



San Bernardino County
Behavioral Health Commission
Meeting Minutes

Date: July 2, 2026
Time: 12:00pm – 2:00pm

Minutes Recorded and Transcribed by: *John Granado, Clerk of the Commission*

OPENING REMARKS	PRESENTER	ACTION/OUTCOME
A. Call to Order	Jonathan Cahow, Chair	The Behavioral Health Commission (BHC) meeting was called to order at 12:04pm. Attendees were welcomed and led in the Pledge of Allegiance.
B. Roll Call	Jonathan Cahow, Chair	Roll Call took place; there is no quorum.
INFORMATION ITEMS		
C. Review and Approve Minutes From 5/7/2026, 6/4/2026 and 7/3/2026	Members of the Commission	Minutes were reviewed and Commissioner Mink requested to change Northern Alliance on Mental Illness to National Alliance on Mental Illness (NAMI) for both May and June minutes. As the Commission did not have a quorum, no vote was taken and will be continued until the September meeting.
D. Public Comment	John Granado, Clerk of the Commission	Tim Balch: He discussed his daughter Nicole who, after losing her apartment in Palm Desert about nine months ago, has been wandering around the Southland taking the train around the city as he has been searching for her on his e-bike. After speaking to his sister in New Hampshire, who is a psych nurse, he wonders why there is no path to have Nicole take her meds by force. He is unable to take conservatorship as he is 64 years old living in a senior park. After meeting a psychiatrist in Tijuana, he returned with medicine but did not administer as he was unaware of the consequences. He is hoping for a better way to have his daughter obtain the medication needed that includes less expensive costs. Marcellus Everette, Pathways Clubhouse: He expressed gratitude to the Behavioral Health Commission (BHC) for the donations of a pool table and gardening beds. Sky Pedroza: She thanked the clubhouse for the Pride event that took place in June. It made her feel welcome and provided a safe environment to share knowledge on the Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ)+ community and to design pride shirts. Carlos Roque: He thanked the BHC for its contributions to the clubhouse and the Pride event, enjoying the conversations, calmness and peacefulness. Delilah Bahamonde: She has recently become a board member for Pacific Clinics. She recognized the birthdays of her mother and adopted son, Isaiah Ramsey Bahamonde. She spoke about an incident of a cat being thrown from a car, which she rescued and was able to place with a family. She has been able to take ownership of her actions with help from her sisters who are attending University of California (UC) Davis and Harvard.

		• Victoria T.: She discussed being homeless and placed in a temporary shelter. After moving from place to place and feeling there was no hope of a better life, she was introduced to Amazing Place where she became a member. After giving a description of her current conditions, she was asked back to speak with staff and taken along with a friend to Serenity Clubhouse where she met Javier Arteaga. With the guidance of Javier and staff, they have gained the knowledge, support, healing, creativity, motivation and encouragement they have been looking for. • Satellite Locations: There are no public comments from the Apple Valley and Yucca Valley locations.
E. Chair's Report	Jonathan Cahow, Chair	• Reported the following: ○ Thanked those who provided public comments, noting their stories give him hope. ○ Thanked the commitment of DBH for their coordination on providing donations to the clubhouses. ○ Attended the District Advisory Committee (DAC) for the First District and was joined by Celebrate Recovery who are an organization who finds resources for various situations. They are led by Pastor Nate Montes, Regional Director. ○ Along with Commissioner Uptergrove, met with Acting Director Joshua Dugas to discuss resources in the High Desert. ○ On the suggestion of Commissioner Chapman, would like to explore having more of a media presence for the BHC and behavioral health. ○ Would like those in attendance to continue inviting their friends and family to these meetings.
F. Commissioners Report	Members of the Commission	• Troy Mondragon: ○ Along with Supervisor Armendarez, attended the Wellness Ranch grand opening. ○ Attending the Wellness Conference in Anaheim. The conference will provide workshops on how educators can support and influence student mental health. ○ Thanked Linda Hart for her efforts during Black History Month as she is putting together exhibits throughout the county. ○ Asked if DBH can provide him with more resources on foster youth. ○ Along with Chair Cahow and Vice Chair Hall, attended the NAMI walk. • Allie Mink: ○ Wished those in attendance a good holiday weekend. ○ Attended the California Association of Local Behavioral Health Boards and Commissions

