



## Behavioral Health Commission District Advisory Committees (DAC)

The San Bernardino County Behavioral Health Commission is divided into five separate areas consistent with the five supervisory districts of the county. Additionally, each division has a subcommittee known as a DAC.

The primary responsibility of the DAC is to provide the Department of Behavioral Health, through the Behavioral Health Commission, feedback on the unmet needs of the community for behavioral health services within the area and countywide. The DAC provides demographic data and other important information regarding the community and its resources.

### JANUARY 2026 DAC MEETINGS

#### First District

Date: January 21  
Time: 11 a.m. – Noon  
In person only  
Contact: La'Shawn Sifuentes, (760) 995-8812  
Location: Apple Valley Clinic, 18818 Hwy 18, Apple Valley, CA 92307

#### Second District

Canceled  
Contact: Sharon Nguyen, (909) 458-1380

#### Third District

Date: January 14  
Time: 11 a.m. – Noon  
Via Microsoft Teams  
Contact: Cynthia Allie, (909) 387-7231  
<https://bit.ly/4IBG5Wg>

#### Fourth District

Date: January 21  
Time: 5:30 – 6:30 p.m.  
Via Microsoft Teams  
Contact: Sharon Nguyen, (909) 458-1380  
<https://bit.ly/4cxYVt3>

#### Fifth District

Date: January 27  
Time: 5 – 6:30 p.m.  
Via Microsoft Teams  
Contact: Cynthia Allie, (909) 387-7231  
<https://bit.ly/3XZ1Zfk>

#### BEHAVIORAL HEALTH COMMISSIONERS

Jesse Armendarez  
Board of Supervisors,  
Second District

Jonathan C. Cahow  
Chair, First District

Michael A. Hall  
Vice Chair, Second District

Dr. Valerie Samuel  
Secretary, Second District

Dr. Jennifer Oglesby  
Treasurer, Second District

Amanda Uptergrove  
First District

Samuel Shoup  
First District

Allie Mink  
Third District

Troy Mondragon  
Third District

Dakota I. Westlake  
Third District

Jennifer Spence-Carpenter  
Fourth District

Delinia Lewis  
Fourth District

John T. Chapman  
Fourth District

Lynn Summers  
Fifth District

Eloisa Contreras  
Fifth District

Kelvin D. Moore  
Fifth District

Clerk of the Commission  
John Granado  
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