

PRIOR AUTHORIZATION

KEY DATA POINTS - JANUARY 1, 2025 TO DECEMBER 31, 2025

SERVICES REQUIRING BEHAVIORAL HEALTH PLAN (BHP) PRIOR AUTHORIZATION

Day Treatment Intensive

A structured, multi-disciplinary program of therapy which may be an alternative to hospitalization, avoid placement in a more restrictive setting, or maintain the individual in a community setting, which provides services to a distinct group of individuals. Services are available at least three hours and less than 24 hours each day the program is open. Service activities may include, but are not limited to, assessment, plan development, therapy, rehabilitation and collateral.



Day Rehabilitation

A structured program of rehabilitation and therapy to improve, maintain or restore personal independence and functioning, consistent with requirements for learning and development, which provides services to a distinct group of individuals. Services are available at least three hours and less than 24 hours each day the program is open. Service activities may include, but are not limited to, assessment, plan development, therapy, rehabilitation and collateral.

Intensive Home Based Services

Individualized, strength-based interventions designed to ameliorate mental health conditions that interfere with a child's or youth's functioning. These interventions are aimed at:

- Helping the child/youth build skills for successful functioning in the home and community
- Improving the family's ability to help the child/youth successfully function in the home and in the community



Therapeutic Behavioral Services

Supplemental specialty mental health services (SMHS) covered under the Early and Periodic Screening, Diagnosis and Treatment (EPSDT) benefit. Title 9, California Code of Regulations (CCR), Section 1810.215 states, "EPSDT supplemental specialty mental health services" means those services defined in Title 22, [CCR] Section 51184, that are "provided to correct or ameliorate the diagnoses listed in Section 1830.205, and that are not otherwise covered by this chapter."



Therapeutic Foster Care

A short-term, intensive, highly coordinated, trauma-informed, and individualized intervention, provided by a TFC parent to a child or youth who has complex emotional and behavioral needs. Children and youth receiving TFC also must receive Intensive Care Coordination (ICC) and other medically necessary SMHS, as set forth in the client plan. Similar to ICC and IHBS, there must be a Child and Family Team (CFT) in place to guide and plan TFC service provision.

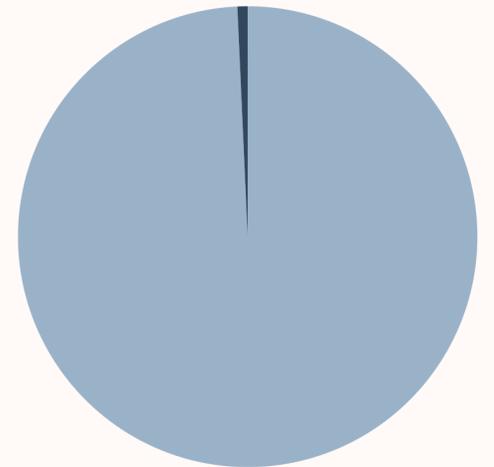
1,018

★ Total Prior Authorization requests received

No appeals received



Denied 0.7%



Approved 99.3%

No requests required extended timeframes

AVERAGE TIME BETWEEN REQUEST SUBMISSION AND BHP DECISION

★ **2.2 DAYS**
Standard



★ **1.3 DAYS**
Expedited

MEDIAN TIME BETWEEN REQUEST SUBMISSION AND BHP DECISION

★ **2 DAYS**
Standard



★ **1 DAY**
Expedited

As the BHP designated by the California Department of Health Care Services (DHCS), the Department of Behavioral Health (DBH) is required to provide prior authorization for certain SMHS within five (5) business days (72 hours if expedited). Prior authorization requests are received and processed by the DBH Authorization Unit, a team staffed by Licensed Clinical Therapists who coordinate with service providers during regular business hours, Monday through Friday. Services requiring prior authorization are provided by a combination of DBH programs and contracted providers.



STANDARD REQUESTS

Approved 99.2%



Denied 0.8%

1,000 RECEIVED

EXPEDITED REQUESTS

18

RECEIVED

APPROVED

100%