

The County of San Bernardino's Preschool Services Department (PSD) administers the Head Start, Early Head Start, and State Preschool programs which provide comprehensive child development and family services in over 40 locations throughout the county.

PSD serves approximately 6,000 income eligible families with children ages 0 to 5 and pregnant women.

PSD's priority population includes TANF, SSI, children in foster care and/or under the care of Child Protective Services (CPS), those who are homeless and children with special needs and/or disabilities.

**For more information and eligibility requirements for the programs listed please call us at: (888) KIDS-025 or (888) 543-7025**

**EMAIL: [psdsupport@psd.sbcounty.gov](mailto:psdsupport@psd.sbcounty.gov)**

**Visit us on our website to find the location nearest you at: [hs.www.sbcounty.gov/psd](http://hs.www.sbcounty.gov/psd)**



## ADDITIONAL RESOURCES

**Community Action Partnership of San Bernardino**  
(909) 723-1500  
[www.sbcounty.gov/capsbc/](http://www.sbcounty.gov/capsbc/)

**211**  
Dial 211 from any phone  
[www.211sb.org](http://www.211sb.org)

**County of San Bernardino  
Public Health Department**  
(800) 782-4264  
[www.sbcounty.gov/pubhlth](http://www.sbcounty.gov/pubhlth)

**County of San Bernardino  
Department of Behavioral Health**  
(900) 388-0801  
[www.sbcounty.gov/dbh](http://www.sbcounty.gov/dbh)

**County of San Bernardino  
Department of Children and Family Services**  
(909) 388-1900  
[hs.sbcounty.gov/cfs](http://hs.sbcounty.gov/cfs)

**First 5 of San Bernardino**  
(909) 386-7706 or 888 9-FIRST-5  
[firstfivesanbernardino.org](http://firstfivesanbernardino.org)

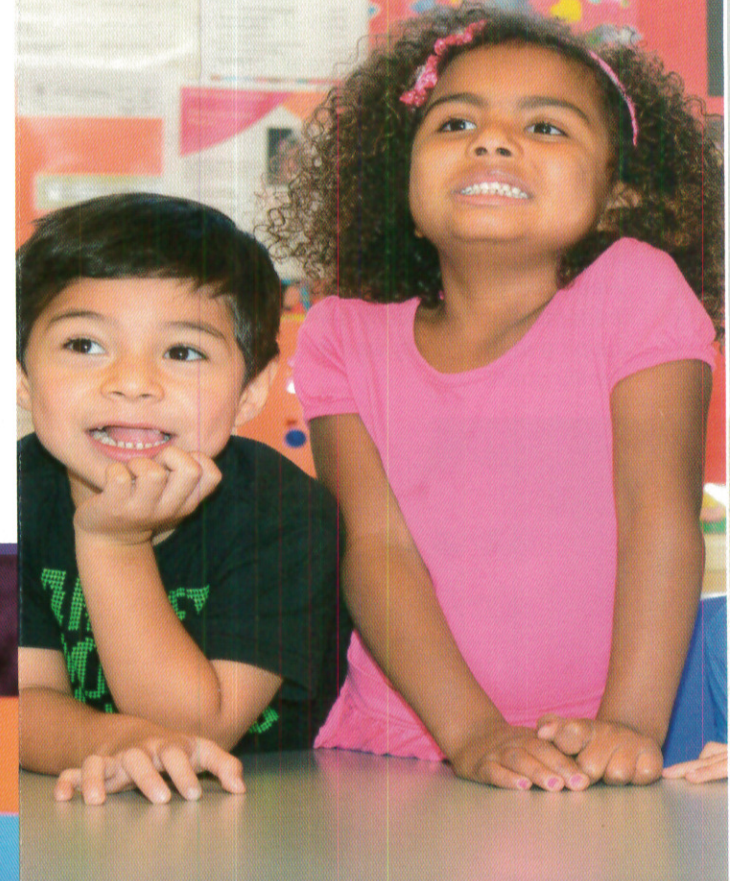
**County of San Bernardino  
Superintendent of Schools**  
(909) 888-3228  
<http://www.sbcss.k12.ca.us/>

5/19



*To improve the well-being of children, empower families & strengthen communities*

## HEAD START, EARLY HEAD START STATE PRESCHOOL PROGRAMS



**Preschool Services**

# Head Start

Head Start is a national program which provides comprehensive developmental services for children ages 3 to 5 and their families. This program provides specific services such as:

- Health and Social Services
- Developmental and Behavioral Screenings
- School Readiness

## Head Start School Year Offers:

- Program year: July to June (traditional)
- Part day: 3 1/2 hour per day-9 months
- Full day: 8 hours per day-year round
- Home-based; One 90-minute home visit per week. All children are screened, assessed and referred (if needed) to ensure their basic health needs are met. Parent education, family support and social services are designed to support and empower Head Start families, assisting them in becoming economically self-sufficient and helping them identify and achieve personal family goals.



# Early Head Start

The Early Head Start (EHS) program was established to assist pregnant women, infants and toddlers to age 3. EHS assists with enhancing:

- Children's physical, social, emotional and intellectual development
- Pregnant women to access comprehensive prenatal and postpartum care
- Parent education on their child's development
- Parent's efforts to fulfill their parental roles and move towards self-sufficiency

## Early Head Start-Child Care Partnership

The Early Head Start - Child Care Partnership Program provides comprehensive services (education, health, mental health, nutrition), and family support services to eligible infants and toddlers, ages 6 weeks to 3 years of age, and their families in San Bernardino, Rialto, Adelanto, Apple Valley, Hesperia, and Victorville. This program is administered in partnership with family day care homes and child care centers.

## Children With Special Needs and/or Disabilities

Head Start requires that 10% of its slots be reserved for children with disabilities. Children with suspected disabilities are referred to an appropriate school district or program for assessment. Disability services include:

- Speech/Language Impairments
- Hearing Impairments
- Learning Disabilities
- Blindness/Visual Impairments
- Other Impairments

Head Start requires classroom inclusion for children with disabilities. Individualized Educational Plans and Individual Family Service Plans ensure that programs work with children and families to provide quality learning opportunities.

# State Preschool

The State Preschool program is a comprehensive child development program for children ages 3 to 5 and their families. It provides a safe and nurturing hands-on learning environment that helps each child reach his/her highest potential in the areas of:

- Social Development
- Cognitive/Creative Development
- Language Development

## State Preschool School Year Offers:

- Program year: July to June (traditional)
- Part day: 3 1/2 hour per day-9 months
- Full day: year-round
- Physical Development

## Low Income (LIFT) Mothers

The LIFT program improves the health and social functioning of low-income mothers and their babies through home visitations by a nurse. The nurse home visitors follow a visitation schedule that consists of one 90-minute home visit over a two and a half (2 1/2) year period.

## Prevention And Early Intervention

Prevention and Early Intervention (PEI) programs provide strategies and activities that give teaching staff and parents the opportunity to identify social, emotional and behavioral signs/symptoms to deter onset of a behavioral condition. PEI programs also assist with linking program participants in need of additional services to:

- Appropriate Mental Health providers
- Support groups for parents and caretakers
- Primary care providers