



**San Bernardino County  
Behavioral Health Commission  
Meeting Minutes**

**Date: Thursday, July 3, 2025  
Time: 12:00 p.m. – 2:00 p.m.**

**Minutes Recorded and Transcribed by:** *John Granado, Clerk of the Commission*

OPENING REMARKS	PRESENTER	ACTION/OUTCOME
A. Call to Order	Allie Mink, Chair	<ul style="list-style-type: none"> <li>Meeting called to order at 12:03 p.m. Attendees welcomed and led the Pledge of Allegiance.</li> </ul>
B. Roll Call	Allie Mink, Chair	<ul style="list-style-type: none"> <li>Roll Call took place; there is a quorum.</li> </ul>
INFORMATION ITEM(S)		
C. Review and Approve Minutes from 6/5/25	Members of Commission	<ul style="list-style-type: none"> <li>Minutes were reviewed and no changes were recommended. Motion to accept 6/5/2025 minutes made by Commissioner Uptergrove with a second by Supervisor Armendarez. Motion was unanimously passed with Commissioners Spence-Carpenter and Moore abstaining.</li> </ul>
D. Public Comment	Delilah Bahamonde	<ul style="list-style-type: none"> <li>Representing Pathways to Recovery. She has been clear and sober for 5 ½ years and has been doing good. She hopes to one day be a behavioral health advocate. She also appreciates the Commissioners for standing up for stakeholders.</li> </ul>
	Helen Beyene	<ul style="list-style-type: none"> <li>She is having trouble understanding the shortcomings of the Department of Behavioral Health (DBH) and wishing plans would be clearer and presented on day one whether it be a major, medium or minor crisis. Every crisis is not the same as it requires an investigation and just because they show up, it does not mean they are helping. It would be helpful if there was more communication between services provided by DBH and other resources as Arrowhead Regional Medical Center (ARMC).</li> </ul>
	Julie Kasarjian	<ul style="list-style-type: none"> <li>Thanked the Commissioners for attending the Harris House ribbon cutting ceremony. She is asking for attendees to advocate for substance use navigators in the Emergency Departments. There will be a California Bridge Regional collaborative for the Inland Empire on July 25, 2025.</li> </ul>
E. Chair's Report	Allie Mink, Chair	<ul style="list-style-type: none"> <li>There are no public comments from the Apple Valley and Yucca Valley satellite locations.</li> <li>Attended the groundbreaking for phase two of Pacific Village on June 17, 2025.</li> <li>Attended Proposition 1: Advancing Housing and Behavioral Health webinar presented by Housing California on June 17, 2025.</li> <li>Attended the CALBHB/C meeting on June 20, 2025.</li> <li>Attended the June Behavioral Health Commission (BHC) virtual budget review on June 26, 2025.</li> <li>Lead MPSS training for 90 families and peer support specialists preparing them to take the California state Medi-</li> </ul>

