



**San Bernardino County
Behavioral Health Commission
Meeting Minutes**

**Date: Thursday, October 2, 2025
Time: 12:00 p.m. – 2:00 p.m.**

Minutes Recorded and Transcribed by: *John Granado, Clerk of the Commission*

OPENING REMARKS	PRESENTER	ACTION/OUTCOME
A. Call to Order	Jonathan Cahow, Vice Chair	<ul style="list-style-type: none"> The meeting was called to order at 12:06 p.m. Attendees were welcomed and led in the Pledge of Allegiance.
B. Roll Call	Jonathan Cahow, Vice Chair	<ul style="list-style-type: none"> Roll Call took place; there is a quorum.
INFORMATION ITEMS		
C. Review and Approve Minutes From 9/4/25	Members of the Commission	<ul style="list-style-type: none"> Minutes were reviewed and no changes were recommended. Motion to accept minutes was made by Treasurer Summers with a second by Commissioner Westlake. Motion was unanimously passed with Commissioners Uptergrove, Dr. Samuel and Spence-Carpenter abstaining.
D. Public Comment	John Granado, Clerk of the Commission	<ul style="list-style-type: none"> Lori Butler: <ul style="list-style-type: none"> Thanked those who participated at the Suicide Prevention Month talk. Thanked Supervisor Armendarez who spoke along with representatives from Assemblyman James Ramos' office. Holding an event at El Torito on Sunday October 12, 2025, from 4:00 p.m.-10:00 p.m. with 20% of the funds going to mental health and National Alliance on Mental Health (NAMI) programs. Pursuing an opportunity for a \$25,000 grant for NAMI California. Victoria Barajas: <ul style="list-style-type: none"> Introduced herself representing Vet Hunters, a nonprofit seeking out homeless Veterans to provide mental health assistance and housing. Satellite Locations: <ul style="list-style-type: none"> There are no public comments from the Apple Valley and Yucca Valley locations.
E. Chair's Report	Jonathan Cahow, Vice Chair	<ul style="list-style-type: none"> Participated in online cyber security chaining. Attending the First District Advisory Committee (DAC) held at the Hesperia Police station on October 15, 2025, from 11:00 a.m. – 12:00 p.m.
F. Commissioners Reports	Michael Hall, Commissioner Amanda Uptergrove, Commissioner	<ul style="list-style-type: none"> Attended the Second District DAC meeting at the Magnolia Community Center in Upland. Attended the Wellness Together Conference from September 29-October 1, 2025, in San Diego. Visited the Program of All-Inclusive Care for the Elderly (PACE) center in Victorville.

	Dr. Valerie Samuel, Commissioner	<ul style="list-style-type: none"> Met with faith leaders and Senator Suzette Valladares in Victorville. Met various high school youth groups throughout the High Desert to discuss mental health. Attended the Second District DAC meeting at the Magnolia Community Center in Upland. Attended the State of the County at the Ontario Convention Center on September 17, 2025. Attended the Rancho Cucamonga Steering Committee presentation on suicide by the Department of Behavioral Health (DBH). Attended the Sounds of Recovery concert at the San Bernardino Valley College auditorium. Attended the Wellness Together Conference from September 29-October 1, 2025, in San Diego.
	Dakota Westlake, Commissioner	<ul style="list-style-type: none"> Attended the Recovery Happens event in Redlands. Attended the Native American Subcommittee event. Attended the Queer-e-Oke event at the Joshua Home Safe Haven, a Transitional Age Youth (TAY) center in Colton. Attended the Sounds of Recovery concert at the San Bernardino Valley College auditorium.
	Jennifer Spence- Carpenter, Commissioner	<ul style="list-style-type: none"> Attended the Fourth District DAC meeting. Attended the NAMI board meeting in Pomona. Attended the Court Appointed Special Advocate (CASA) training.
	John Chapman, Commissioner	<ul style="list-style-type: none"> Believes we are getting closer to finding a solution for an acute sober solution center in San Bernardino County. There are talks on opening a 300-400 bed behavioral health campus in San Bernardino. Attended the Fourth District DAC meeting. Met with Phil Catherine and the Fontana Chamber of Commerce. Attended the Annual Winter Awards Ceremony Ad Hoc committee meeting. Presented in front of the Upland City Council on solutions on expanding mental health at San Antonio Regional Hospital.
	Delinia Lewis, Commissioner	<ul style="list-style-type: none"> Attended the Fourth District DAC meeting. Attended the Consumer and Family Awareness Subcommittee on homelessness and support offered through the county. Attended the Wellness Together Conference from September 29-October 1, 2025, in San Diego.

