

Local Oral Health

Facts and Resources

DID YOU KNOW?

Students' absences due to dental problems cost California school districts about **\$29.7 million annually**.¹

California children miss **874,000 school days** each year due to dental problems.²

Three in ten Californian adults avoid smiling and **one in four** feel embarrassment due to the condition of their mouth and teeth.³

Three in ten kindergarteners assessed suffer from untreated tooth decay.⁴



Less than **one in ten** (9.7%) dentists practicing in San Bernardino County treats patients insured through Medi-Cal.⁵



○ ACCEPT MEDI-CAL

● DO NOT ACCEPT MEDI-CAL

RESOURCES



Find a Medi-Cal Dentist
www.smilecalifornia.org



Find a Low-Cost Dentist
www.tcds.org



Resources for Kids
www.mouthhealthy.org



Resources for Parents
www.themightymouth.org



Oral Health for Older Adults
www.nidcr.nih.gov



Resources for Pregnant Women
www.mchoralhealth.org



Find Medical, Dental and other Services
www.211sb.org



Autism Speaks Dental Toolkit
www.autismspeaks.org

WHY IS ORAL HEALTH IMPORTANT?

Our teeth play an important role in our everyday lives. They help us chew, digest food, speak clearly and give shape to our face. When we do not take care of our teeth, we increase our risk of disease such as gum disease. The presence of gum disease has also been linked to other chronic diseases like heart disease and diabetes.

TIPS FOR A HEALTHY MOUTH



Brush 2x a day for 2 minutes



Floss at least once a day



Eat healthy and nutritious foods



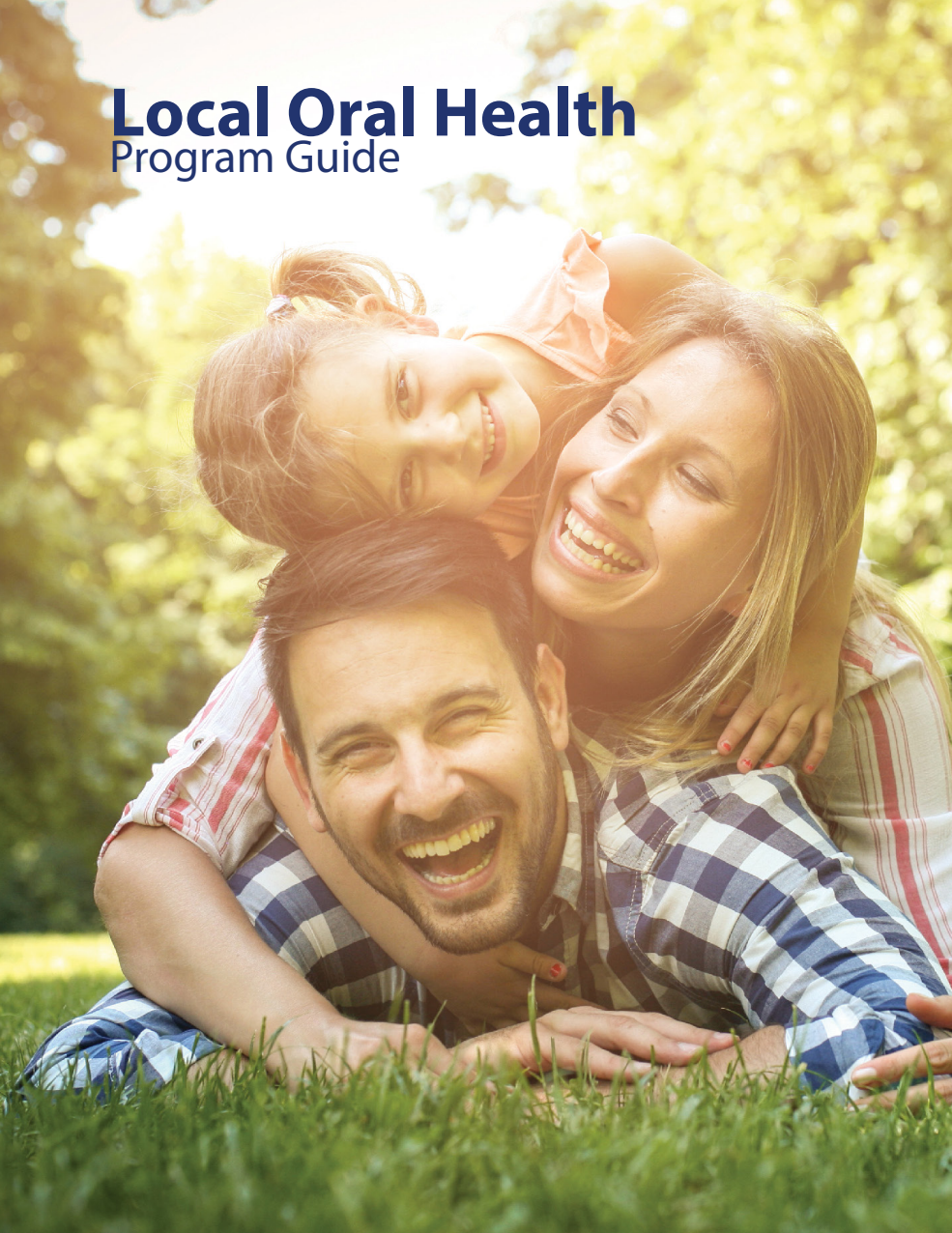
Visit the dentist regularly



Data Sources: (1) Seirawan H, Faust S, Mulligan R. The impact of oral health on the academic performance of disadvantaged children. American Journal of Public Health, 2012; (2) Pourat N and Nicholson G. Affordability of needed dental care is linked to frequent school absences, pre-publication manuscript, Los Angeles: UCLA Center for Health Policy Research, 2009; (3) American Dental Association - Health Policy Institute; (4) System of Children's Oral Health Reporting; (5) American Dental Association

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Local Oral Health Program Guide



PROGRAM OVERVIEW

Local Oral Health was established in San Bernardino County to improve the oral health of county residents. The program is funded by the California Department of Public Health, Office of Oral Health, through funds generated from passage of the California Healthcare Research Tobacco Act of 2016.

VISION

A county in which all San Bernardino County residents enjoy good oral health, further contributing to a healthy, happy community.

MISSION

To facilitate and coordinate a countywide oral health program to improve oral health of all San Bernardino County residents.

WHO WE ASSIST

We assist all ages including foster children, pregnant women, individuals with intellectual and developmental disabilities, homeless individuals and families, individuals living with HIV/AIDS, individuals with chronic diseases, current smokers and tobacco users, rural communities, immigrants and refugees and many more.

To find out more about Local Oral Health,
please visit
www.sbcounty.gov/dph

FOCUS AREAS



ACCESS TO CARE

Increase the availability, accessibility and utilization of oral health services across the county



DENTAL WORKFORCE

Expand and strengthen the workforce to meet the varied oral health care needs of the county



ORAL HEALTH EDUCATION AND PUBLIC AWARENESS

Empower individuals and communities across the county with information to take action to improve and maintain their oral health



INTEGRATION OF SERVICES

Empower service providers to improve the overall health and well-being of individuals through integrated approaches to care



COORDINATION OF COUNTYWIDE EFFORTS

Promote partnerships and collective efforts to optimize resources and achieve sustained improvements for oral health



SURVEILLANCE, MEASUREMENT AND EVALUATION

Implement a comprehensive data collection, analysis and reporting system to support countywide oral health efforts



Public Health



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