<p>F. Commissioner Reports</p>	<p>Michael A. Hall</p> <p>Dr. Valerie Samuel</p> <p>Amanda Uptergrove</p> <p>Jesse Armendarez, Supervisor</p> <p>Dakota Westlake</p>	<p>Cal Peer Support Specialists Exam.</p> <ul style="list-style-type: none"> <li>• Facilitated National Alliance on Mental Illness (NAMI) family and peer support groups.</li> <li>• Hosted the Third District Advisory Committee (DAC) meeting at the Southcoast Community Wellness Center in Colton on June 11, 2025.</li> <li>• Reminded all attendees, the Commission will be dark in August.</li> <li>• Welcomed the new Commissioner representing the Fifth District, Kelvin D. Moore.</li> <li>• Along with NAMI, attended the Touch-A-Truck event in Redlands.</li> <li>• Attended the Second District DAC meeting at City Link in Fontana on June 10, 2025.</li> <li>• Participated in peer support certification training through Premier Services.</li> <li>• Participated in A Walk to Save Lives in Fontana.</li> <li>• Attended the Second District DAC meeting at City Link in Fontana on June 10, 2025.</li> <li>• Along with Fifth District Commissioners Contreras and Westlake, attended a ribbon cutting ceremony at the Harris House presented by Veterans Alcoholic Rehabilitation Program (VARP).</li> <li>• Attended a meeting in Rancho Cucamonga to discuss Fall and 2026 programming.</li> <li>• Attended a Board of Supervisors (BOS) community event.</li> <li>• Met with youth pastors to discuss mental health issues in the Second District.</li> <li>• Worked with a group of teens in Apple Valley to discuss how to cope with anxiety and hosted a Hallelujah night.</li> <li>• Met with Molding Hearts to provide meals for students not currently attending classes.</li> <li>• Visited the Victor Valley College student pantry learned about the services provided to college age students.</li> <li>• Wished a Happy Fourth of July to the attendees and reminded them of the prohibiting of fireworks in areas throughout our County.</li> <li>• Assisted in the Applied Suicide Intervention skill training held by the DBH.</li> <li>• Attended the Second Annual Working for Warriors Walk.</li> <li>• Attended the Resilience and Real Summit at the Yucaipa Performing Arts Center.</li> <li>• Attended a tour of the Veterans Alcoholic Rehabilitation Program (VARP) locations.</li> <li>• Adopted the County budget.</li> <li>• Will be attending the National Association of County Governments (NACO), representing San Bernardino County.</li> <li>• Attended the Third District DAC meeting June 11, 2025.</li> <li>• Attended the CALBHB/C meeting virtually.</li> <li>• Attended the Riverside County Mental Health and Addiction</li> </ul>
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	John T. Chapman	<ul style="list-style-type: none"> <li>Network (MHAN) monthly meeting.</li> <li>Attended a ribbon cutting ceremony at the Harris House presented by Veterans Alcoholic Rehabilitation Program (VARP).</li> <li>Attended San Bernardino Pride event.</li> </ul>
	Jonathan C. Cahow, Vice Chair	<ul style="list-style-type: none"> <li>As CEO of San Antonio Regional Hospital, launched respite care for homeless in patients being discharged, a residency program for Family Medicine and became the first hospital to sponsor Enhanced Care.</li> <li>As Board member of Inland Valley Recovery Services, he shared an 18-bed residential adolescent substance use treatment building.</li> <li>Assisted in leading the Health Equality and Diversity Inclusion Council meeting.</li> <li>Attended the SB43 task force meeting.</li> <li>Attended the Fourth District DAC meeting on June 18, 2025.</li> <li>Sponsored and spoke at the Inland Empire Behavioral Health regional meeting.</li> <li>Attended the San Antonio Regional Community Advisory committee meeting.</li> </ul>
	Jennifer Spence-Carpenter	<ul style="list-style-type: none"> <li>Attended the Inland Empire Health Plan (IEHP) regional collaborative on sustainability of behavioral health resources.</li> </ul>
	Eloisa Contreras	<ul style="list-style-type: none"> <li>Attended the California Mental Health Advocates for Children and Youth (CMHACY) Conference.</li> <li>Attended the First District DAC meeting at Adelanto Stadium on June 18, 2025.</li> <li>Welcomed attendees to the First District DAC meeting at Victorville City Hall on July 16, 2025.</li> <li>Attended the Take a Break event in Adelanto.</li> <li>Attended the NAMI board meeting.</li> <li>Participated in webinars for the Betty Ford clinic.</li> <li>Attended the criminal justice consensus committee meeting.</li> </ul>
	Lynn Summers, Treasurer	<ul style="list-style-type: none"> <li>Attended the Veterans' Resource luncheon in San Bernardino on June 7, 2025.</li> <li>Attended a training and burn demonstration at the San Bernardino Regional Emergency Training Center put on by Aircraft Rescue Fire Fighting (ARFF).</li> <li>Attended the grand opening of the East Side Skate Park at Speicher Memorial Park.</li> <li>Attended the opening reception of the Into the Light Project at the Garcia Center for the Arts in San Bernardino on June 18, 2025.</li> <li>Attended the groundbreaking of the Pacific Village campus expansion project in San Bernardino on June 17, 2025.</li> </ul>
	Kelvin D. Moore	<ul style="list-style-type: none"> <li>Attended a ribbon cutting ceremony at the Harris House presented by Veterans Alcoholic Rehabilitation Program</li> </ul>

<p>G. Action Items</p>	<p>Memo of Findings</p>	<p>(VARP).</p> <ul style="list-style-type: none"> <li>• Attended the California Mental Health Advocates for Children and Youth (CMHACY) Conference.</li> <li>• Talked with families that have children in the foster care system and the impact of all the bills taking effect and its impact on their families.</li> <li>• Attended the grand opening of Beacon Behavioral Consultants in Rialto.</li> <li>• While visiting Cal State San Bernardino, saw some students who usually do not have a place to go on summer break have created a garden on campus.</li> <li>• Visited a Men's Health Fair in San Bernardino hosted by the National Association for the Advancement of Colored People (NAACP).</li> <li>• Attended a Juneteenth event in Rialto.</li> <li>• Toured the Beacon Behavioral Consultants site in Rialto.</li> <li>• Reviewed document on the Latino Awareness Subcommittee presentation provided by Commissioner Contreras.</li> <li>• Advised Commissioner Hall he is assigned the Memo of Findings for today's presentation on Homeless and Supportive Services.</li> </ul>
<p>H. Subject Matter Presentation</p>	<p>Dr. Alyce Belford-Saldana</p>	<ul style="list-style-type: none"> <li>• PRO representative Miranda Canseco went over the Awards Ceremony and Evening with the Stars.</li> <li>• <b>December Annual Awards Ceremony:</b> The December event is a holiday themed celebration and recap of the year and takes the place of the December Behavioral Health Commission (BHC) meeting. An Ad Hoc committee is to be established to determine the logistics of this event.</li> <li>• <b>Evening with the Stars:</b> The May event is held in the evening and is a bit more formal encouraging commissioners, staff and community members to dress formally. An Ad Hoc committee will again be established to determine the logistics of this event.</li> <li>• The BHC asked for information on past costs and attendance for both events while being reminded the last Evening with the Stars cost was assisted by a grant from the Department of Aging and Adult Services which will not be available for the upcoming event.</li> <li>• It was recommended there be a cap for both events to stay in line with the BHC budget.</li> <li>• In referencing the budget spreadsheet provided in the binders, approximate cost for last December's event was \$10,000.00.</li> <li>• Supervisor Armendarez asked if the BHC inquired for sponsorships to assist with the expenses. If this is to be considered, it should be discussed within the Ad Hoc committee. He advised the Second District is open to help arrange any sponsorships.</li> <li>• The anticipated BHC FY 25/26 budget is to be around</li> </ul>