	Lynn Summers, Treasurer	<ul style="list-style-type: none"> • Served as an advocate for two students. • Thanked Dr. Taylor for last month's presentation on Hospitals with Mental Health Units. • Attended the State of the County at the Ontario Convention Center on September 17, 2025. • Participated in Laura's Law online training. • Attended the Data Notebook Ad Hoc committee meeting. • Provided an update on the fruit fly situation in Jurupa Valley.
	Eloisa Contreras, Commissioner	<ul style="list-style-type: none"> • Attended the Fifth District Commissioners Roundtable on September 9, 2025. • Attended the San Bernardino Public Safety Commission meeting on September 15, 2025. • Attended the Native American Awareness Subcommittee on September 16, 2025. • Attended the Coffee with a Cop event on September 16, 2025. • Attended the Miss and Mr. Cardinal City pageant at San Bernardino high School on September 20, 2025. • Attended the 2025 National Veterans Chamber ribbon cutting ceremony at Arrowhead United Way in San Bernardino on September 23, 2025. • Attended a friends and family event at the new Starbucks in Shandin Hills and Kendall Drive in San Bernardino on September 24, 2025. • Attended the Sounds of Recovery concert at the San Bernardino Valley College auditorium.
	Kelvin Moore, Commissioner	<ul style="list-style-type: none"> • Attended the Recovery Happens event in Redlands. • Attended the 2025 National Veterans Chamber ribbon cutting ceremony at Arrowhead United Way in San Bernardino on September 23, 2025. • Attended the Native American Awareness Subcommittee on September 16, 2025. • Attended the Fontana Mayor's Homeless Advisory Committee meeting. • Attended the Interscience Conference on Antimicrobial Agents and Chemotherapy (ICAAC) featuring a presentation on mental health. • Attended the Rialto Unified School District meeting. • Attended the Fifth District Commissioners Roundtable on September 9, 2025. • Attended the Fontana Chamber of Commerce Gala. • Attended the State of the County at the Ontario Convention Center on September 17, 2025.

	Memo of Findings	<ul style="list-style-type: none"> Reviewed the Memo on Hospitals with Mental Health Units presentation provided by Commissioner Lewis. County Counsel Jolena Grider confirmed no vote is needed. Advised Commissioner Westlake that she is assigned the Memo of Findings for today's presentation on School Based Health Centers & Wellness Centers.
G. Discussion Items	Members of the Commission	<ul style="list-style-type: none"> Annual Holiday Award Ceremony Ad Hoc Committee: Commissioner Hall reported the Ad Hoc Committee met with Miranda Canseco and are working on a location that will accommodate everyone, citing parking and stage access being an issue last year. A menu is still being discussed, and any input is welcomed. Awards were discussed with nine categories determined and advised more information will be coming. The gingerbread house and wreath activities will take place. A request went out for volunteers to participate in a talent show to take place at the event. Annual Report: An update will be provided by the Commission Clerk during the Director's Report portion of the meeting. Establish the Election of Officers Nominating Committee: Clerk of the Commission went over the Election process per the Behavioral Health Commission (BHC) bylaws: <ul style="list-style-type: none"> Establish Ad Hoc Committee in October, Nominations to be finalized at the November meeting with the election taking place at the January meeting. Election of Officers Ad Hoc Committee: Commissioner Uptergrove, Chair, Commissioners John Chapman, Dakota Westlake and Delinia Lewis.
H. Subject Matter Presentations	Dr. Farrah Northcott and James Soward	<ul style="list-style-type: none"> Presentation on School Based Health Centers & Wellness Centers can be found here BH Commission SBHC and Wellness Center Slides Edited 9.25.25.pptx Q&A: <ul style="list-style-type: none"> Jason advised Commissioner Chapman that schools are looking to be the hub for their community and not just for students. Another initiative was around Community Schools with another \$5,000,000,000.00. Dr. Hougen added there are currently no Federally Qualified Health Centers (FQHC) in any district although there are two in the High Desert attempting to open. James advised Treasurer Summers that a major hurdle is aligning all parties to move in one direction to have a healthy community and try to keep the best interests of students and families at heart. Dr. Hougen added at school-based health centers, the collaboration is being done by the district and collaborators for the families and students. Dr. Northcott added that the core of Community Schools

