



## NEWS RELEASE

### Public Health

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## County continues to monitor COVID-19; reports no local cases

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The San Bernardino County Department of Public Health (DPH) continues to work with the Centers for Disease Control and Prevention and the California Department of Public Health to respond to reports of coronavirus (COVID-19) as it is quickly evolving. No cases have been reported in San Bernardino County.

As of March 1, 2020, there are a total of 40 positive cases in California: 24 are from repatriation flights. The other 16 confirmed cases include nine that are travel related, two due to person-to-person exposure from family contact, two due to person-to-person exposure in a health care facility and three from unknown sources. Approximately 300 persons have been tested to date. **The health risk from COVID-19 to the general public in San Bernardino County remains low at this time.**

As with any virus, especially during the cold and flu season, there are a number of steps you can take to protect your health and those around you:

- Wash hands with soap and warm water for 20 seconds. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- Avoid touching eyes, nose or mouth with unwashed hands.
- Avoid close contact with people who are sick.
- N95 masks are **not** recommended outside a healthcare setting. Surgical masks can be worn by sick individuals to reduce the likelihood of spreading germs to others.
- If someone does become sick with respiratory symptoms like fever and cough, they should stay away from work, school or other people to avoid spreading illness and seek assistance from their healthcare provider.

To learn more about COVID-19, visit the DPH COVID-19 webpage at [wp.sbcounty.gov/dph/coronavirus](http://wp.sbcounty.gov/dph/coronavirus) or call (800) 722-4794.