<p>I. Director's Report</p>	<p>Jennifer Alsina, Assistant Director</p>	<p>\$54,000.00.</p> <ul style="list-style-type: none"> <li>An Ad Hoc event committee was established and includes Commissioners Hall, Westlake and Chapman, Chair Mink and Supervisor Armendarez.</li> <li><b>Subject Matter Presentation Recommendations:</b> The following presentation topics have been recommended: HOST program, Inland Empire Behavioral Health Collaborative (IEBHC) success and next steps, Veterans' Support Services, Garden Healing, Community Assistance, Recovery and Empowerment (CARE) Act on the Conservatorship process, Triage, Engagement and Support Teams (TEST) Program, Foster Care Services and Juvenile Justice resources provided by DBH. Two spaces have been kept open for any public recommendations.</li> <li>Presentation on MHSA Homeless Supportive Services. Power Point can be found here <a href="#">MHSA Homeless Commission PPT PRO FINAL V3 6.30.25_.pptx</a></li> <li><b>Q&amp;A:</b> <ul style="list-style-type: none"> <li>When asked by Chair Mink if there is a delay in someone receiving services, Dr. Belford-Saldana answered if someone is ready for services, there is no delay. If someone is not ready, there are continuing engagements to encourage the individual and build a relationship.</li> <li>When asked by Commissioner Hall if there are engagements that involve further assessment as a 5150, Dr. Belford-Saldana answered if necessary and on average there are 17-25 engagements before an individual would even start talking to them.</li> </ul> </li> <li>The audience was introduced to Chris who spoke on his experience of homelessness. He became homeless around a year ago after living in Atlanta for 10 years, living on the streets before he was introduced to the Amazing Place clubhouse. While provided shelter, he was connected with a psychiatrist and therapist. It was difficult receiving services because of his anxiety and depression from living on the streets. This experience has been humbling but has produced an amazing outcome. He is thankful to DBH for this program and to the staff of Amazing Place, namely Kristen, Lizette, Shea, Naomi, Jonathan, Corey and Mark Guillermo. Currently, he is working with the DBH Lighthouse Program and recently moved into his own apartment. He is also thankful he was allowed to have his dog, Blake, with him throughout this experience.</li> <li><b>Care Court:</b> Received a total of 25 total reports with the primary source of referrals from family members and hospitals.</li> </ul>
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J. Outside Agencies  
Announcements

- **Care Act:** Improve the well-being of individuals with serious mental health conditions by establishing a court management system to provide early intervention, treatment and support and ensure individuals receive appropriate care while balancing their rights with community safety.
- **Assisted Outpatient Training (AOT) Program:** Has a total of 139 referrals with 25 in intensive engagement in three petitions files with the court. The primary referral source is the HOPE team along with other behavioral health programs.
- **Proposition 36:** An act that allows certain non-violent drug offenders to receive treatment instead of incarceration through a court ordered drug treatment program. There are currently 11 referrals. Partners include the court, public defenders' office, District Attorney, probation and DBH. When referrals are received, DBH will coordinate space to complete a screening to determine the level of care and if treatment is an option.
- **Legislative Updates:** Megan Kidwell
  - The Big Beautiful Bill Act, HR1, was passed by the senate 218-214. This will extend President Trump's tax cuts, increases military and border security spending, and eliminates taxes on tips and overtime. Spending cuts will reduce Medicaid by \$1 trillion over the next 10 years. It also reduces funding to the Supplemental Nutritional Assistance Program (SNAP). The bill rescinds clean energy tax credits and raises the debt ceiling by \$3.4 trillion. It is expected to be signed July 4, 2025.
  - California's budget was signed earlier last week and addresses a projected \$12 billion deficit. Also signed was additional budget related savings or bills that include AB102 and SB 101, which includes homeless funding of \$500 million.
  - Homeownership Assistance Program (HAP): There was no funding provided for fiscal year 25/26. Proposition 36 allocated \$50 million for counties to assist in implementation along with additional wildfire prevention funding and aid.
- **Public Relations and Outreach:**
  - Into Light Art Exhibition is currently open until August 18, 2025. There will be a poetry night on July 26, 2025, from 6:00 p.m.-8:00 p.m. with a family panel and closing reception on August 14, 2025, from 10:00 a.m.-12:00 p.m.
- **Clerk of the Commission:**
  - There are three conferences remaining for the 2025 calendar year: The Wellness Conference in Anaheim, CA attended by Commissioners Mondragon and Dr. Samuel, Secretary Oglesby





