAMI walk. She attended the virtual meet the artist. She plans to attend the next DAC meeting for the 4th District.

Fifth District:

Commissioner Veatrice Jews shared she attended the Evening with the Stars Live Stream, attended the Homeless strategic planning and the DAC meeting. She worked with Commissioner Ogunrinu on program site visits. DBH and Ministers are partnering and its getting off to a great start. She also assisted with linking someone to a homeless voucher.

Commissioner Gil Navarro stated he appreciated the Commissioners volunteerism. Its very critical that we come together to remove stigma of mental illness. He made a brief presentation at the last 5th DAC meeting on what parents need to know about mental health services but are afraid to ask. It's often that parents are not informed or they are in denial of mental health issues. In a sensitive way you can explain to families, especially in the Latino culture. He plans to attend the National Innovative Communities Conference next week.

Commissioner Lynn Summers shared she is helping families with members that have behavioral health issues, she connected two families to affordable housing. She is also participating in a care giver support team, she attends meetings and shares

information on resources. Many caregivers are returning to work and are in fear because those they take care of are unvaccinated. She is working to help them. She provided an update on a client she spoke of a few months ago. She attended the DAC meeting, and helped two students with their IEPs.

Tab 7: SUBJECT MATTER PRESENTATION: Tele-Health and Changing the Service Delivery Paradigm – How COVID19 Shifted DBH Services, Response and Outcomes

Presenter: Dr. Christopher Schreur, Associate Medical Director and Dr. Joshua Taylor Senior Manager

- Telehealth prior to COVID had a lack of infrastructure, there was no electronic health record (EHR), no centralized schedule, there was limited locations by available staff and schedules. There were also limitations on consents for treatment. Written consent was required and client signatures were required for audit purposes.
- The Trona earthquake was a game changer. Trona is located in a remote area and required a new approach. WebEx and a laptops provided a solution. Out of a crisis; DBH found a solution via web-based delivery that gave us the experience to explore telehealth from consumer location to clinic vs. clinic to clinic model, this changed the expectation of what was needed.
- During the COVID pandemic we also found that the challenges and what we thought we need were not barriers. DBH had to create a Hybrid EHR. Email, Flash Drives, PDFs, three way conf calls were implemented to continue to provide services. The main barrier was a lack of an EHR. Now that we have one, it enhances our ability to Tele-Health.
- During COVID19 DBH never closed its clinic's. They were shifted but never closed. Federal and state regulations allowed more flexibility. Verbal consent was now allowed and allowed the use of tele-phone to provide services. The pandemic accelerated DBH efforts and use of Tele-Health. Injections were administered at clinics and pharmacies.
- As a result of the development of our telehealth services, we improved our outcomes. There were 15,000 less no shows during the months of March 2020 to March 2021. Revenue also grew in out remote clinics, 34,000 more services were provided.
- This tells us that Tele-health is a vital part of our system of care with lower no show rates. More access to treatment especially for families & patients with multiple medical problems. Transportation is no longer a barrier to care, and we are able to see patients who live in rural areas, who otherwise have difficulty getting to the clinics
- Telehealth still faces the challenge of data use and cost, connecting the provider to administrative support and live video when dealing with paranoia.
- In the future DBH will fully implement AVATAR, there will be a new website, a centralized number for hospital discharges, centralized scheduling and telehealth will allow DBH to obtain greater data analysis to identify gaps in service.
- For additional questions, please contact Dr. Christopher Schreur at cschreur@dbh.sbcounty.gov or Dr. Josh Taylor at jtaylor@dbh.sbcounty.gov.

NEW BUSINESS – ACTION ITEMS

Identify Commissioner to Prepare Presentation Findings:

- Commissioner Victoria Ogunrinu volunteered to prepare today's presentation memo of findings.

Officer Vacancy – Election of 2021 Secretary

- No quorum present, item tabled for July meeting.

DIRECTOR'S REPORT

Deputy Director Dr. Tim Hougen provided the following report on behalf of Director Dr. Veronica Kelley:

- The Equity Summit previously known as the Cultural Competency Summit is taking place in one week. This year Alameda county is hosting. There is a cost to attend, about 16 DBH staff are attending.
- June 9, DBH partnering with my health matters for the Wellness Summit. Raquel will send out more information for those that wish to participate. There is no cost to attend.

- The Governor's May revise for the budget was released. The budget is very generous to mental health, however much of the budgeted dollars are one time funds, we are navigating that very carefully with our Fiscal office.

OUTSIDE AGENCY REPORTS

- Kristen Mungcal, Program Manager I for Clubhouses provided an update. June is pride month, the Clubhouses are celebrating with a virtual educational event on June 23 at 1pm. Please email Kristen at to participate. Attendees will learn information on how to be a good ally to the Lesbian, Gay, Bi, Transgender and Questioning (LGBTQ) population and also why it is a population identified in the Mental Health Services Act (MHSA) that needs additional support. Happy pride month!

ADJOURNMENT

Meeting adjourned at 1:23 p.m.

Michael Grabhorn, Vice Chair
Behavioral Health Commission

Raquel Ramos
Clerk of the Behavioral Health Commission