



Office of Compliance

Behavioral Health

Annual ICD-10 Diagnosis Code Updates

This guidance is being provided to update DBH and Contracted providers on the upcoming ICD-10 diagnosis codes changes **effective October 1, 2026**. All service providers must ensure updated changes are properly implemented, to prevent errors or denied claims.

Current ICD-10 Dx Code	Changes: Effective 10/01/2026	New/Revised ICD-10 Dx Code
Z68.1 - Body mass index [BMI] 19.9 or less, adult	Requires a 5 th digit to allow more specificity	Z68.18 - Body mass index (BMI) 18.4 or less, adult
		Z68.19 - Body mass index (BMI) 18.5 - 19.9, adult
Z87.890 – Personal history of sex reassignment	Requires a 7 th digit to allow more specificity	Z87.8901 - Personal history of social gender transition
		Z87.8902 - Personal history of medical gender transition
		Z87.8903 - Personal history of surgical gender transition
		Z87.8904 - Personal history of intersex surgery
		Z87.8909 - Personal history of unspecified gender transition
F02 Series – Dementia in other diseases classified elsewhere	The underlying physiological condition must be the primary diagnosis (i.e. G31.09 - other frontotemporal neurocognitive disorder; G31.83 - Neurocognitive disorder with Lewy bodies).	N/A
G31.09 – Other frontotemporal neurocognitive disorder	Must use additional diagnosis code, if applicable, to identify mild neurocognitive disorders due to known physiological condition.	N/A
N/A	Newly added Dx Codes	F64.A - Gender identity disorder, in remission / Gender dysphoria, in remission (desistance)
		Z77.32 - Contact with and (suspected) exposure to burn pits in war theater
		Z87.893 - Personal history of gender detransition

Questions regarding this announcement may be directed to:

Compliance Coding Division: DBH-ComplianceCodingQuestions@dbh.sbcounty.gov

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