## Behavioral Health

		<p>and Chair Mink; The Wellness Together Conference in San Diego, CA attended by Commissioners Uptergrove, Dr. Samuel, Hall, Lewis and Secretary Oglesby; NAMI Conference in Sacramento, CA attended by Commissioners Uptergrove, Westlake and Chair Mink.</p> <ul style="list-style-type: none"> <li>○ Welcomed our new Commissioner representing the Fifth District, Kelvin D. Moore.</li> <li>• <b>Office of Equity and Inclusion:</b> <ul style="list-style-type: none"> <li>○ Opened a tenth clubhouse in Yucaipa run by Pacific Clinics.</li> <li>○ Provided a small sponsorship to the San Bernardino Pride event. DBH was represented with a table promoting our jobs and services.</li> <li>○ With the Mental Health Services Act (MHSA) moving to the Behavioral Health Services Act (BHSA) and being a state funded act, we will be moving forward with the Community Program Planning for this transition that is under the Office of Dr. Rebecca Scott Young with the first Policy Advisory Meeting on July 17, 2025. The focus will be on the state behavioral health population goals and would appreciate your support and recommendations on areas you would like additional effort to put into.</li> </ul> </li> <li>• There are no announcements.</li> </ul>
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<b>Adjournment</b>	Chair, Allie Mink	With no further business or discussion, the meeting was adjourned at 2:19 p.m.
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<b>Next Meeting</b>		<p><b>DATE/TIME:</b> Thursday September 4, 2025,   12:00 p.m. to 2:00 p.m.</p> <p><b>LOCATION:</b> 850 East Foothill Boulevard F120 Rialto, CA 92376</p>
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### ATTENDANCE

FIRST DISTRICT	SECOND DISTRICT	THIRD DISTRICT	FOURTH DISTRICT	FIFTH DISTRICT	Board Representative
Jonathan C. Cahow <i>Present</i>	Jennifer Oglesby <i>Excused</i> <i>Absence</i>	Allie Mink <i>Present</i>	Jennifer Spence Carpenter <i>Present</i>	Lynn Summers <i>Present</i>	Supervisor Jesse Armendarez <i>Present</i>
Amanda Uptergrove <i>Present</i>	Dr. Valerie Samuel <i>Present</i>	Troy Mondragon <i>Unexcused</i> <i>Absence</i>	Delinia Lewis <i>Excused</i> <i>Absence</i>	Eloisa Contreras <i>Present</i>	
VACANT	Michael A. Hall <i>Present</i>	Dakota I. Westlake <i>Present</i>	John T. Chapman <i>Present</i>	Kelvin D. Moore <i>Present</i>	

### GUESTS



## Behavioral Health

John Granado, Jolena Grider, Marybel Valadez, Giulia Gomez, Marina Espinosa, Jennifer Alsina, Jennifer Esparza, Carlos, Vazquez, Lizette Vazquez, Dr. Rebecca Scott Young, Jenna Yorck, Arthur Shaw III, Megan Kidwell, Jennifer Arnold-Weaver, Maribel Gutierrez, C. Ortiz, Mark Franks, Tony B., Yvonne Morgan, Dr. Timothy Hougén, Martha Parra, Mariam Hernandez, Lakesha Mosley, Junior Carruth, Dr. Reginald Allen, Melanie Porges, Julie Kasarjian, Janness Harris, Chris Green, Jeanine Wyner, Liz Galvan, Jessica Montecinos, Javona Herron-Nelson, Linda Hart, Ayomide I., Delilah Bahamonde, Michael Moreno, Catrina Figueroa, Kristen Mungcal, Krystle Rowe, Julie Hale, Stephanie Hedrick-Harwell, Lori Butler, Tina Entz, Vivian Bermudez, Helen Beyene, Emanuel Perez, Allison Cunningham, Tricina Edwards, Samuel Rosales, Amber Carpenter and Beth Fishell

**Apple Valley:** LaShawn Sifuentes

**Yucca Valley:** Sally Dauphinais