	Maribel Gutierrez and Marina Espinosa	<p>is building relationships with families, so they support districts instead of talking at students.</p> <ul style="list-style-type: none"> ○ Dr. Hougen advised Commissioner Westlake that those chosen in the lottery are determined by an application with input from managed care plans. San Bernardino County received approximately 48, including charter schools. ○ James advised an attendee (no name given) that the Extended Learning Opportunity Program (ELOP) puts funds into extended learning to provide different opportunities. <ul style="list-style-type: none"> • Presentation on the Data Notebook can be found here DBH BHC Presentation 2025 Draft Mg 9.29.25.pptx • Q&A: <ul style="list-style-type: none"> ○ Attendee Chris (no last name) introduced Guillermo Navarro who would like to speak about his experiences. He recently overcame a period of homelessness but with the support of Amazing Place clubhouse, he can begin rebuilding his life. Today, he is housed in Rancho Cucamonga through transitional housing and is grateful for the opportunity to create a foundation for his future. Because of his challenges he feels he can give back and has enrolled in school to become a drug and alcohol counselor. He then thanked the Amazing Place staff, Kristen, Naomi, Lizette and others. ○ Maribel advised there is no vote needed as this was finalized with the BHC Ad Hoc committee on behalf of the Commission.
I. Outside Agencies and Announcements		<ul style="list-style-type: none"> • There are no announcements.
J. Director's Report	Dr. Georgina Yoshioka, Director	<ul style="list-style-type: none"> • Clerk Update: Clerk John Granado went over the following: <ul style="list-style-type: none"> ○ Requested commissioners, who have not done so yet to confirm information on roster. Advised this is important as the roster is available to the public and requires accurate information. ○ Advised the final draft of the Annual Report has been sent to Chair Mink for review and will be distributed to the Commission once approved. ○ Went over the final two conferences of the calendar year, NAMI and the Children's Network, confirming dates and attendees. • BOS Items: Due to time constraints, a detailed explanation was not given, and the commissioners were referred to the agenda item documentation included in their tablets. • DBH Executive Staffing Updates: There are currently no updates but advised there may be one next month. Extended a

