



## Behavioral Health Commission District Advisory Committees (DAC)

The San Bernardino County Behavioral Health Commission is divided into five separate areas consistent with the five supervisory districts of the county. Additionally, each division has a subcommittee known as a DAC.

The primary responsibility of the DAC is to provide the Department of Behavioral Health, through the Behavioral Health Commission, feedback on the unmet needs of the community for behavioral health services within the area and countywide. The DAC provides demographic data and other important information regarding the community and its resources.

### FEBRUARY 2026 DAC MEETINGS

#### **First District**

Date: February 18

Time: 11 a.m. – Noon

In person only

Contact: La'Shawn Sifuentes, (760) 995-8812 Location: TBA

#### **Second District**

Date: February 13

Time: 10 – 11 a.m.

In person only

Contact: Sharon Nguyen, (909) 458-1381

Location: 21303 East Cloverton Street Covina, CA 91724

#### **Third District**

Date: February 11

Time: 11 a.m. – Noon

Via Microsoft Teams

Contact: Cynthia Allie, (909) 387-7231

<https://bit.ly/4IBG5Wg>

#### **Fourth District**

Date: February 18

Time: 6 – 7 p.m.

Via Microsoft Teams

Contact: Sharon Nguyen, (909) 458-1381

<https://bit.ly/4cxYVt3>

#### **Fifth District**

Date: February 24

Time: 5 – 6:30 p.m.

Via Microsoft Teams

Contact: Cynthia Allie, (909) 387-7231

<https://bit.ly/3XZtZfk>

#### **BEHAVIORAL HEALTH COMMISSIONERS**

**Jesse Armendarez**  
Board of Supervisors,  
Second District

**Jonathan C. Cahow**  
Chair, First District

**Michael A. Hall**  
Vice Chair, Second District

**Dr. Valerie Samuel**  
Secretary, Second District

**Dr. Jennifer Oglesby**  
Treasurer, Second District

**Amanda Uptergrove**  
First District

**Samuel Shoup**  
First District

**Allie Mink**  
Third District

**Troy Mondragon**  
Third District

**Dakota I. Westlake**  
Third District

**Jennifer Spence-Carpenter**  
Fourth District

**Delinia Lewis**  
Fourth District

**John T. Chapman**  
Fourth District

**Lynn Summers**  
Fifth District

**Eloisa Contreras**  
Fifth District

**Kelvin D. Moore**  
Fifth District

**Clerk of the Commission**  
**John Granado**

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