

# - 30 SECOND COMMERCIAL SAMPLES -

<p><b>Graduate from Vocational Training Program</b> (No Phlebotomy Experience)</p> <p>Hello, my name is Heather Williams. I am in transition to the phlebotomy vocation within the healthcare industry. My areas of expertise include patient care, drawing techniques, and adhering to lab protocols. Currently, I am employed in the Environmental Services Department at Arrowhead Regional Medical Center, where I am regularly exposed to laboratory routines, processes, and activities. Recently, I graduated from a Phlebotomy training program, and am currently licensed as a Phlebotomist with the State of California. My strengths include my CNA background, my administrative skills, and my ability to adapt to new situations and personalities.</p>	<p><b>College Graduate in Human Resources Management</b> (No Work Experience)</p> <p>Hello, my name is Jermaine Scott. I am vying for employment in the Human Resources field. My knowledge base includes employment law, employee recruitment and selection, and organizational development. Most recently, I successfully completed an undergraduate program in Human Resources Management from Cal State University of San Bernardino with a 3.85 GPA. Furthermore, I am an active member in the Society for Human Resource Management (SHRM). My strengths include my dedication to continued professional development, my analytical and detail-minded disposition, and my interpersonal and communication skills.</p>
<p><b>Office Clerk</b> (Ten plus years of Office Experience)</p> <p>Hello, my name is Maria Gonzalez. I have ten plus years of experience as an Office Clerk. My skills include clerical support, answering phones, and helping with various office projects. Most recently, I volunteered for Goodwill Industries as an Office Assistant for six months where I organized their supply room, made copies and scanned documents, and prepared folders. My unique strengths include my bilingual ability, my reliable work ethic, and my eagerness to support an organization's office operations.</p>	<p><b>Warehouse Worker</b> (Three plus years of Warehouse Experience)</p> <p>Hello, my name is Anthony Lee. I am an experienced Warehouse Worker. My skills include operating warehouse equipment, managing inventory, and entering information into computer systems. Most recently I worked for Ashley Furniture where I performed a number of shipping and receiving duties, as well as operated forklifts and cherry pickers. My strengths include my physical fitness, my punctuality and reliability, and following warehouse safety procedures and policies.</p>

## - MY 30 SECOND COMMERCIAL -

**My name is:** \_\_\_\_\_

**I am a(n) (profession)** \_\_\_\_\_

**(or) I am in transition to the** \_\_\_\_\_ **industry**

**My expertise includes:** \_\_\_\_\_

**and** \_\_\_\_\_ *(Limit to no more than 3 key areas)*

**Most recently I have worked/studied/been involved with/volunteered as:**

*(Types of organizations/environments)*

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**My unique strengths (your selling points) include:**

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**and** \_\_\_\_\_ *(Limit to 3 qualities that set you apart from others in your field)*

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