



## Behavioral Health



# LEAP

Listen-Emphathize-Agree-Partner



The LEAP® Course is a half-day facilitator-led training workshop designed to provide participants the critical research and skillset required to create a therapeutic alliance and build a collaborative relationship with persons who have severe mental illness, that lead to the acceptance of treatment and services.

## Training Goals

- Identify anosognosia vs. denial
- Reduce defensiveness, anger, and resistance
- Gain cooperation and compliance
- Re-establish trust and develop relationships
- Create an alliance with the mentally ill person and work towards common goals

**Training is free, but pre-registration is required**

**Date:** January 14, 2026 **Time:** 1:00 - 5:00 p.m.

**Location:** 303 E Vanderbilt Way, San Bernardino - Conference Room 109



**Please scan the QR code or [click this link](#) to register.**

For questions, please call the Community Education Program at (909) 386-8285 or email [DBHCEPTraining@dbh.sbcounty.gov](mailto:DBHCEPTraining@dbh.sbcounty.gov). If you require translation and/or interpretation language services, please contact us a minimum of five business before the date of the training.