



Behavioral Health

San Bernardino County Behavioral Health Commission Meeting Minutes

Date: Thursday, May 04, 2023
Time: 12:00pm-2:00pm

Minutes Recorded and Transcribed by: Michelle McDonald on behalf of *Sheena Felix, Clerk of the Commission*

OPENING REMARKS	PRESENTER	ACTION/OUTCOME
A. Call to Order B. Pledge of Allegiance C. Roll Call – BH Commission	Vice Chair, Gil Navarro – 5 th District Vice Chair, Gil Navarro – 5 th District Clerk of the Commission, Sheena Felix	<ul style="list-style-type: none"> Meeting called to order; attendees were welcomed. Led group in Pledge of Allegiance Conducted roll call by District
CONSENT ITEM(S)		
D. Approve Feb. 2, 2023 Meeting Minutes (Tab 5) E. Approve Mar. 2, 2023 Meeting Minutes (Tab 5) F. Approve Apr. 2, 2023 Meeting Minutes (Tab 5)		<ul style="list-style-type: none"> Minutes were reviewed. Lynn Summers made a motion to approve minutes as written. Jennifer Spence seconded the motion. Motion carried. Minutes were reviewed. Lynn Summers made a motion to approve minutes as written. Jennifer Spence seconded the motion. Motion carried. Minutes were reviewed. Veatrice Jews made a motion to approve minutes as written. Lynn Summers seconded the motion. Motion carried.
PUBLIC COMMENT <i>(3-minute time limit)</i>		
G. None		Clerk Felix stated there were no public comments received via chat, email, or in real time.
INFORMATION ITEMS		
H. Chair’s Report	Chair, Dr. Monica Caffey	Chair Dr. Caffey was not present to provide a report.
I. Commissioners Report(s)	Michael Grabhorn	<ul style="list-style-type: none"> Met with City Council, discussed homelessness in Victorville and High Desert, attended District Advisory Committee (DAC), explained Pastor Mark Graham will talk more about that, attended the Co-Occurring Disorder Subcommittee, and attended the California Association of Local Behavioral Health Boards and Commissions (CALBHB/C) Quarterly meeting.
	Pastor Mark Graham	<ul style="list-style-type: none"> Stated they are known for working with the re-entry community, starting to work with Pre entry with Mental health issues, intervention approaches, especially juveniles who have been involved with disciplinary actions in school. San Bernardino County African American students are 15% of the demographic but 60% of students disciplined. Created an “intervention supply chain” from Middle school to high school to Victor Valley College to UCLA and possibly Cal State San Dominguez. This program focuses on

		<p>mentoring and micro credentialing, teaching critical thinking, resiliency, creative problem solving and intercultural fluency. The students receive a certificate after each segment is completed. Mental Health counseling is available for students who may be struggling at home or socially. 4/12/23 he attended the State of the District for Victor Valley School Union District. On 4/20/23 met with the Superintendent of the District and started preparing for 5/11/23 working meeting with Dr. Carl Coles to begin going into the schools to implement this program. Became a Narcan distribution center, will hand out 48 Narcan packets, show a training video to educate people who have family members who are addicted on how to use Narcan if that becomes necessary. Invited to become part of the District Attorney County Commission looking at how DA processes cases; this will help with advocacy work. Pastor Mark Graham has been going to court helping individuals who are justice involved whose mental health have been the catalyst for crime they have committed. These individuals receive an assessment, collaborating with Public Defender and District Attorney's offices to determine if there is an alternative to incarceration for these individuals to get treatment for victimless crimes. On 4/19/23 DAC meeting- Dr. Wesley Wilson from Victor Valley College presented on Justice Involved efforts of the college. There are over 300 students involved in this program. Studies show that when a person is incarcerated, and education is introduced recidivism is reduced by 30-40%. Grief program continues every Tuesday at 7:00 for individuals who have experienced loss, which is affecting their mental health.</p>
	Dr. Valerie Samuel	<ul style="list-style-type: none"> • Attended Healthy Rancho Cucamonga Teen Summit focusing on Mental Health. Attended CALBHB/C Quarterly meeting and Orientation for new commissioners.
	Allie Mink	<ul style="list-style-type: none"> • Presentation to Lutheran Social Service for permanent housing for individuals with cooccurring mental health and additional conditions aimed at formalizing discussions of mental health and conditions as well as reducing stigma around treatment options. Worked with Upland Unified School District gave resources for their Parent and Student Mental Health presentation for May Mental Health month, working with Citrus Valley along the same lines.
	Bill Miller	<ul style="list-style-type: none"> • Stated his main purpose for joining was to present the paradigm change to the way mental health is presented to schools. Has been working for about 5 years on a presentation to get schools to allow teaching mental health. Would like this to be a nation-wide project but realize this must start on a small scale such as a single district or school. He stated he feels mental health programs are fragmented and need to be more centralized.
	Dr. Akin Merino	<ul style="list-style-type: none"> • Welcomed new commissioners and thanked Pastor Mark Graham for all his work. Last month she focused on two Domestic Violence workshops: the first was general,

