What is unique about ILP?

Peer and Family Assistants (PFAs)

PFAs are former foster youth who have successfully transitioned out of foster care. These young adults have been hired by San Bernardino County Children and Family Services to encourage, guide and provide peer support to ILP youth as they transition to their own independent lives.

How do I enroll in this program?

Foster youth age 16 and older will work with a social worker (SW) to complete a Transitional Independent Living Plan (TILP). A copy of the TILP is provided to the ILP clerk to determine if the youth is eligible for ILP services. Youth who meet the eligibility requirements will be registered for ILP and receive information on upcoming events by mail and from their SW as well as the PFAs.

Youth residing in San Bernardino County who are registered for ILP should contact their ILP clerks to register for workshops and events.

Independent Living Program

For additional information, contact Independent Living Program (ILP) at (909) 891-3300.

ILP Clerks:	
Central Region	(909) 388-1913
Eastern Region	(909) 386-1394 or (909) 386-1310
Western Region	(909) 945-3891
North Desert Region	(760) 843-4215
Placement Resource Division (PRD)	(909) 891-3355

ILP Email: CFSILP@HSS.sbcounty.gov

SAN BERNARDINO COUNTY

CHILDREN AND FAMILY SERVICES

(909) 388-0242

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INDEPENDENT LIVING PROGRAM (ILP)
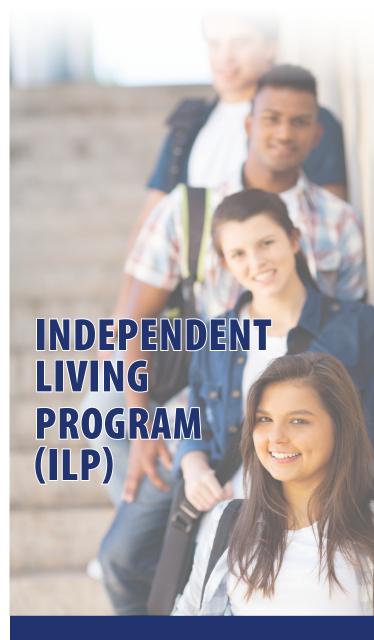
CHILDREN AND FAMILY SERVICES

What is ILP?

The Independent Living Program (ILP) was established to assist youth with the supportive services and skills necessary to transition from foster care to self-sufficiency. Youth may be eligible for services from age 16 up to their 21st birthday. ILP is facilitated by San Bernardino County Children and Family Services (CFS).

How do I know if I'm eligible for ILP services?

Youth who meet any of the following criteria may be eligible for ILP services:

- Youth (either documented or undocumented) between 16 and 18 years old and currently in foster care.
- Youth previously in foster care and receiving ILP services, but returned home at age 16 or older.
- Youth placed by court-order with a relative or non-relative who acts as a guardian and is receiving Kinship Guardianship Assistance Payments (Kin-Gap) funding.
- Youth placed in a court-ordered guardianship and later adopted at age 16 and older.
- Foster youth who ran away but returned to CFS for assistance before reaching the age of 21.

Still not sure? Contact the ILP coordinator at: (909) 891-3628.

What are some of the services ILP provides?

All eligible youth who sign up with ILP will receive the following services:

- Life Skills workshops
- College/vocational school preparation
- College financial aid workshops
- PFA guidance

The Transitional Housing Program Plus (THP+) is available to emancipated ILP youth between the ages of 18 and 24 for a total of 24 months. THP+ provides housing assistance, supportive services and life coaches to youth who are:

- Working,
- Going to school full-time, or
- Working and going to school part-time.

ILP also offers annual events for youth, such as Independent City, Employment Conference, Prom Extravaganza and more!

Life Skills Workshops

The Life Skills workshops are designed to provide ILP youth with valuable tools needed as they transition into adulthood. Workshops are presented in the Western, Eastern and High Desert Regions of San Bernardino County. Life Skills topics include:

- Communication skills and self-esteem
- Daily living skills (cooking and cleaning)
- Setting short and long-term goals
- Emotional, mental and physical health
- Alcohol and drug abuse
- Family planning and parenting
- Credit and consumer awareness
- Money management and budgeting
- Tenant and landlord rights
- Employment
- Building healthy relationships

Extended Foster Care (EFC) services are provided to youth who have emancipated up to age 21. EFC services include:

- Life skills training
- Employment and education assistance
- Housing and transportation

ILP looks forward to serving you!