		(CALBHBC) annual meeting. They discussed best practices, updates on peer support specialist programs and housing support for assisted living. ○ Taught her sixth class of the year. ○ Attended the suicide awareness subcommittee with the goal of attending future meetings on suicide awareness and spirituality. ○ Continues to work with NAMI supporting peer groups, warm line calls, and family support groups. ○ Attending the DAC meeting for the Third District. It will be a meet-and-greet where members of the community can share their concerns and hear about available resources. ○ Attending the Wellness Conference in Anaheim. The conference will provide workshops on how educators can support and influence student mental health. • Delinia Lewis: ○ Attended the DAC meeting for the Fourth District at Amazing Place which was featured on the San Antonio Hospital media news feed. This was followed by a tour of the facility with Kristen Mungcal, thanking her for her efforts and being a phenomenal leader. ○ Attending the DAC meeting for the Fourth District. • Ashley Saldaña: ○ Attended the DAC meeting for the Fourth District at Amazing Place which was featured on the San Antonio Hospital media news feed. This was followed by a tour of the facility with Kristen Mungcal, thanking her for her efforts and being a phenomenal leader. ○ Collected resources throughout the month to provide her community. ○ Attended anger management training. ○ Attended suicide awareness training. ○ Attended the Breath of Life pop-up event in Ontario which was attended by various organizations to share resources offered within the city. • Kelvin Moore: ○ Attended a housing development and financial workshop that went over the particulars of homelessness and its effects on mental health. ○ Attended the Mayor's Advisory Council in Fontana on homelessness. ○ Attended the Manhood Project developed by Rialto Unified School District (USD) which found a study supporting the importance of having a male figure for kids to have a connection with. ○ Attended a Juneteenth event in Rialto which was attended by over 5,000 people.
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G. Memo of Findings	Members of the Commission	• Community Assistance, Recovery and Empowerment (CARE) Act: The document, completed by Commissioner Dr. Oglesby, was reviewed and no revisions were recommended. The Memo for today's presentation on Intensive Outpatient Program (IOP), Partial Hospitalization Program (PHP) and Inland Empire Health Plan (IEHP) is assigned to Commissioner Moore.
H. Discussion Items	Members of the Commission	• Conference Documentation Overview: ○ Clerk John Granado presented the revised Conference Feedback Form to the Commissioners. Commissioner Mondragon recommended a section be added for "Additional Comments". • 2026/2027 Subject Matter Presentations: ○ Clerk John Granado presented the updated 2026-2027 Conference Schedule to the Commissioners which included the updated Memo of Findings assignments. • December Event Ad Hoc Committee: ○ A request for volunteers to join the Ad Hoc Committee was made to the Commissioners. Commissioners Mink and Mondragon volunteered, and Clerk John Granado advised a follow up e-mail would be sent to the commissioners in attendance and those absent. • Remaining Fiscal Year 25/26 Budget Review: ○ Discussed the donations made to the club houses. Approximately \$12,000.00 was put towards the donations which included furniture, appliances and household items ○ Future donations will be discussed throughout the fiscal year as allowed by the current budget.
I. Subject Matter Presentation	(DBH) Marina Espinosa and Amber Carpenter (IEHP) Dr. Takashi Wada and Tamara Gutierrez	• Power Point Presentations on the IEHP Medi-Cal Behavioral Health Services and DBH Mental Health Services can be found here IEHP 3a. IEHP Medi-Cal Behavioral Health Services.pptx DBH 3. DBH IOP PHP BHCommission presentation PRO FINAL.pptx • Q&A IEHP Presentation: ○ None. • Q&A DBH Presentation: ○ Chair Cahow asked if IEHP and DBH have a separate assessment process using the same tools and if it bars people from getting services. Marina responded that using the screening tool, and depending on the score, they would either maintain, keep the individual or recommend them to a higher level. When referred to DBH, they will not be re-screened. Dr. Wada added

		individuals can cycle up and down. Once someone is assessed as mild to moderate or tier 1-3, they may start receiving services in one system and may be ready to step down or sometimes they will decompensate and reassessed. There has been coordination and work to determine what level the individual is at. There are some search situations where services are provided that are medical components such as eating disorders. Marina added individuals can hypothetically get therapy from IEHP and medical services from DBH. ○ Chair Cahow asked if services are available for both. Marina answered yes. ○ Commissioner Mink asked in terms of modalities of treatment, if the individual has co-occurring services are numbers the same, do they go into a Substance Use Disorder (SUD) program primarily and how are they treated within. Amber responded that as long as a person is amenable, they would be served in both systems of care, and it is more appropriate in some instances to be served. There will be instances where someone who has an SUD can be in an ambivalent stage maybe getting some education in a mental health program. Marina added when the transition of care comes over, since changed for the IOP and specifically PHP, it is sent to DBH where it is currently at 4% utilization. DBH does not want a wait so they would send the individual with the SUD to get services right away. ○ Commissioner Mondragon asked that due to the IOP not being heavily utilized, are there plans to eliminate or scale it back. Amber responded no, it is a required service through Department of Health Care Services (DHCS). If there is a higher demand when assessing that level of care, it can be expanded. The 11 providers for IOP can provide these services. Providers are asked to have flexibility and the ability to level up the individuals if needed. ○ William (Attendee) asked if there are any IOP that does not do SUD for Medi-Cal. Amber answered no. He then asked if there are any residential treatments that do not have to do with Crisis Residential Treatment (CRT) centers. Amber responded that someone would reach out to him with more specific information on this topic.
J. Outside Agencies and Announcements		• Wandalyn Love, Licensed Marriage and Family Therapist with Insight Professional Services: ○ Reminded attendees of the Fourth Annual Black, Indigenous, and People of Color (BIPOC) Just



