


DID YOU KNOW?

**COHORTS AND SOCIAL DISTANCING
OCTOBER 2020**



DID YOU KNOW...

**THAT SOCIAL DISTANCING AND
COHORTS ARE TWO SEPARATE METHODS
OF CREATING A SAFE ENVIRONMENT?**

WHY COHORTS + SOCIAL DISTANCE?

COHORTS

A cohort is a group of children that stay together throughout the day to decrease the risk of exposure by keeping together and not interacting in personal space with other cohorts or other individuals.

Guidance provided by the CDC.

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html#SocialDistancing>

SOCIAL DISTANCE

Social distance is the act of keeping a physical six feet of distance from another person. It is used to decrease the risk of exposure.

IMPLEMENTING COHORTS

When children return to in class sessions, we will use cohorts to decrease exposure. Instead of having one large group of (16) children interacting, we are separating into several small groups of children who do not interact with each other. This is because we know children will not be able to keep a social distance.

- One site may have several cohorts.
- The children and adults in a cohort do not social distance from each other. They work and play together.
- When two or more cohorts are at the same site, they socially distance from all other cohorts/people/groups not in their cohort to reduce the risk of any exposure to people in a different cohort.

A COHORT IS A GROUP THAT KEEPS SOCIAL DISTANCE FROM OTHER COHORTS/PEOPLE/GROUPS.

For Instance:

- Carlos and Martha are brother and sister. They do not keep a social distance from each other, so they are in cohort #1 together.
- Carlos and Martha can work and play with John because he is in their cohort #1. They do not keep a social distance from each other.
- Carlos, Martha, and John keep a social distance away from Ms. Molina because she is the teacher of cohort #2. She can only work and play with people in cohort #2.