



San Bernardino County
Behavioral Health Commission
Meeting Minutes

Date: Thursday, January 8, 2026
Time: 12:00 p.m. – 2:00 p.m.

Minutes Recorded and Transcribed by: *John Granado, Clerk of the Commission*

OPENING REMARKS	PRESENTER	ACTION/OUTCOME
A. Call to Order	Allie Mink, Chair	<ul style="list-style-type: none">The meeting was called to order at 12:01 p.m. Attendees were welcomed and led in the Pledge of Allegiance.
B. Roll Call	Allie Mink, Chair	<ul style="list-style-type: none">Roll Call took place; there is a quorum.
INFORMATION ITEMS		
C. Review and Approve Minutes From 11/6/25	Members of the Commission	<ul style="list-style-type: none">Minutes were reviewed and no changes recommended.Motion to accept minutes made by Secretary Dr. Oglesby with a second by Commissioner Dr. Samuel. Motion was unanimously passed with Commissioner Shoup abstaining.
D. Public Comment	John Granado, Clerk of the Commission	<ul style="list-style-type: none">Corrie M.: Representing Amazing Place clubhouse, she wanted to provide an update on her situation. After a rough year, she is now in an apartment and able to spend the holidays with her family. She recognized Kristen, Jonathan and Naomi for all their efforts and improving her quality of life.Satellite Locations: There are no public comments from the Apple Valley and Yucca Valley locations.
E. Chair's Report	Allie Mink, Chair	<ul style="list-style-type: none">Welcomed all attendees back from the holidays and introduced new First District Commissioner Samuel Shoup.Attended the December Annual Winter Tea and Awards ceremony.Thanked the Commission for their time and efforts in 2025.Attended the Third District Advisory Committee (DAC) meeting in November.Chaired the Annual Winter Tea and Awards Ad Hoc Committee.Hosted a presentation centered on Peer and Family Support programs available through the National Alliance on Mental Illness (NAMI).Supported the community Peer and Family Support groups in responding to requests for support and resources through the NAMI San Bernardino area warmline.Attended the following webinars:<ul style="list-style-type: none">Mental health and the court systemIt Takes a Village supportive communities for young adultsRural Minds presentation on alcohol misuse among woman in rural AmericaMyths, Facts and Misconceptions about Artificial Intelligence (AI), in terms of its use as a tool to treat and support mental health.

		<ul style="list-style-type: none"> Presented at the NAMI quarterly forum on the Crisis Intervention Training (CIT) program and Sharing Your Story with Law Enforcement (SYSLE).
F. Commissioners Reports	<p>Samuel Shoup, Commissioner</p> <p>Amanda Uptergrove, Commissioner</p> <p>Michael Hall, Commissioner</p> <p>Dr. Valerie Samuel, Commissioner</p> <p>Dr. Jennifer Oglesby, Secretary</p> <p>Troy Mondragon, Commissioner</p> <p>Dakota Westlake Commissioner</p>	<ul style="list-style-type: none"> Introduced himself to the Commission and attendees. Visited a youth residence facility in Utah, Provo Canyon. Visited ministries and youth groups in the First District. Attended a woman's tea focusing on depression. Attended the Holly Jolly Club-mas event. Attended the Second District youth council summit. Attended the San Bernardino County Parole Officers Holiday Cheer Food and Clothing event for Pathways Clubhouse. Assisted in Supervisor Armendarez's ham giveaway to foundations and faith-based organizations. Attended the Working Warrior for Dogs gift giveaway along with giving away leftover hams and turkeys. Attended a youth mental health and suicide summit. Attended the December Annual Winter Tea and Awards ceremony. Hosted, along with Commissioner Dr. Samuel, a holiday event for a few of the adult residential facilities. Attended the NAMI quarterly forum. Lorrie Butler made a NAMI presentation in Washington. Announce Congressman Jay Obernolte will be putting together a bill to help with peer support and will join the Mental Health Congress. Invited attendees to the San Bernardino NAMI walk on April 19, 2026. Place to be determined. Attended the December Annual Winter Tea and Awards ceremony. Attended the Third District DAC meeting. Attended the Holiday Lights & Repro Rights holiday party put together with Planned Parenthood where she was able to speak with community leaders about the Behavioral Health Commission (BHC). Attended the NAMI quarterly forum. Attended the Inland Empire's 1st Fantasy Ball. Will be coordinating an introduction meeting with Redlands Charitable Resources Coalition.

