



Behavioral Health Commission District Advisory Committees (DAC)

The San Bernardino County Behavioral Health Commission is divided into five separate areas consistent with the five supervisory districts of the county. Additionally, each division has a subcommittee known as a DAC.

The primary responsibility of the DAC is to provide the Department of Behavioral Health, through the Behavioral Health Commission, feedback on the unmet needs of the community for behavioral health services within the area and countywide. The DAC provides demographic data and other important information regarding the community and its resources.

JANUARY 2026 DAC MEETINGS

First District

Date: January 21
Time: 11 a.m. – Noon
In person only
Contact: La'Shawn Sifuentes, (760) 995-8812
Location: Apple Valley Clinic, 18818 Hwy 18, Apple Valley, CA 92307

Second District

Canceled
Contact: Sharon Nguyen, (909) 458-1380

Third District

Date: January 14
Time: 11 a.m. – Noon
Via Microsoft Teams
Contact: Cynthia Allie, (909) 387-7231
<https://bit.ly/4IBG5Wg>

Fourth District

Date: January 21
Time: 5:30 – 6:30 p.m.
Via Microsoft Teams
Contact: Sharon Nguyen, (909) 458-1380
<https://bit.ly/4cxYVt3>

Fifth District

Date: January 27
Time: 5 – 6:30 p.m.
Via Microsoft Teams
Contact: Cynthia Allie, (909) 387-7231
<https://bit.ly/3XZtZfk>

BEHAVIORAL HEALTH COMMISSIONERS

Jesse Armendarez
Board of Supervisors,
Second District

Jonathan C. Cahow
Chair, First District

Michael A. Hall
Vice Chair, Second District

Dr. Valerie Samuel
Secretary, Second District

Dr. Jennifer Oglesby
Treasurer, Second District

Amanda Uptergrove
First District

Samuel Shoup
First District

Allie Mink
Third District

Troy Mondragon
Third District

Dakota I. Westlake
Third District

Jennifer Spence-Carpenter
Fourth District

Delinia Lewis
Fourth District

John T. Chapman
Fourth District

Lynn Summers
Fifth District

Eloisa Contreras
Fifth District

Kelvin D. Moore
Fifth District

Clerk of the Commission
John Granado

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