		<p>thank you to the commissioners who participated in recent interview panels.</p> <ul style="list-style-type: none"> • Donations for Public Events: Discussed at the last meeting and will provide more information when available. • Proposition 1: Discussed during the Data Notebook presentation regarding transitioning from the Mental Health Services Act (MHSA) to the Behavioral Health Services Act (BHSA) with part being going from five buckets of funding to three. An update should be available in the first part of January. • Senate Bill (SB) 43: Regarding a change in the Lanterman-Petris-Short (LPS) Act adding severe substance use disorder. Working with the Hospital Association and emergency departments to roll out on April 1, 2025. A little over 1,200 applications have been reviewed with a work group being used to review the involuntary applications as well. There is also a focus on the importance of voluntary options. • Community Assistance, Recovery and Empowerment (CARE) Court: A way in which individuals could file a petition with the Superior Court, based on the criteria outlined in the legislation, for a person to go before the court for an evaluation and help to link with services. Since December, 36 petitions have been filed with a little over 230 referrals with about 68 from the Sherriff Homeless Outreach and Protective Enforcement (HOPE) team. • Laura's Law: A petition is filed on behalf of the individual by the Assisted Outpatient Treatment (AOT) program. • Proposition 36: Works with the District Attorney, Public Defender and Superior Court to meet the criteria of a felony related to substance abuse. To date 25 referrals have been received with 15 out of custody and 10 in. • Legislative, Megan Kidwell: <ul style="list-style-type: none"> ○ September 19, 2025, the House passed a short-term funding bill to keep the Federal Government open although it failed in the Senate. A vote is expected Friday, if it fails, they will recess until Monday with informal conversations happening. Healthcare provisions regarding guarantees on policy funding are a sticking point. County operations are minimally affected currently. ○ Advised status on County sponsored bills are provided on the handout given to all commissioners. • Public Relations and Outreach (PRO): Announced the following events <ul style="list-style-type: none"> ○ Thanked everyone who attended the September events. ○ Recovery Happens had over 2,100 attendees with 84 volunteers. ○ Sound of Recovery had over 300 attendees.
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Adjournment	Jonathan Cahow, Vice Chair	<ul style="list-style-type: none">● With no further business or discussion, the meeting was adjourned at 2:08 p.m.
Next Meeting		DATE/TIME: Thursday, November 6, 2025 12:00 p.m. – 2:00 p.m. LOCATION: 850 East Foothill Boulevard F120 Rialto, CA 92376

ATTENDANCE

FIRST DISTRICT	SECOND DISTRICT	THIRD DISTRICT	FOURTH DISTRICT	FIFTH DISTRICT	Board Representative
Jonathan C. Cahow <i>Present</i>	Jennifer Oglesby <i>Excused Absence</i>	Allie Mink <i>Excused Absence</i>	Jennifer Spence Carpenter <i>Present</i>	Lynn Summers <i>Present</i>	Supervisor Jesse Armendarez <i>Unexcused Absence</i>
Amanda Uptergrove <i>Present</i>	Dr. Valerie Samuel <i>Present</i>	Troy Mondragon <i>Excused Absence</i>	Delinia Lewis <i>Present</i>	Eloisa Contreras <i>Present</i>	



Behavioral Health

VACANT	Michael A. Hall <i>Present</i>	Dakota I. Westlake <i>Present</i>	John T. Chapman <i>Present</i>	Kelvin D. Moore <i>Present</i>	
GUESTS					
<p>John Granado, Marybel Valadez, Giulia Gomez, Marina Espinosa, Mark Franks, Carlos Vazquez, Pedro Cital, Karen Urquia, Dr. Timothy Hougen, Sean Kruckenberg, Penny Huber, Javier Artiage, Sonia Navarro, Amber Fortini, Megan Kidwell, Stephanie Hedrick-Harwell, Derrick Cannon, Michael Sweitzer, Martha Parra, Bethanne Fishell, Xaviere Padilla, Marina Espinosa, Julie Hale, Dr. Gayani DeSilva, Dr. Reginald Allen, Angelica Rea, Victor Tardos, David Espinoza, Steven Masushige, Theo Griffith, Tricina Edwards, Julie Kasajian, DeMario Dunn, Tina Entz, Farrah Northcott, James Soward, Curmari Lewis, Jasmine Toro, Rachel Miller, Junior Contreras, Pamela Garey, Maribel Guitierrez, Kristen Mungcal, Jose Marisol, Zakiya Otis, Jennifer Esparza, Marcellus Everett, Jeanine Wymer, Dr. Rebecca Scott Young, Lori Butler, Gabriel Hure, Chris Green, Alisha Hendry, Emanuel Perez, David Miramontes, Liset Castaneda, David Aguilera, Chris Summers, Allison Cunningham, Erica Ochoa, Jamila Tahir, and Jolena Grider.</p> <p>Apple Valley: La'Shawn Sifuentes, Tamara Langevin, Melissa Bucarez and Andrea Chigoe</p> <p>Yucca Valley: Sally Dauphinais</p>					