

We can help

Substance use disorder (SUD) is a disease that can negatively affect your life. Issues faced by women who encounter addiction issues or have a diagnosed SUD can become more complicated, especially during pregnancy, postpartum and breastfeeding.

Women who engage in drug use or high-risk behaviors associated with substance use, such as injecting drugs, are also at increased risk for contracting or transmitting communicable diseases, such as HIV.

The good news is that help can be provided. DBH's team of professionals are available right now and can connect you to the services that you may need: SUD treatment, referrals to health care providers and much more.

For more information, call the Screening Assessment and Referral Center (SARC) at (800) 968-2636.



Get started

For services, call SARC at
(800) 968-2636.

For 24/7 access to behavioral health services,
call (888) 743-1478.
In an EMERGENCY, call 9-1-1.

If you speak another language,
language assistance services are
available to you free of charge
by dialing (888) 743-1478
(TTY users dial 7-1-1).

DBH complies with applicable
federal, civil rights laws and does not
discriminate on the basis of race,
color, national origin,
sex, gender identity, age, disability,
or limited English proficiency.



BEHAVIORAL HEALTH

www.SBCounty.gov/dbh



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Substance Use Disorder and Recovery Services (SUDRS)

Perinatal Services

for pregnant and
parenting women



BEHAVIORAL HEALTH

Perinatal Services

The Department of Behavioral Health's (DBH) Substance Use Disorder and Recovery Services (SUDRS) Perinatal Services helps pregnant and parenting women who are struggling with alcohol, drugs or both.

CONFIDENTIAL services include:

- Individualized treatment plans
- Individual, group & family therapy
- Case management
- Crisis intervention services
- Educational supports
- Referrals to other services
- Gender specific/trauma informed services
- Transportation
- Child Care
- Therapy for children
- Referrals to primary care and assistance with appointments for pregnant women and their child(ren)

DBH services are provided at no-cost to individuals who have Medi-Cal and/or to those without health insurance.



We provide treatment services, assist with child care needs, transportation and more, at no cost to those who qualify.

Call us at (800) 968-2636 to get started today.

Treatment

We provide intensive outpatient treatment to pregnant women, postpartum and/or mothers with children up to age 10, and mothers in active reunification with Children and Family Services.

Treatment is gender-specific and may address relationships, physical and sexual abuse, and parenting.

Admission to treatment is prioritized in the following order:

- Pregnant injecting drug users.
- Pregnant substance user.
- Injecting drug users.
- All others.