		discussing gender-based violence. There was then a request for faith-based domestic abuse training. This was with a group of pastors and church workers. Stated she will keep the commission posted on how these progresses. Substance abuse training for inner city workers, focusing on opioids. Part of the evaluation for the full services partnership for the county. DAC meeting had several conversations about staffing and access, many questions answered in executive session. Invited all to attend next DAC meeting the third Wednesday of each month Will be keynote speaker at 35th annual APS conference.
	Jennifer Spence	<ul style="list-style-type: none"> • Attended DAC and is inviting the community. Working with Churches to reduce stigma around mental health.
	Lynn Summers	<ul style="list-style-type: none"> • Asked for a moment of silence for family members across the nation who have been affected by gun violence. Worked with the Department of Aging to get seniors out in the community now that Covid restrictions have ended.
	Veatrice Jews	<ul style="list-style-type: none"> • Attended a wellness presentation by Dr. Hougen at Rialto School District. This is important to her as she was involved in church programs many years ago and realized students need help right in the moment such as intervention and preventions. The DAC meeting had a presentation by Andre Bossieux from the TAY center, which was highly successful.
	Gil Navarro	<ul style="list-style-type: none"> • He attended the DAC meeting where Andre Bossieux presented, shared a personal story about a young lady who he helped get assistance at the TAY center years ago who continues to do well. Shared an article from the Surgeon General titled “Kids Declining Mental Health is The Crisis of Our Time”, he stated mental health support is reaching a peak priority. He has found when students have academic deficiencies that mental health is part of students challenges to being successful, would like schools to provide mental health resources when needed. The goal is to get a student wellness center at each school site. Attended San Bernardino City Unified School District’s Board meeting; promoted cultural competency for staff and students as he heard of some negative remarks against African American students. Board member wants to bring back the initiative that racism is a public health crisis. Directed the board to obtain cultural competency training from the department of behavioral health, Quoted Pastor Mark Graham “San Bernardino County African American Students are 15% of the demographics but 60% of students disciplined.” Waiting for the school district to contact DBH to set up trainings.
J. Mental Health Services Act Innovation Overview Presentation (Tab 6)	Karen Cervantes, Program Specialist I Dr. Teresa Frausto, Medical Director	<ul style="list-style-type: none"> • Hardcopies of the presentation were available at the meeting for those in attendance and can be accessed via the BHC website and using the following link: Mental Health Services Act (MHSA) Innovation Overview.

		<p>Q & A:</p> <ul style="list-style-type: none"> • Vice Chair Navarro asked if a commissioner could request presentations. <ul style="list-style-type: none"> ○ He was advised that anyone can suggest topics for Innovation projects. • Vice Chair Navarro asked for clarification of the term “Dually credentialed”. <ul style="list-style-type: none"> ○ Dr. Frausto provided an example for clarification. • Vice Chair Navarro also asked for clarification on why a student may have been refused service based on the severity of their mental illness. <ul style="list-style-type: none"> ○ Dr. Frausto advised “Tiers” are mostly used for adults. • Commissioner Summers asked where patients come from such as the emergency room or other sites. <ul style="list-style-type: none"> ○ Dr Frausto answered patients come from multiple locations and the clinic discussed in the integrated clinic presentation will be located in Apple Valley. <p>Next Steps:</p> <ul style="list-style-type: none"> • Karen Cervantes stated the current Innovation Plan is posted for public comment through May 6, 2023 via the below links: https://www.sbcounty.gov/uploads/DBH/2023/04/Innovation%20Plan%202023%20-%20Posting%20DRAFT.pdf • Or by visiting the MHPA section of the DBH website: https://wp.sbcounty.gov/dbh/programs/mhpa/ • There will be a Special Public hearing with BHC to affirm the process on May 11, 2023. • None.
K. New Business – Action Item(s)		
L. Director’s Report	Assistant Director, Michael Knight on behalf of Director, Dr. Georgina Yoshioka	<p>Assistant Director Michael Knight shared the following updates:</p> <ul style="list-style-type: none"> • Welcomed and thanked the new BH Commissioners for their work. • Miranda Consecro gave the following Public Relations update: <ul style="list-style-type: none"> ○ Link to special message from Clubhouse members in honor of Mental Health Month: https://www.youtube.com/watch?v=eivSp81K5Ds ○ Shared upcoming May Mental Health Month events, information for these events may be found here: https://www.celebratemhm.com/.
M. Outside Agencies and Other Reports		<ul style="list-style-type: none"> • Rachel Spier with Public Community Connections referenced a comment made by Commissioner Summers regarding “gaps” between crisis services and what could be done or what the county is doing to potentially bridging this gap. She explained that individuals in the clubhouses or out in the front lines will deal with this gap and stated there is a concern, she cannot speak to what is being done to bridge the gap but wanted to state this is something people are aware of and dealing with. She also

