



Help Me Grow

Inland Empire

Information Referral

Help Me Grow works with families to support their children's development and to access community services such as:

- Food
- Transportation
- Housing
- Parenting classes
- Health care services

Call the Help Me Grow Access Center. A staff member will talk to you about your child or family's needs and help you find services.

Monday - Friday, 8:00am - 5:00pm

 **1.888.464.4316**

 **info@HelpMeGrowIE.org**

www.HelpMeGrowIE.org

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