

This Community Resource Guide has been developed and maintained by the Crisis Intervention Training (CIT) Program. For more information or to request a training, please contact (909) 386-8258.



Behavioral Health

For more information on San Bernardino County behavioral health services, call (888) 743-1478 (TTY users dial 711) or visit www.sbcounty.gov/dbh.

In case of a life-threatening emergency, dial 911.

If you speak another language, language assistance services are available to you free of charge by dialing (888) 743-1478 (TTY users dial 711). Si usted está experimentando una emergencia que amenaza la vida, llame al 911. Si habla otro idioma, los servicios de asistencia de idiomas están disponibles de forma gratuita llamando al (888) 743-1478. Usuarios de TTY marque 7-1-1.

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Community Resource Guide

Revised January 2023

COMMUNITY CRISIS SERVICES

Community Crisis Response Teams (CCRT) are community-based mobile crisis response teams for children and adults experiencing a mental health crisis.

Teams are available in English and Spanish from 7 a.m. to 10 p.m. daily. Please contact any of the following numbers:

Call (800) 398-0018 or Text (909) 420-0560



Crisis Residential Treatment (CRT) Centers provide recovery-based behavioral health residential treatment services, **for up to 90 days**, to adults aged 18-59 who are experiencing a mental health crisis.

Casa Paseo Center
720 E. Gilbert St.
San Bernardino
(909) 332-6000

Desert Hill Center
16552 Sunhill Dr.
Victorville
(760) 780-4400

Wellspring Center
15217 San Bernardino Ave.
Fontana
(951) 643-2150

Morongo Oasis Center
60805 29 Palms Hwy.
Joshua Tree
(760) 974-5990



OTHER DBH SERVICES

Adult Forensic Services (909) 580-3702
Patients' Rights (800) 440-2391

OTHER COMMUNITY RESOURCES

Additional Services in San Bernardino County Dial 2-1-1
San Bernardino County Sheriff's Department Project HOPE (909) 387-0623
San Bernardino County Dept. of Aging and Adult Services (909) 891-3900
Adult Protective Services - 24 Hr. Hotline (877) 565-2020
Coalition Against Sexual Exploitation (CASE) (909) 383-9677
Inland Regional Center (IRC) (909) 890-3000
Autism Society - Inland Empire (951) 220-6922
Alzheimer's Association (800) 272-3900
Veterans Affairs Loma Linda Health Care System (909) 825-7084
Veterans Crisis Line (800) 273-8255
Kick It California - helpline to quit smoking, vaping and smokeless tobacco (800) 662-8887
National Suicide Prevention Hotline (800) 273-8255
Child Abuse Hotline (800) 827-8724
Narcotics Anonymous (800) 863-2962
Alcoholics Anonymous (909) 825-4700
National Domestic Violence Hotline (800) 799-7233
Crime Survivor Services (844) 378-0586
Psychiatry Walk-In Clinics for IEHP members
Victorville (442) 327-9311
Montclair (909) 281-5800
Palm Desert (760) 674-7132

RESOURCES FOR FAMILIES

DBH Office of Consumer & Family Affairs (909) 388-0818
Inland Caregiver Resource Center (800) 675-6694
Al Anon Support Group Hotline (800) 356-9996
Nar-Anon Family Groups (800) 477-6291
National Alliance on Mental Illness (NAMI) (800) 950-6264

PREVENTION AND EARLY INTERVENTION (PEI)

DBH PEI programs and services are intended to prevent mental illness from becoming severe and disabling. For more information, call (909) 252-4050.

The following **Family Resource Centers** provide PEI related services and offer programs designed to meet the unique needs of the communities they serve.

BARSTOW

Riverside-San Bernardino County
Indian Health, Inc.
170 N. Yucca Ave.
(760) 256-9016

SAN BERNARDINO

Valley Star Community Services
1585 W. D St., Ste. 101
(909) 388-2222

SKYFOREST

Rim Family Services
28545 Highway 18
(909) 336-1800

YUCCA VALLEY

Pacific Clinics
58945 Business Center Dr., Ste. D
(760) 228-9657

ONTARIO

Ontario Montclair School District
Health & Wellness Services
1556 S. Sultana Ave.
(909) 418-6923

SAN BERNARDINO

Victor Community Support Services
600 N. Arrowhead Ave., Ste. 300
(909) 522-4656

VICTORVILLE

Victor Community Support Services
15400 Cholame Rd.
(760) 243-5417

MONTCLAIR

Ontario Montclair School District
Health & Wellness Services
10200 Lehigh Ave.
(909) 445-1616

MONTCLAIR

Ontario Montclair School District
Health & Wellness Services
9916 Central Ave.
(909) 450-2502



Crisis Stabilization Units (CSU) & Crisis Walk-In Centers (CWIC) are urgent mental health centers for individuals of all ages. Services are voluntary and may include crisis intervention, crisis risk assessments, medications, and, when necessary, evaluations for hospitalization. Individuals may receive crisis stabilization services for up to 24 hours.

