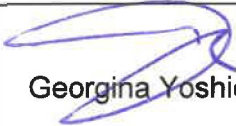




# Substance Use Disorder and Recovery Services (SUDRS) Perinatal Treatment Policy

**Effective Date** 05/29/2012  
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**Policy** It is the policy of the Department of Behavioral Health (DBH) Substance Use Disorder and Recovery Services (SUDRS) to provide perinatal treatment services to individuals in San Bernardino County.

**Purpose** To provide guidance to DBH-SUDRS clinics and contract providers in the provision of perinatal treatment services in accordance with State and Federal statutes and regulations as well as in compliance with the County contractual agreement.

**Criteria for Perinatal Treatment** Perinatal treatment services will be provided in accordance with the following guidelines and by DBH-SUDRS contracted providers who are perinatal certified by the California Department of Health Care Services (DHCS):

- Pregnant and 60-day post-partum individual will receive priority admission for substance use disorder (SUD) treatment.
- Parenting individual and their children (from birth to ten (10) years of age) will receive services, including those attempting to regain custody of their children.
- Individuals and their children will be admitted for treatment, family will be treated as a unit.
- Perinatal clients will receive all of the following treatment services:
  - SUD treatment.
  - Assessment/treatment planning/personal recovery.
  - Individual and group sessions.
  - Case management.
  - Parenting education.
  - Education/counseling on healthy relationships.
  - Domestic violence and/or sexual assault education.
  - Linguistically appropriate treatment/materials

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# Substance Use Disorder and Recovery Services (SUDRS) Perinatal Treatment Policy, Continued

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## Criteria for Perinatal Treatment, continued

- Perinatal clients will receive the following ancillary services:
  - Primary medical care, including:
    - Referrals for prenatal care, including to Ob/Gyn physicians.
    - Post-partum medical care.
    - Primary care physician.
    - Assistance with registration as a patient for health care.
  - Childcare for children ages 0-36 months, which may be provided off-site by a licensed childcare provider or onsite through cooperative childcare arrangements.
  - Primary pediatric care, including immunizations.
  - Verification of prenatal and other health care appointments and visits.
  - Sufficient case management and transportation to ensure access to childcare, primary medical care, primary pediatric care and other therapeutic services.
  - Therapeutic interventions for children in custody of individual in treatment addressing their developmental needs, and issues of sexual and/or physical abuse and neglect.
  - Education to reduce effects of substances on the individual and fetus or the individual and infant during breast-feeding, TB and HIV education, life skills resources, and vocational training.
  - Individual/child habilitative and rehabilitative services such as counselling of the perinatal individual and/or family, training in child development, and parenting skills.
  - Review of medical records (chart) by contracted providers for quality assurance and statute/regulatory compliance.
  - Four (4) reviews each fiscal year by DBH-SUDRS staff to include, but not be limited to:
    - Formal Review.
    - Quality Assurance Review.
    - Direct Service Observation.
- Perinatal clients will receive Referrals and Interim Services when deemed necessary/appropriate by contracted provider.

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## Related Policy or Procedure

### [DBH Standard Practice Manual and Departmental Forms](#)

- Admission Preference and Interim Services Policy (SUDRS0214)
- Admission Preference and Interim Services Procedure (SUDRS0214-1)

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## **Substance Use Disorder and Recovery Services (SUDRS) Perinatal Treatment Policy, Continued**

- Reference(s)**
- Code of Federal Regulations (CFR), 42 CFR, Part 2,
  - Title 45 § 96.124(e) 1-5
  - California Code of Regulations, Title 22
  - Perinatal Practice Guidelines
  - County SUDRS contract
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