



California Children Services (CCS) Medical Therapy Unit (MTU) Newsletter



San Bernardino
County
Department Of
Public Health
CCS

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Medical Therapy Units are Closed:

April 17, 2014 ~ MTU Staff In-service Meeting
May 26, 2014 ~ Memorial Day Holiday



A Reminder To Our CCS Families:

Please, fill out the Patient/Family Comment Cards and place them in the blue boxes that are located in the waiting areas of all our MTU's. We really do want your feedback so that we can be responsive to your needs.

Thank you!
Your MTU Staff



To Our New MTU Staff Member

Join us in welcoming Ana Garcia, new Rehab Services Aid at our Colton Unit

EDITOR:

Laura McLaughlin, MSW

Many Thanks To:

Dr. Sonny Lee, Jolene Griep, Nilda Yanez, Lauren Brooks and Family

Please note:

If you would like an electronic copy of this publication please

email me:

lmclaughlin@dph.sbcounty.gov

California Children Services

Medical Therapy Units

- Manal Kassab, MA, OTR, Supervising Therapist
- Carmack MTU, (909) 880-6611, Sherylle Martin, OTR, Unit Supervisor
- Colton MTU, (909) 433-4752, Scott Medlin, PT, Unit Supervisor
- Etiwada MTU, (909) 463-3010 Unit Supervisor, As Assigned
- Fontana MTU, (909) 357-5900, Nivin Ghattas, OTR, Unit Supervisor
- Montclair MTU, (909) 445-1665, Angie Atkins, OTR, Unit Supervisor
- Redlands MTU, (909) 307-2441, Elaine Bauman, OTR, Unit Supervisor
- Siegrist/Barstow MTU, (760) 244-7999, Marleah Moore, PT, Unit Supervisor
- Yucca Mesa MTU, (760) 369-6315, Gus Atwell, PT, Unit Supervisor





Interview with Dr. Sonny Lee

By: Nilda Yanez, SW II

I had the pleasure of interviewing Dr. Sonny Lee, our CCS Team Pediatrician during one of our busy Carmack clinics. He was generous enough to sit down with me and answer the interview questions in between patients.

Dr. Lee has been working for California Children Services as a Pediatric Team Physician at the Carmack Medical Therapy Unit for eight years. He says he has been a physician since 1999 and that he went to University of California at Berkeley for his undergraduate education and attended New York Medical College for medical school. Dr. Lee told me that he knew he wanted to become a Doctor when he volunteered at the Children's Hospital and Research Center in Oakland. He thought it was wonderful how the hospital staff were able to help patients and their families during difficult times. He saw himself doing the same thing in the future.

Dr. Lee is extremely involved with his daughters sports. Both of his beautiful daughters, Mika and Marika play soccer and softball. He is dedicated to attending all of their games. In addition to being involved with his daughter's sports, Dr. Lee loves baseball and plays third base for his local team, the "Orioles". He also enjoys baking bread and barbequing. He can cook up some "mean ribs", according to his daughters.

When asked about what he likes in working with CCS, our kids and their families, Dr. Lee shared that the families are all, "very appreciative of the help they can get. Kids are amazingly resilient given what they are dealing with. They still come in with a big smile and it's rewarding to be a part of that". Working with our CCS families, Dr. Lee feels he has learned to better understand the struggles the families go through. He believes it has helped him become a better physician, and is better prepared with the types of resources that are available with patients like ours.

My last question to Dr. Lee was what he would like to say to CCS parents and their children. He said to tell the parents and caregivers that CCS is an amazing program and an amazing resource for parents and kids with special healthcare needs. He would like to encourage parents not to be afraid to ask for help.

Thank you, Dr. Lee, for the care and compassion you provide for our patients, their families, and for your commitment to CCS.



