



Contingency Management: Recovery Incentives Program Policy

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Policy It is the policy of the Department of Behavioral Health to reinforce positive behavior change consistent with meeting substance use disorder (SUD) treatment goals. Contingency Management (CM) is an evidence based, cost effective treatment for SUD. The Department of Health Care Services (DHCS) CM Recovery Incentives Program provides incentives for clients with diagnosed stimulant use disorders (StimUDs) to abstain from use.

Purpose To provide instruction to Department of Behavioral Health (DBH) and contracted provider staff on the implementation, administration, delivery and monitoring of the Contingency Management Recovery Incentives Program.

Definition(s) **Contingency Management (CM)** – Evidence-based treatment that provides motivational incentives to treat individuals living with stimulant use disorder and support the path to recovery.

Contingency Management: Recovery Incentives Program – A program designed to reward abstinence from stimulant use by providing incentives in exchange for stimulant-negative urine drug tests (UDT).

Evidence-Based Practices (EBP) – Treatment and prevention interventions related to SUD shown by evidence to be effective.

Mobile Incentive Manager – Software responsible for the management, tracking, and disbursement of gift card incentives.

Stimulant Use Disorder (StimUD) - A substance use disorder involving any of the class of drugs that include cocaine, methamphetamine, and prescription stimulants.

Program Overview The Contingency Management: Recovery Incentives Program is intended to complement SUD treatment services and other evidence-based practices for StimUD already offered by DBH and providers.

- Eligible Medi-Cal beneficiaries will participate in a structured 24-week outpatient CM service, followed by six (6) or more months of additional treatment and recovery support services without incentives.

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Program Overview,
continued

- The initial 12 weeks of the program consists of testing twice a week to confirm the abstinence from stimulants (e.g., cocaine, amphetamine, and methamphetamine) verified by urine drug tests (UDTs).
- Testing is decreased to once a week after the successful completion of the first 12 weeks of the program.
- Clients are issued gift cards as incentives for every urine drug test with a negative result.
 - Gift cards increase in value every week as the client progresses through the program.
 - While not required for participation, a client should be encouraged to enter SUD treatment concurrent with program participation.

Eligibility Criteria

Program services are only available to Medi-Cal beneficiaries who meet the following criteria:

- Client has been diagnosed with moderate or severe StimUD;
- An assessment has concluded that program participation is medically necessary and appropriate;
- Resides in San Bernardino County or have recently moved to San Bernardino County and has initiated the Inter-County Transfer process (verified by a code 36 listed in as the County of Residence on the Medi-Cal Eligibility Verifying System);
- Not actively participating in the Contingency Management: Recovery Incentives Program in another county or facility, and
- Not currently incarcerated or receiving Residential Treatment.

Requirements

Who	Requirements
Clients	<ul style="list-style-type: none"> • Must attend a Beneficiary Education/Orientation meeting where the parameters of the program will be explained; • Sign the Recovery Incentives Program Consent Form confirming the individual has been informed and understands all program requirements and any other necessary documentation, and • Attend scheduled testing appointments. <ul style="list-style-type: none"> ○ In the event of a missed appointment, the client must immediately call to reschedule the next test.

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Requirements continued	Who	Requirements
	Provider Staff	<ul style="list-style-type: none"> • Follow procedures as described in the Contingency Management: Recovery Incentives Program Provider Procedure and Contingency Management: Recovery Incentives Program Urine Drug Test (UDT) Procedure; • Monitor the issuance of benefits by the Mobile Incentive Manager and report any discrepancies immediately; • Participate in all required trainings and meetings, and • Cooperate with SUDRS Administration in the monitoring and reporting of CM participation outcomes as stipulated in SUDRS0248-1 Contingency Management: Recovery Incentives Program Monitoring Procedure.
	DBH-SUDRS Administration	<ul style="list-style-type: none"> • Provides providers and staff with the resources necessary to administer the program; • Advises provider staff of any mandatory trainings/meetings, and • Conducts monitoring and reporting activities as stipulated in SUDRS2048-1 Contingency Management: Recovery Incentives Program Monitoring Procedure.

Ongoing

DBH Administration will meet with DHCS Recovery Incentive Program representatives quarterly to review participation, findings, and any upcoming changes in procedures.

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Related Policy or Procedure

[DBH Standard Practice Manual and Departmental Forms](#)

- [Contingency Management: Recovery Incentives Program Provider Procedure \(SUDRS0248-1\)](#)
 - [Contingency Management: Recovery Incentives Program Monitoring Procedure \(SUDRS0248-2\)](#)
 - [Contingency Management: Recovery Incentives Program Urine Drug Test \(UDT\) Procedure \(SUDRS0248-3\)](#)
 - [Contingency Management: Recovery Incentives Program Consent Form \(SUDRS054\)](#)
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Reference(s)

- [Behavioral Health Information Notice 22-056](#)
 - [CalAIM 1115 Demonstration](#)
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