	Jonathan Cahow, Vice Chair	<ul style="list-style-type: none"> • Attended the December Annual Winter Tea and Awards ceremony. • Attended behavioral Health focus groups; one for providers and one for commissioners. It provided an open forum for all to share ideas on how to improve behavioral health. • Attended a Christmas Fair at Emmanuel House. • Attending a meeting tonight in Victorville regarding the facility on Palmdale Road.
	John Chapman, Commissioner	<ul style="list-style-type: none"> • A goal this year is to bring metrics to the commission and hear more from the community through DAC meetings, social media and county programs to hear what is and what is not working. • San Antonio Hospital now has a behavioral health urgent care in Ontario for those going through an anxiety and/or depression crisis. • Looking at (Senate Bill) SB43, along with Dr. Yoshioka, and how many people are being put on 5150 holds dealing with acute substance use, there are no acute substance use disorder places to go.
	Kelvin Moore, Commissioner	<ul style="list-style-type: none"> • Attended a youth mental health and suicide summit. • Attended a Love Life Church couples ministry meeting on suicide prevention. • Attended the Stage Red event in Fontana. • Attended a tour of the River Edge Men's and Woman's home. • Attended a Quanza event put on by Inland Valley News.
	Lynn Summers, Treasurer	<ul style="list-style-type: none"> • Assisted with a food basket handout at her church. • Visited the community sick and shut-ins to provide comfort and assistance. • Attended the December Annual Winter Tea and Awards ceremony.
	Eloisa Contreras, Commissioner	<ul style="list-style-type: none"> • Attended the December Annual Winter Tea and Awards ceremony. • Attended the Fifth District open house. • Attended the first meeting of the Community Pulse Committee for San Bernardino City Unified School District (SBCUSD). • Attended the Second Annual Scholarship Breakfast for the Making Hope Foundation. • Attended the 48th Annual YMCA Children's Christmas Parade. • Attended the retirement celebration for the SBCUSD Chief of Police Joseph Paulino. • Attended the Las Posadas event at the Garcia Center for the Arts. • Attended the San Bernardino Community Hospital Sub-Acute Unit Christmas Celebration.

	Memo of Findings	<ul style="list-style-type: none"> • Dr. Samuel asked for the following to be added to future agendas as discussion items: Ad Hoc committee to discuss attending upcoming conferences that afford all commissioners the opportunity to attend and possibly set up a half-day or all-day retreat for the commissioners to talk about the commissions' focus and what it means to be a commissioner. County Counsel confirmed there is no motion needed to add these topics. The Clerk reminded the commissioner we still ask for 90 days' notice for any conferences they wish to attend. • No Memo of Findings available to present for last month's presentation. • Advised Commissioner Chapman he is assigned the Memo of Findings for today's presentation.
G. Discussion Items	Members of the Commission	<ul style="list-style-type: none"> • Election of Officers: Clerk of the Commission, John Granado read the current nominees; Chair – Jonathan Cahow, Vice Chair – Michael Hall, Secretary – Dr. Valerie Samuel, Treasurer – Dr. Jennifer Oglesby. Ad Hoc Chairperson, Commissioner Uptergrove, then opened the floor to any other nominees. There were no further nominations. After consultation with County Counsel Jolena Grider, the commissioners were able to vote and accept the entire slate in one vote. The results are as follows: <ul style="list-style-type: none"> ○ Samuel Shoup: Yes ○ Amanda Uptergrove: Yes ○ Michael Hall: Yes ○ Dr. Valerie Samuel: Yes ○ Dr. Jennifer Oglesby: Yes ○ Troy Mondragon: Yes ○ Dakota Westlake: Yes ○ Allie Mink: Yes ○ Jonathan Cahow: Yes ○ John Chapman: Yes ○ Kelvin Moore: Yes ○ Lynn Summers: Yes ○ Eloisa Contreras: Yes • There were not any "No" votes. The following are the newly elected officers: <ul style="list-style-type: none"> ○ Jonathan Cahow – Chair ○ Michael Hall – Vice Chair ○ Dr. Valerie Samuel – Secretary ○ Dr. Jennifer Oglesby - Treasurer • Establish 2026 May Event Ad Hoc Committee: The office of Public Relations and Outreach (PRO) will coordinate with the Ad Hoc Committee to set up a meeting. The Ad Hoc committee consists of: Allie Mink, Dr. Jennifer Oglesby (Chair), Dr. Valerie Samuel, Dakota Westlake and Kelvin Moore.