25th Annual disAbility Awareness Event

Thursday, April 10, 2014

University Access Committee

Presents

In Collaboration with Access Fair

**Jonathan
Mooney**
Author. Public Speaker. Different.



“Journey From Where I Sit”

Access Fair: 10 a.m. to Noon

Speaker: Noon - 1:30 p.m.

Santos Manuel Student Union Event Center

For more information or accommodations contact:

Twillea Evans-Carthen at (909) 537-5138



Jolene Griep, Pediatric Rehab Therapist @ our Etiwanda and Redlands Medical Therapy Units shared a simple cookie recipe for kids to make.

She says:

1. Take any flavor cake mix you like
2. Mix it with 1/3 cup of oil and 2 eggs
3. Roll it into little balls and place them on a cookie sheet
4. If you like , you can roll the balls in sugar or cinnamon & sugar before baking
5. Bake at 350 degrees for 10-12 minutes

Yummy and fun!!!



Cake Mix Cookies

Siegrist Sports Expo

Open to all Siegrist Medical Therapy Unit families and surrounding community!

Providing recreational resources for disabled children and teens.



- ❖ VIP Soccer
- ❖ Extreme Sports with Darryl Lair
- ❖ Possibilities
- ❖ Challenger Baseball
- ❖ High Desert Cheer
- ❖ Pet Partners
- ❖ Special Needs Children's Rodeo

Wednesday

May 21, 2014

3:00-5:00 pm

Siegrist Medical Therapy Unit
Lucy Siegrist School
15922 Willow St.
Hesperia, Ca 92345
760-244-7999

Hi my name is Lauren Brooks, and I'm 11 years old and I have Cerebral Palsy. Cerebral Palsy is not degenerative and it impacts people in different ways. For me, it affected my legs and my arms. I walk on my own and I talk a lot. I use a walker for longer distances, (like school) and I use a wheelchair for super long distances, (like Disneyland).

I like that I can be independent and I do a lot of things for myself. I go to a regular school, and can do almost anything for myself there. I do need help opening the bathroom door, but my friends usually help me. I have never gotten anything other than an A on my report card. At home, I do almost everything for myself.

I refuse to let my disability stop me from doing the things I love. I have been in two plays at the Yucaipa Little Theater. I was in the Little Mermaid and Annie. In the Little Mermaid, I played Flounder. I had a big solo and I had lots of lines to memorize. In Annie, I played an orphan. I had the pleasure of competing in the Miss You Can Do It pageant for girls with disabilities in July of 2013. I traveled to Kewanee, IL. I won first runner up. I also won best private interview and best casual wear. I met a lot of friends that have disabilities too.

I like reading, playing video games, and using my rainbow loom. I also like hanging out with my friends, listening to music, hanging out with my family, and playing with my dogs.

I have goals for the future. When I am older I want to be an actress and comedian. If I have any spare time, I would also like to be a writer. In January of 2015, I am hoping to participate in the Tinkerbell 5k at Disneyland. I would like to do this on my own with my wheelchair as opposed to being pushed in my chair. I have some work ahead of me. My dream come true would be to be on TV or in a movie someday. I hope to inspire others by always pursuing my dreams.

**** The author of this article is one of our star clients at the Redlands Medical Therapy Unit. We thank her and her family for sharing this article with us and it will also be published in the PossAbilities Newsletter in the near future.**



Some of our families may now qualify for their own health care since the implementation of the Affordable Care Act

So.....

You can either go to your local Transitional Assistance Department (TAD) office or call the Customer Service Center at San Bernardino County TAD @ 1-877-410-8829

OR

You may go on the Internet and visit the Covered California website listed below:



Visit Covered California's consumer-friendly homepage
www.CoveredCA.com
 or call us, toll-free:
800-300-1506

For Additional Information or Resources



2-1-1 Is a toll-free phone number that provides information and referrals for health and social services, dialing 2-1-1 is the quickest way to access non-emergency resources for your family, your neighbors and your employees.

Marque 2-1-1

or 1-888-435-7565
 visit www.211sb.com

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