		with DBH over the next three years as there is more planning and public comment that will take place. They also secured \$915 million over the next three years with 1% coming from the millionaire's tax. More information will be provided during future Community Policy Advisory Committee (CPAC) meetings with the next being held at the Jack Bullock Community Center in Fontana. • Public Relations and Outreach, Miranda Canseco: ○ Recovery Happens will take place September 12, 2026, in Fontana with free food, games and available services. Flyers are available in the lobby. ○ Sound of Recovery will take place September 24, 2026, at San Bernardino Valley College. ○ Advised those in attendance to visit the DBH website and social media for updates on these events and upcoming suicide prevention training.
Adjournment	Jonathan Cahow, Chair	• With no further business or discussion, the meeting was adjourned at 1:40pm.
Next Meeting		DATE/TIME: Thursday, September 3, 2026 12:00pm – 2:00pm LOCATION: 850 East Foothill Boulevard F120 Rialto, CA 92376

ATTENDANCE

FIRST DISTRICT	SECOND DISTRICT	THIRD DISTRICT	FOURTH DISTRICT	FIFTH DISTRICT	Board Representative
Jonathan C. Cahow <i>Present</i>	Jennifer Oglesby <i>Excused Absence</i>	Allie Mink <i>Present</i>	Delinia Lewis <i>Present</i>	Lynn Brown-Summers <i>Unexcused Absence</i>	Supervisor Jesse Armendarez <i>Excused Absence</i>
Amanda Uptergrove <i>Excused Absence</i>	Dr. Valerie Samuel <i>Excused Absence</i>	Troy Mondragon <i>Present</i>	John T. Chapman <i>Excused Absence</i>	Eloisa Contreras <i>Excused Absence</i>	
Samuel Shoup <i>Excused Absence</i>	Michael A. Hall <i>Excused Absence</i>	Dakota I. Westlake <i>Excused Absence</i>	Ashley Saldaña <i>Present</i>	Kelvin D. Moore <i>Present</i>	

GUESTS

Rialto: John Granado, Joshua Dugas, Jolena Grider, Marina Espinosa, Amber Carpenter, Dr. Takashi Wada, Tamara Gutierrez, Maribel Gutierrez, Jeanine Wymer, Cellus Gilcrest, Lehanna Grimaldi, Kimberly Moore, Lilly Ayala, Rodolfo Guadajara, Ricardo Diego, Michael M., Jose Mariscal, Liset Kastaneda, Naomi Santoya, Emily Santoya, Victor Tarros, Chris Summers, Reginald Allen, Candace Armijo, Emily Ruvalcaba, Francisco Martinez, Alicia Karpinski, Nicholas Ortega, Kate Hong, Kari Fu, Natalie Sanders, Miriam Aldaz, Stella M. Grosso, David Williams, William Ukpog, Aleena Wong, Jesus Gonzalez, Lawrence Logan, Delilah Bahamonde, Jamesia Brown, Dianah Rubio, Silvia Lobato, Ashley S., Laurence Gonzaga, Tricina Smith, Darney Johnson, Mark Franks, Lisa Gentry, Leonard M., Dr. Alyce Belford-Saldana, Alicia Rodriguez, Lori Butler, Kristen Mungcal, Tina Entz, Stephanie Hedrick-Howell, Sky Pedroza, Carlos Roque, Tamela Hutchison, Jennifer Arnold-Weaver, Derrick Cannon, Esther Lozada, Kenya Moore, Carla Ember, Rishi Parikh, Wandalyne Love, Jonathan Serrano, Stephanie DeFrancis, Victoria Tapaia, Juan Machuca and Jason Hill

Apple Valley: Tanya Lavelle, Jennifer Barracks and Doreen Mahlow

Yucca Valley: Sally Dauphinais



Behavioral Health