		<ul style="list-style-type: none"> • CALBHB/C Dues: The commissioners were informed the yearly CALBHB/C dues of \$1,900.00 will be paid. • 2025 Annual Report: The commissioners were informed planning will soon take place for completion of the 2025 Annual Report.
H. Subject Matter Presentation	Edith Lockerman	<ul style="list-style-type: none"> • Presentation on the Homeless Outreach and Support Team (HOST) can be found here HousingPPT - HOST ONLY 1.7 BHC .pptx • Q&A: <ul style="list-style-type: none"> ○ Chair Mink asked if 211 was the point of entry for these services. Edith responded that depending on the situation you can call the number provided, 211 or the Office of Homeless Services. Most of their referrals are through the Housing Authority. This also includes projects like Pacific Village and around 12 others. ○ Vice Chair Cahow asked where the single occupant properties in the High Desert are located and how many rooms total. Among these are Desert Haven off Stoddard Wells Road that has approximately 42 rooms. ○ Chair Mink asked if this is like Home Key. Edith advised Home Key is with Pacific Village as Desert Haven is owned by the Housing Authority, who provides the vouchers. ○ Commissioner Chapman asked where he can find a breakdown by district comparing 2023 to 2024 and if he can see what the increase or decrease is for the waitlist. Edith advised that there is a waitlist but does not have the metrics. The district breakdown is available as it has been provided before and includes what the subsidy is and who the service providers are. Dr. Belford advised this can be put together for 23/24 and 24/25 and provided to the Clerk for distribution to the commissioners. ○ An attendee asked if this program is for everyone or only those enrolled through the Department of Behavioral Health (DBH). Edith advised anyone who has a severe mental illness (SMI) or substance use disorder (SUD) is eligible and can call the number provided.
I. Outside Agencies and Announcements		<ul style="list-style-type: none"> • No announcements.
J. Director's Report	John Granado, Clerk	<ul style="list-style-type: none"> • Thanked the outgoing officers for their contributions and welcomed the incoming officers and expressed looking forward to working with them in the coming year. • Advised of those whose appointments are ending in January 2026: Jonathan Cahow, Dr. Valerie Samuel, Michael Hall, Jennifer-Spence Carpenter, Samuel Shoup and Kelvin Moore.