		mentioned clubhouses being able to provide a lot of that in-between support for clients.
Adjournment	Chair, Dr. Monica Caffey – 4 th District	Being no further business to discuss the meeting was adjourned at 1:48pm.
Next Meeting		Thursday, June 06, 2023 12:00pm – 2:00pm <u>In-person:</u> DBH Administration 303 E. Vanderbilt Way, San Bernardino, CA 92415 Virtual via WebEx: : Join meeting (link also available at https://wp.sbcounty.gov/dbh/bhc)

MAY 04, 2023 ATTENDANCE

PRESENT:		ABSENT:
	FIRST DISTRICT	
Michael Grabhorn – Via Teleconference		
Pastor Mark Graham – Via Teleconference		
		Lorrie Denson (Treasurer)
	SECOND DISTRICT	
Dr. Valerie Samuel – In-person		
VACANT		
VACANT		
	THIRD DISTRICT	
		Troy Mondragon
Allie Mink – In-person		
Bill Miller – In-person		
	FOURTH DISTRICT	
		Dr. Monica Caffey (Chair)
Dr. Akin Merino – Via Teleconference		
Jennifer Spence (Secretary) – Via Teleconference		
	FIFTH DISTRICT	
Gil Navarro (Vice Chair) – In-person		
Veatrice Jews – In-person		
Lynn Summers – In-person		
Sheena Felix, Clerk of the Commission		

Behavioral Health

GUESTS

Allison Cunningham	Amazing Place Clubhouse	Anna Thatje	Athrur Shaw III	Ashley Patterson	Bethanne Fishell	Brian Hermosillo	Candice Alvarado
Carol McDonald	Cassandra Freitas	Catrina Figueroa	Christina Entz	Cristina Avila	DBH-PIO	DBH-OEI	Dr. Jeramy Sanquist

Dr. Joshua Taylor	Dr. Rebecca Scott Young	Dr. Rene Keres	Dylan Mckelroy	Erica Ochoa	Espee Hernandez	Francisco Sanchez	Gustavo Cisneros
Ilse Silva	Irvin Pratz	Jaclyn Garcia	Jennifer Alsina	Jennifer Esparza	Jennifer Pacheco	Julie Hale	Julie Sanchez
Karen Cervantes	Kathyah Gabriel Kaysam	La Keisha Mosley	Lauretta Ross	LeAnn Mast	Linda Marie Griffey	Lindsey Drake	Lizette Vazquez
Marlanda Johnson	Marybel Valadez	Metra Jaber	Michelle McDonald	Miranda Canseco	Mitzy Vazquez	Nicole Rice	Nicole Woodward
Oneta Wilson	Pathways Clubhouse	Prem Daniel	Rebecca Hofman	Renee Linares	Sekeia West	Sonia Navarro	Steve McNally
Steven Jackson	Tacita Hargrove	Team House	Dr. Teresa Frausto	Teri Morrell	Valerie Maybrier	Vivian Bermudez	Wolfgang Hall
Zoe Bones	Andre Bossieux	Jolena Grider	Spencer Fernandez	Adriana Velasco	Mark Franks	Marlen Hernandez	Anja Jacobsen
Jose Avila	Derrick Cannon	Natalie Fagan	Blessing Chinedu-Obi	Dr. Alyce Belford			