

BEE AND WASP SAFETY

FIRST AID TIPS

1. **Seek** *immediate* medical attention if any of the following is experienced: Shortness of breath or difficulty breathing; swelling of neck, throat, or tongue; dizziness or headache; vomiting; diarrhea; rash/hive; loss of consciousness; or drop in blood pressure.
2. **Remove** the stinger by scraping the stinger out with your fingernail, the edge of a credit card, a dull knife blade, or other straight edged object. Do not pull the stinger out with your fingers or tweezers because this will squeeze out more venom.
3. **Wash** the area with soap and water. Do not scratch as this may increase swelling and itching.
4. **Apply** ice to reduce swelling.
5. **Seek** medical advice for any additional concerns.