	Dr. Alyce Belford	<ul style="list-style-type: none"> • BOS Items: Commissioners were referred to the agenda topics documentation included in their e-binders and tablets. • DBH Executive Staffing Updates: Announced the promotion of Dr. Rishi Parikh to Assistant Medical Director. • Proposition 1: No current updates. • Senate Bill (SB) 43: No current updates. • Community Assistance, Recovery and Empowerment (CARE) Court: <ul style="list-style-type: none"> ○ Referral Information: The Assisted Outpatient Treatment (AOT) enacted in 2023, there are 387 total referrals received with 86 currently pending (determining eligibility), 128 referrals accepted into engagement services and 173 referrals are currently deemed eligible. ○ Referral Source: 146 of the referrals were referred to by behavioral health programs with family being the biggest source followed by law enforcement and other medical facilities. 75 individuals are currently in the engagement stage to determine if a petition will be filed. 16 have been referred to conservatorship investigation unit meaning an evaluation will be conducted 10 days prior to submitting the petition to the court. There have also been 11 petitions filed directly with the court. ○ The difference between the CARE Act and AOT is under the CARE Act the petition is filed directly to the court by the petitioner. For AOT this goes to DBH and they do the work to see if they meet eligibility and/or if they can be diverted from a petition to be filed or to services. Currently 17 petitions have been dismissed by the court, 20 petitions are in the investigation stage, 5 awaiting agreements and 10 are currently in court agreements. • Laura's Law: No current updates. • Proposition 36: No current updates. • Legislative, Megan Kidwell: <ul style="list-style-type: none"> ○ Federal: The House Appropriations Committee released the fiscal year 2026 funding bills for Commerce, Justice, Science, Energy and Water Development and Interior and Environment. The legislation addresses energy production, law enforcement support and public lands issues. ○ State: the Governor is anticipated to present his 26/27 state budget proposal which is expected to address an estimated \$18 million budget deficit. ○ Commissioners were referred to the agenda topics documentation included in their e-binders and tablets for more detailed information.
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Adjournment	Allie Mink, Chair	<ul style="list-style-type: none">• With no further business or discussion, the meeting was adjourned at 1:35pm.
Next Meeting		DATE/TIME: Thursday, February 5, 2026 12:00 p.m. – 2:00 p.m. LOCATION: 850 East Foothill Boulevard F120 Rialto, CA 92376

ATTENDANCE

FIRST DISTRICT	SECOND DISTRICT	THIRD DISTRICT	FOURTH DISTRICT	FIFTH DISTRICT	Board Representative
Jonathan C. Cahow <i>Present</i>	Jennifer Oglesby <i>Present</i>	Allie Mink <i>Present</i>	Jennifer Spence Carpenter <i>Unexcused Absence</i>	Lynn Summers <i>Present</i>	Supervisor Jesse Armendarez <i>Unexcused Absence</i>
Amanda Uptergrove <i>Present</i>	Dr. Valerie Samuel <i>Present</i>	Troy Mondragon <i>Present</i>	Delinia Lewis <i>Excused Absence</i>	Eloisa Contreras <i>Present</i>	
Samuel Shoup <i>Present</i>	Michael A. Hall <i>Present</i>	Dakota I. Westlake <i>Present</i>	John T. Chapman <i>Present</i>	Kelvin D. Moore <i>Present</i>	

GUESTS



Behavioral Health

John Granado, Marybel Valadez, Jolena Grider, Dr. Alyce Belford, Marina Espinosa, Maria Hernandez, Bryan Clard, Stella Grosso, Marcellus Everett, Michael Moreno, Christalene Jones, Lehanna Grimaldi, Sarah Stonewall, Derrick Cannon, Jeanine Wyner, Megan Kidwell, Miriam Aldez, Jennifer Weaver, Kellie Byward, Lori Butler, Ranya Oubeid, Xaviera Padilla, Dr. Reginald Allen, Monse Patino, Jasmin Alvarado, Amber Carpenter, Maribel Gutierrez, Vivian Bermudez, Melanie Porges, Greg Nobile, Javier Arteaga, Dino Bucci, Stepanie Francis, Karen Urqua, Victor Tarros, David Espinoza, Dr. Rebecca Scott Young, Jesse Feliy, Stephanie Hedrick-Harwell, Jennifer Esparza, Kristi Oliveira, Dr. Timothy Hougen, Joshua Taylor, Kristen Mungcal, Emanuel Perez, Sky Pedroza, Ricardo Diego, Mark Franks, Corrie McCall, Heather Louer, Jennifer Pacheco, Samuel Rosales, Matty Grounds

Apple Valley: LaShawn Sifuentes, Matty Grounds, Nicole Williams-Artry, Vennica Garcia

Yucca Valley: Sally Dauphinais, Alex Martiz