



## Baila Para tu Salud!

Acompáñenos para hacer ejercicio GRATIS en una de las siguientes localidades. Traiga mucha agua y zapatos cómodos.

### **Adelanto**

Unity Center 11555 Cortez Ave.  
(Atras de Richardsons Park)

Lunes - Viernes 9:00am-10:00am

### **Apple Valley**

14975 Dake Evans Parkway (Centro de Recreo)  
Martes y Jueves 9:00am-10:00am

### **Hesperia**

17508 Hercules St.  
Miercoles y Viernes 9:30am-10:30am

### **Victorville**

15075 Hesperia Rd  
Martes y Jueves 9:00am-10:00am

## Dance Your Way to Health!

Join us for FREE ZUMBA at one of following locations. Bring lots of water and comfortable shoes.

### **Adelanto**

Unity Center 11555 Cortez Ave.  
(Behind Richardsons Park)

Monday - Friday 9:00am-10:00am

### **Apple Valley**

14975 Dale Evans Parkway (Rec Center)  
Tuesdays & Thursdays 9:00am-10:00am

### **Hesperia**

17508 Hercules St.  
Wednesdays & Fridays 9:30am-10:30am

### **Victorville**

15075 Hesperia Rd  
Tuesdays & Thursdays 9:00am-10:00am