Steps to Enroll in Medi-Cal

Medi-Cal offers **FREE** or **LOW-COST** healthcare for eligible California residents. In addition, dental benefits are provided through Medi-Cal with use of your **Medi-Cal Benefits Identification Card (BIC)**. Below are steps to determine if you qualify for Medi-Cal.

Are You Eligible?

- Medi-Cal covers low-income adults, families with children, seniors, persons with disabilities, pregnant women, children in foster care and former foster youth up to age 26.
- Medi-Cal also covers adults without children, ages 19-64.
- Eligibility is based upon **income**, as required by the Affordable Care Act (ACA).

How to **Apply**

- In person: Apply at your local county social services office.
- **By mail**: Send a completed and signed Single Streamlined *Application* to your local county social services office.
- **Online**: Apply online at www.CoveredCA.com.
- By phone: Call your local county social services office.

County Social Services Office San Bernardino County: (877) 410-8829 Riverside County: (877) 410-8827

Medi-Cal currently provides a core set of health benefits, including doctor and dental visits, hospital care, immunizations, pregnancy-related services and nursing home care. The ACA ensures all Medi-Cal health plans offer what is known as **Essential Health Benefits:**

- Outpatient (Ambulatory) Services
- Emergency Services
- Hospitalization
- Dental Services
- Maternity and Newborn Care
- Mental Health and Substance Use Disorder Services, including Behavioral Health Treatment
- Prescription Drugs
- Physical and Occupational Therapy and Devices
- Laboratory Services
- Children's (Pediatric) Services, including Oral and Vision Care

Verify Eligibility

- Receive a notification of **likely eligibility** by mail once a completed application is submitted.
- Your county's social services office may contact you to request paper verification of income, citizenship and other criteria.
- Receive final notice of action notifying you if you do or do not qualify to receive Medi-Cal.
- If you qualify, receive your **BIC** and access the many Medi-Cal benefits available to you.

Enroll in a Plan

- Within 45 days of receiving your BIC, you will be mailed information explaining your health plan options.
- You must choose a health plan within 30 days of receiving your health plan information mailer. If you do not choose a plan within 30 days, Medi-Cal will choose a plan for you.



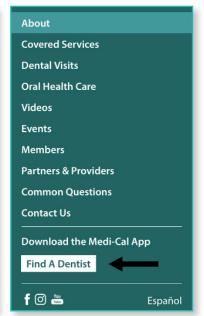
Visit www.CoveredCA.com for more information.

How to Find a Dentist

Once you receive your **BIC** or are already enrolled in Medi-Cal, it is time to find a dentist that accepts Medi-Cal. Follow the six steps below to find a dentist that accepts Medi-Cal in your area.



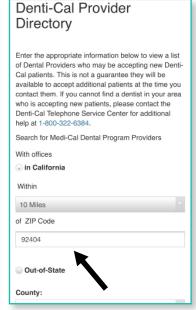
Step 1: Using your phone or computer, go to **www. smilecalifornia.org** and select the menu button in the top right-hand corner.



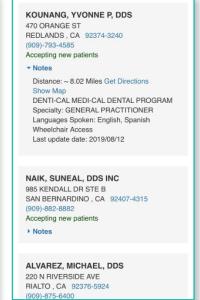
Step 2: Once the menu is open, select '**Find A Dentist**.'



Step 3: On the 'Find A Dentist' page, select '**Provider Directory Search.**'



Step 4: Once the 'Denti-Cal Provider Directory' page comes up, type in your ZIP code and be sure to check the box to only show providers accepting new patients.



Step 5: Providers will be listed within the area you specified on the previous page. Provider information, insurance accepted, languages spoken and whether or not they are accepting new patients will also be listed.

For Language Assistance

Medi-Cal Dental Telephone Service Center (TSC): 1-800-322-6384 For hearing impaired, Teletext Typewriter (TTY) assistance, call: 1-800-735-2922





Step 6: Once you have **made an appointment** with a provider near you, be sure to bring your BIC with you. The office staff will ask to see your card to complete patient information. Be sure to **ask your dentist any questions or concerns** you might have during your visit.

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www.smileSBC.org