



# Contingency Management: Recovery Incentives Program Urine Drug Test (UDT) Procedure

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**Purpose** To provide instruction for conducting Urine Drug Tests (UDTs) for the Department of Health Care Services (DHCS) Contingency Management: Recovery Incentives (CM) Program.

**Preface** For CM Program purposes, Urine Drug Tests (UDTs) are used as confirmation of abstinence and as a tool for accountability. Clients will not be penalized for stimulant-positive test results or for positive results for other non-stimulant drugs.

**Specimen Collection Procedure** The following protocol will be employed when collecting specimens for urine drug tests for the CM Program.

Step	The Contingency Management Coordinator will...
1	Ask the client to empty their pockets, if applicable, and remove all unnecessary outer garments (such as coats, hats, etc.) that could be used to conceal items to adulterate the specimen.
2	Ask the client to place all personal belonging and garments in the designated secure location.
3	Monitor the client as they wash their hands thoroughly, to avoid the possibility of chemical adulteration of the specimen.
4	If possible, turn off water to both toilet and sink in the restroom, by turning water valves off. <i>If unable due to safety or building requirements, skip this step.</i>
5	Place bluing agent capsule in the toilet, allowing it to dissolve completely.
6	Instruct client to: <ul style="list-style-type: none"> <li>Void into the specimen container;</li> <li>Not flush the toilet, and</li> <li>Hand the container to the CM Coordinator waiting outside the restroom door</li> </ul>
7	Allow the client privacy in the restroom to collect the specimen on their own.  <b>Note:</b> Specimen collection will <b>not</b> be observed.

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# Contingency Management: Recovery Incentives Program Urine Drug Test (UDT) Procedure, Continued

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Specimen Collection Procedure, continued	Step	The Contingency Management Coordinator will...
	8	After the client leaves the restroom and surrenders the specimen container, the CM Coordinator will: <ul style="list-style-type: none"> <li>• Ensure the toilet water remains blue;</li> <li>• Turn on water valves, and</li> <li>• Allow the client to flush and wash their hands.</li> </ul>
	9	Have client collect their personal belongings previously placed in a secure location.

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**Testing** CM Coordinator will perform the specimen test according to the manufacturer’s instructions.

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**Post-Test** CM Coordinator will escort the client to the designated meeting room to discuss the results and continue the CM testing visit in accordance with the Contingency Management: Recovery Incentives Program Provider Procedure (SUDRS0248-2).

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**Referenced Forms, Policies, and Procedures**

[DBH Standard Practice Manual and Departmental Forms](#)

- Contingency Management: Recovery Incentives Program Policy (SUDRS0248)
- Contingency Management: Recovery Incentives Program Monitoring Procedure (SUDRS0248-1)
- Contingency Management: Recovery Incentives Provider Procedure (SUDRS0248-2)
- Contingency Management: Recovery Incentives Program Consent Form (SUDRS054)

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**Reference(s)**

- [Behavioral Health Information Notice 22-056](#)
- [CaAIM 1115 Demonstration](#)

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