Open 24 hours a day, 365 days a year, including holidays.

Merrill CSU

14677 Merrill Ave.
Fontana
(951) 643-2340

Windsor CSU

1481 N. Windsor Dr.
San Bernardino
(909) 361-6470



CWIC - High Desert

12240 Hesperia Rd., Ste. A
Victorville
(760) 245-8837

CWIC - Morongo Basin

7293 Dumosa Ave., Ste. 2
Yucca Valley
(760) 365-2233



The **Serving Transitional Age Youth (STAY) CRT** provides recovery based behavioral health residential treatment services, **for up to 90 days**, to youth, aged 18 to 25 (up to their 26th birthday), who are experiencing a mental health crisis.

780 E. Gilbert St.
San Bernardino
(909) 763-4760



SUBSTANCE USE DISORDER AND RECOVERY SERVICES (SUDRS)

DBH SUDRS provides drug and alcohol prevention, treatment services and education programs for individuals and communities.

Services include:

- Prevention
- Intensive Outpatient Treatment/Services
- Residential Programs
- Withdrawal Management
- Perinatal Services
- Recovery Center/Aftercare
- Care Coordination
- Medication Assisted Treatment Services

Call DBH's **Screening Assessment and Referral Center** 24-hour helpline at (800) 968-2636 for more information or for an assessment.

The following **Recovery Centers** provide SUDRS related services, resources, and drug- and alcohol-free sober living social environments:

COLTON

MHS Central Valley
1076 Santo Antonio Dr.,
Ste. B
(909) 433-9824

NEEDLES

MHS Needles
Center for Change
300 H St.
(760) 326-4590

SAN BERNARDINO

Inland Valley
Recovery Services
939 N. D St.
(909) 889-6519

SKYFOREST

Rim Family Services
28545 Highway 18
(909) 336-1800

UPLAND

Inland Valley Recovery Services
934 N. Mountain Ave., Ste. A & B
(909) 949-4667

YUCCA VALLEY

MHS Joshua Tree & Yucca Valley
Center for Change
58945 Business Center Dr., Ste. N
(760) 369-1074

SUPPORTIVE SERVICES

Clubhouses offer peer support, job training, social activities, and education to adults who have experienced mental illness.

Desert Stars

1841 E. Main St.
Barstow
(760) 255-5705

Central Valley FUN

1501 S. Riverside Ave.
Rialto
(909) 877-4889

Amazing Place

2940 Inland Empire Blvd.
Ontario
(909) 458-1396

Our Place

24950 Redlands Blvd.,
Ste. I
Loma Linda
(909) 557-2145

A Place to Go

32770 Old Woman Springs Rd.,
Ste. B
Lucerne Valley
(760) 248-2327

Santa Fe Social Club

56020 Santa Fe Trail,
Ste. M
Yucca Valley
(760) 369-4057

TEAM House

201 W. Mill St.
San Bernardino
(909) 388-5604

Serenity

12625 Hesperia Rd., Ste. B
Victorville
(760) 955-6224

Pathways to Recovery

17053 E. Foothill Blvd.
Fontana
(909) 347-1373

Transitional Age Youth (TAY) Centers offer support groups, recreational activities, shower/laundry facilities, and referrals to other resources for youth between the ages of 16 to 25.

Mental Health Systems

One Stop TAY Center

316 E. E St.
Ontario
(909) 983-4466

San Bernardino

One Stop TAY Center

780 E. Gilbert St.
San Bernardino
(909) 387-7194

Victor Community Services

TAY Center

15400 Cholame Rd.
Victorville
(760) 243-5417

Valley Star Community Services

One Stop TAY Center

58471 29 Palms Hwy., Ste. 102
Yucca Valley
(760) 853-4888

DBH's **Recovery Based Engagement Support Team (RBEST)** provides engagement through field-based services for mentally ill individuals who are noncompliant and/or resistant to necessary psychiatric care. For more information call, (909) 421-9452.